



Apple Tasting: Preschool Lesson



Goal

Children learn about descriptive language through tasting and describing different varieties of apples.

Suggested Months for Activity: September-January

Materials

2-3 varieties of local apples
Paper plates
Paper apple trees labeled with the names of the apple varieties
Paper Apples

Preparation: Cut out and create the paper trees and paper apples.

Activities

Explore Different Varieties

Review how apples grow (on a tree!). Show students the different ways apples trees appear in different seasons. Tell students there are many (7,500!) different types of apples. Show the students two or three different varieties of apples. Tell them about the farmer who grew the apples. Ask them to compare the apples. Prompt students to look closely. Ask the students to describe what they see. Can students guess how many seeds are inside? Cut one apple vertically and one horizontally and show students the different views. What shape do they see inside the apple?

Taste test

Give each student a small chunk of each variety of apple to taste. Can they tell the difference between the varieties? Is one sweeter, crunchier, or more sour than the other? Record their observations on a VENN Diagram. Guide students in identifying their favorite. Record their preferences by putting a paper apple on the tree representing the apple variety they like most (see photo above).

