American Heart Association: Opportunities for Missouri Health Departments

Tim Nikolai,

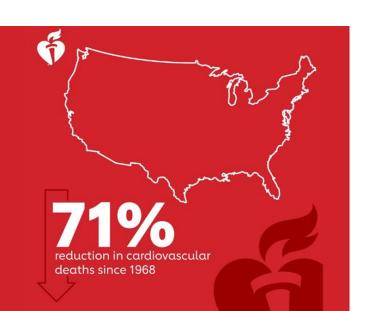
Sr. Rural Health Director, Midwest Region



Our Mission: To be a relentless force for a world of longer, healthier lives.

Our Vision: Advancing health and hope for everyone, everywhere.

## Our Guiding Values:

























### **AHA PRESIDENTIAL ADVISORY**

### Call to Action: Rural Health

# A Presidential Advisory From the American Heart Association and American Stroke Association

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Community health workers (CHWs) are another crucial piece of care delivery in rural settings, and expanding their use could improve access to health care in rural areas.

A CHW is defined by the American Public Health Association as "a frontline public health worker who is a trusted member of and/or has an unusually close understanding of the community served." - Advisory Excerpt

## Four primary areas of focus



Chronic Disease



**Cardiac Readiness** 



**Nutrition Security** 



**Tobacco & Vaping** 





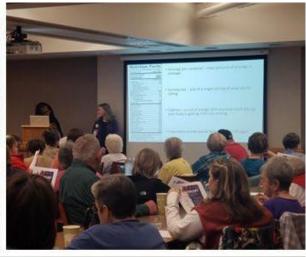














# HeartCorps





### HeartCorps: Expanding Capacity to Impact Rural Health







- Sites can be local government or non-profit entities.
- Ability to recruit Members is a key consideration.
- Full or part time roles
- Cohort would start in Fall
- No cost to host site; eligible for \$2500 stipend
- Members receive:
  - Living allowance equivalent to \$15/hr
  - Educational award
  - Access to dental, health, & vision insurance
  - Opportunities for professional development



# What can HeartCorps Members do?





- Support blood pressure self-monitoring initiatives
- Increase adoption of evidence-based BP measurement and treatment practices
- Facilitate BP, tobacco and nutrition security screenings and referrals to care
- Organize or conduct community education opportunities including youth engagement.
- Engage local media in blood pressure and healthy living promotion

### **Questions or Assistance**

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