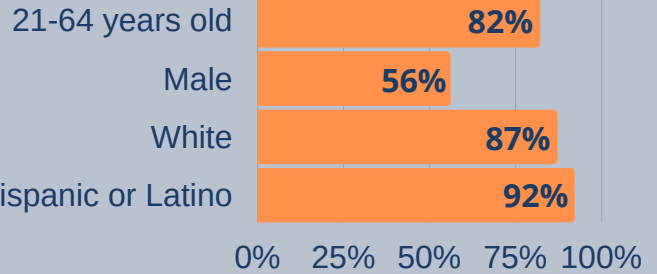
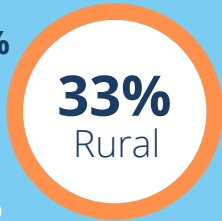
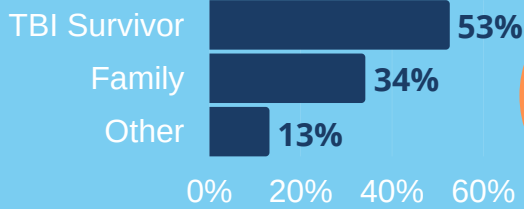


MISSOURI TRAUMATIC BRAIN INJURY 2020 Needs Assessment

173 RESPONDENTS FROM 37 COUNTIES



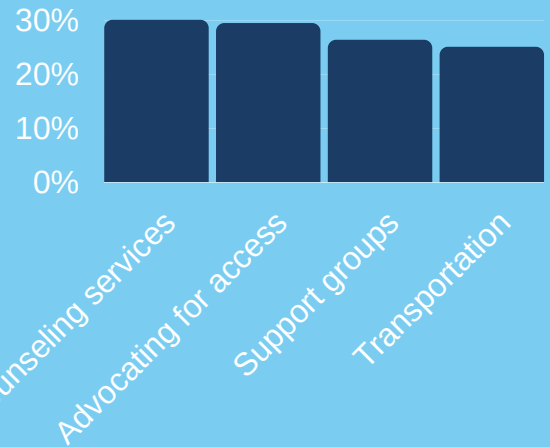
80%
Currently experiencing at least one *barrier* to accessing TBI supports and services

Top Barriers:

- Unaware of services & resources
- Difficulty understanding process or paperwork
- Inability to pay for needed services
- Lack of transportation



Identified at least one unmet **information and referral** need



55%
Identified at least one unmet **financial management** need

Top need:



Most frequently identified unmet **recreation services / access** needs

- Social
- Physical
- Transportation to activities
- Life skills / community integration
- Sports
- Nature

"The fact I am unable to drive myself where I need / want to go. I do have people I can ask, however it's more of a pride thing. I already have unsettling feelings about being a bother to my family and others in my life..."

85% →

Identified at least one unmet **continuing education** need

51%

Aging with brain injury

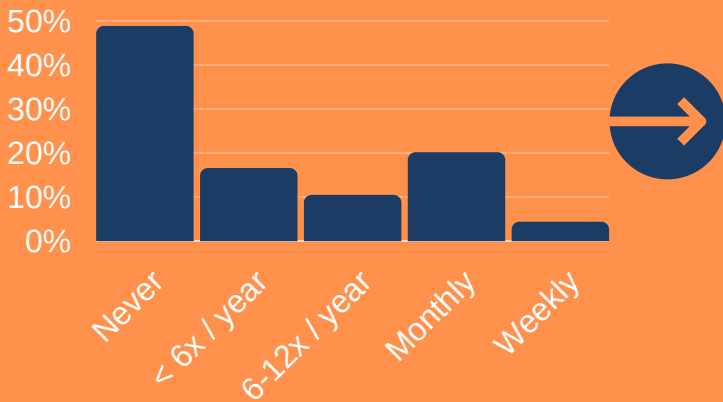


Over 1/3

- Coping / adjustments to living with TBI
- Changes in relationships
- Ongoing care / support
- Managing behaviors
- Mental health challenges



Support Group Attendance Frequency



"We need [support] groups that navigate and push one another over the battles."

Reasons for *not* attending:

- No support groups held in respondents' area
- Inconvenient meeting times
- Transportation challenges
- Lack of awareness about support groups



43%

Do *not* currently have a **service coordinator**

- **45%** do *not* know how to get one
- About **25%** do *not* want / need one



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Local information and resources:



<https://health.mo.gov/living/healthcondiseases/tbi/>



<https://www.biamo.org/>