

ANYONE CAN GET MONKEYPOX

FROM HAVING CLOSE OR INTIMATE CONTACT WITH SOMEONE WHO HAS MONKEYPOX OR MATERIALS CONTAMINATED WITH THE MONKEYPOX VIRUS



How is monkeypox spread?

Monkeypox can spread when a person has close contact with a person infected with monkeypox virus or when a person comes in contact with materials (e.g., bedding, towels) that are contaminated with the virus.

The monkeypox virus can spread by:

- Touching monkeypox lesions on a person's skin.
- Touching contaminated objects, fabrics (clothing, bedding, towels) and surfaces that have been in contact with someone with monkeypox.
- Coming into contact with respiratory droplets or secretions from the eyes, nose and mouth from a person with monkeypox.

To prevent the spread of the monkeypox virus, you should avoid:

1

CLOSE CONTACT WITH SOMEONE WITH MONKEYPOX

Including hugging, massaging, kissing or talking closely.

2

SEX WITH SOMEONE WITH MONKEYPOX

Including oral, anal and vaginal sex, or touching the genitals or anus region.

3

SHARING OBJECTS WITH SOMEONE WITH MONKEYPOX

Including touching shared fabrics, shared surfaces and clothing.