

National Cholesterol Education Program Classification of Total and LDL Levels in Children and Adolescents

<i>Category</i>	<i>Total Cholesterol (mg/dL)</i>	<i>LDL Cholesterol (mg/dL)</i>	<i>Triglycerides 0-9 years</i>	<i>Triglycerides 10-19 years</i>
Acceptable	<170	<110	<75	<90
Borderline	170-199	110-129	75-99	90-129
High	≥200	≥130	≥100	≥130

Source: National Institutes of Health, National Heart, Lung and Blood Institute, National Cholesterol Education Program. *Report of the Expert Panel on Blood Cholesterol Levels in Children and Adolescents*. Bethesda, Md: National Institutes of Health; 1991.

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