

# The BABY & ME – Tobacco Free Program™



## Are you pregnant? Do you smoke or vape?

Quit smoking and receive free diapers and baby wipes.

### What You Get



#### Virtual Quit Coach

One-on-One phone or video counseling in the comfort of your home.



#### Support During & After Pregnancy

A plan to support and help you quit and stay quit.



#### Free Diapers & Wipes

Earn up to \$350 in gift cards for diapers and baby wipes.

### Refer Yourself to the Program

1. 'Scan' QR code.
2. 'Complete' the form.
3. Click 'Submit'

For more info:



[www.babyandmetobaccofree.org](http://www.babyandmetobaccofree.org)