#### The BABY & ME - Tobacco Free Program ™

# Are you pregnant? Do you smoke or vape?

Quit smoking and receive free diapers and baby wipes.

### **What You Get**



#### **Virtual Quit Coach**

One-on-One phone or video counseling in the comfort of your home.



## Support During & After Pregnancy

A plan to support and help you quit and stay quit.



#### Free Diapers & Wipes

Earn up to \$350 in gift cards for diapers and baby wipes.



#### For more info:



www.babyandmetobaccofree.org