



**Missouri Department of Health and Senior Services**

P.O. Box 570, Jefferson City, MO 65102-0570 Phone: 573-751-6400 FAX: 573-751-6010  
RELAY MISSOURI for Hearing and Speech Impaired and Voice dial: 711

**Randall W. Williams, MD, FACOG**  
Director



**Michael L. Parson**  
Governor

**April 15, 2020**

**IMPORTANT INFORMATION REGARDING STATE WAIVER IMPLEMENTATION FOR THE INSULIN ADMINISTRATION TRAINING PROGRAM**

**Background:**

On April 14, 2020, Department of Health and Senior Services Director, Dr. Randall W Williams, MD, FACOG, signed an Executive Order to temporarily waive or suspend certain statutory requirements and administrative rules pertaining to the Insulin Administration Training Program. The complete order may be viewed on the Departments website: [www.health.mo.gov](http://www.health.mo.gov)

**Effective April 14, 2020 and until May 15, 2020, unless otherwise modified by the Department, the following regulations have been modified and guidance is being provided on how DHSS- Health Education Unit will implement the Insulin Administration Training Program waivers.**

Please direct questions regarding waivers and the insulin administration-training program to the Health Education Unit at: [CNARegistry@health.mo.gov](mailto:CNARegistry@health.mo.gov).

**Specific regulations waived and implementation guidance**

19 CSR 30-84.040(2) shall be waived to the extent the provisions require four (4) hours of classroom instruction and does not allow for the practicum examination to be simulated. This waiver shall allow the course to be conducted via webinar or other online instructional format and the practicum examination may be simulated. **HEU note: Instructors are responsible for the review of the webinar and online content to ensure it meets the educational needs of students.\***

19 CSR 30-84.040(6)(A) shall be waived to the extent the provisions require a level I medication aide (LIMA) to be working in a residential care facility or assisted living facility and have a written recommendation for training completed by an administrator/manager or nurse with whom she or he has worked in order to be eligible to enroll in the Insulin Administration Training Program. This waiver shall allow any LIMA who is not employed in a residential care facility or assisted living facility to enroll in the Insulin Administration Training Program and to enroll without a written recommendation.\*

19 CSR 30-84.040 (6)(B) shall be waived to the extent the provisions require a certified medication technician (CMT) to have a written recommendation for training completed by the administrator or director of nursing with whom she or he has worked and that recommendation be given to the training agency or instructor at the time of enrollment of the Insulin Administration Training Program. This waiver shall allow any CMT who is not employed in a long-term care facility to enroll in the Insulin Administration Training Program and to enroll without a written recommendation.\*

[www.health.mo.gov](http://www.health.mo.gov)

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19 CSR 30-84.040(7) shall be waived to the extent the provisions require a registered nurse (RN) to be an approved instructor for the level I medication aide program, an instructor/examiner for the Certified Nurse Assistant Program or an instructor for the certified medication technician program in order to teach the insulin administration course. This waiver shall allow any individual currently licensed to practice as either an RN or practical nurse in Missouri, or any individual who holds a current temporary permit from the Missouri State Board of Nursing, or any individual who holds a multi-state or single state registered nurse license from a jurisdiction that is party to the Nurse Licensure Compact to be able to teach the Insulin Administration Course. The instructor/examiner shall not be subject to current disciplinary action such as probation, suspension, or revocation and shall not be listed on the department's Employee Disqualification List. **HEU note: After state of emergency has ended, the registered nurse and licensed practical nurse will be required to become an approved instructor in order to continue teaching the course.\***

19 CSR 30-84.040 (8)(A) 2 shall be waived to the extent the provisions require the practicum examination to include the preparation, administration, and recording of administration of insulin to a resident(s) under the direct supervision of the instructor/examiner. This waiver shall allow the practicum examination to be conducted in a simulated situation, which may include a laboratory setting where actors or mannequins are used instead of residents.\*

**\*Should you decide to implement any of these waivers, please notify your certifying agency.**