



If Your Work or Recreation Takes You to Areas with Lots of Ticks

- Wear light-colored long pants, long sleeves and socks treated with permethrin
- Apply insect repellents with 20% - 50% DEET on skin and clothing
- Children 2 months and older, use a repellent \leq 30% DEET
- Check frequently for ticks
- Use fine-tipped tweezers to grab an attached tick close to skin and pull straight up with a steady motion until removed



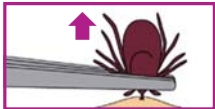
Lone Star Tick

Female

Male



American Dog Tick



Remove tick by grasping the head; don't squeeze the body.

Most Common Illnesses Transmitted by Missouri Ticks

Lone Star Tick

Ehrlichiosis, tularemia, Heartland virus

American Dog Tick

Rocky Mountain spotted fever, tularemia

Symptoms: sudden fever, headache, body aches and fatigue

Don't Let Ticks Spoil Your Outdoor Fun!

Missouri Department of Health and Senior Services • health.mo.gov/ticks • #782

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