

## Application Information

The Missouri Department of Health and Senior Services (DHSS) and the Missouri Breastfeeding Coalition would like to recognize child care providers in Missouri that provide support to their breastfeeding families and employees through the *Breastfeeding Friendly Child Care Award*. To receive the award, child care providers must meet five criteria that aim to improve the support for breastfeeding women in the workforce. Successful applicants will receive a certificate, window cling and recognition on the DHSS website at [www.health.mo.gov](http://www.health.mo.gov).

### Requirements for a Breastfeeding Friendly Child Care Facility

- Has a written breastfeeding policy that complies with the Federal Labor Standards Act (FLSA). A fact sheet on the FLSA can be found at: <http://health.mo.gov/living/families/wic/breastfeeding/laws.php>
- Provides a welcoming environment for breastfeeding families
- Offers breastfeeding resources to parents
- Feeds infants on demand and communicates with moms about feeding preferences
- Trains staff to support breastfeeding parents

### Complete the application to be considered for *Breastfeeding Friendly* recognition.

Send this completed application and a copy of required records to the address below. Forms can also be emailed to [karla.voss@health.mo.gov](mailto:karla.voss@health.mo.gov) or faxed to 573-522-2898. Child care providers that answer “Yes” to all of the criteria questions will be designated as a Breastfeeding Friendly Child Care. For more information on becoming a Breastfeeding Friendly Child Care or sample materials, contact the Missouri Department of Health and Senior Services at the contact below.

### Where can I find more information on breastfeeding?

- The Missouri *Breastfeeding Friendly Worksite Program* educates worksites on the value of providing lactation support in the worksite and to recognize businesses that support their breastfeeding employees.  
<http://health.mo.gov/living/families/wic/breastfeeding/support.php>
- Missouri Breastfeeding Coalition - [www.mobreastfeeding.org](http://www.mobreastfeeding.org)

### Send this completed application to:

Karla Voss, Bureau of Community Health and Wellness  
Missouri Department of Health and Senior Services  
P O Box 570  
920 Wildwood Dr  
Jefferson City, MO 65102  
Phone: (573) 751-6197  
Fax: 573-522-2856  
[karla.voss@health.mo.gov](mailto:karla.voss@health.mo.gov)

# Missouri Breastfeeding Friendly Child Care Application

Name of Child Care Facility \_\_\_\_\_

Address \_\_\_\_\_

\_\_\_\_\_

Phone \_\_\_\_\_ Email \_\_\_\_\_

Name of Director \_\_\_\_\_

Signature of Director \_\_\_\_\_

Date \_\_\_\_\_ # Children Enrolled \_\_\_\_\_

**Criteria #1: The child care facility has a written policy that reflects their support of breastfeeding.**

Yes \_\_\_\_\_ Enclosed is a copy of the child care facility's breastfeeding policy.

Description of policy:

- A policy should address the following:
  - ✓ A private place will be provided for moms to breastfeed or express breast milk should a mother choose to use it although breastfeeding is welcome throughout the facility.
  - ✓ Staff shall encourage and assist mothers to provide breast milk to their children.
  - ✓ Breastfeeding promotion materials will displayed and offered to families.
  - ✓ Infants will be fed on demand and staff will communicate with moms about feeding preferences.
  - ✓ Staff will be trained on how to support breastfeeding families and on proper storage of breast milk.
  - ✓ The facility will support staff who are breastfeeding
- Staff know the policy and it is readily available for reference.

**Criteria #2: The child care facility provides an atmosphere that welcomes breastfeeding families.**

Yes \_\_\_\_\_ Enclosed are pictures.

Description of atmosphere:

- Staff make an effort to let parents know how they can be supported in their efforts to continue breastfeeding.
- There are visuals supporting breastfeeding on display. There are no visual advertisements of formula.

- Breastfeeding moms, including employees are provided a private and clean place other than a bathroom to breastfeed their babies or express milk. This area should have an electrical outlet, comfortable chair, a table or stand, and nearby access to running water. A refrigerator to store expressed milk should be available.
- The facility encourages mothers to visit and breastfeed during the day if they can.

**Criteria #3: The child care facility provides support and accurate breastfeeding information to parents.**

Yes \_\_\_\_\_ Enclosed is a copy of materials.

Description of materials:

- The information packet for new families includes information on breastfeeding policies, staff training requirements and breastfeeding related resources.
- Staff is familiar with written materials and available community resources (support groups, lactation consultants, etc.) and refers moms as needed.

**Criteria #4: The child care facility feeds infants on demand and communicates with mothers about feeding preferences.**

Yes \_\_\_\_\_ Our policy addresses this.

Description of communications:

- Breastfed babies do not receive food or drink (other than breast milk) unless prior approval by parent/guardian is given.
- Plans are in place if mom will be late and her baby is hungry or the supply of breast milk is gone.

**Criteria #5: The child care facility trains all staff so they are able to support breastfeeding families.**

Yes \_\_\_\_\_ Enclosed is a copy of our training records.

Description of training:

- Staff is trained every year about the benefits of breastfeeding, preparation, storage and feeding of breast milk, and resources available for staff and parents.

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 Missouri Department of Health and Senior Services  
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 Jefferson City, MO 65102  
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 Fax: 573-522-2856  
 karla.voss@health.mo.gov

Adapted from the New York State Department of Health: <http://www.health.ny.gov/prevention/nutrition/cacfp/breastfeedingspon.htm>