ANYONE CAN GET MONKEYPOX FROM HAVING CLOSE OR INTIMATE CONTACT WITH SOMEONE WHO HAS MONKEYPOX OR MATERIALS CONTAMINATED WITH THE MONKEYPOX VIRUS

How is monkeypox spread?
Monkeypox can spread when a person has close contact with a person infected with monkeypox virus or when a person comes in contact with materials (e.g., bedding, towels) that are contaminated with the virus.

The monkeypox virus can spread by:
- Touching monkeypox lesions on a person’s skin.
- Touching contaminated objects, fabrics (clothing, bedding, towels) and surfaces that have been in contact with someone with monkeypox.
- Coming into contact with respiratory droplets or secretions from the eyes, nose and mouth from a person with monkeypox.

To prevent the spread of the monkeypox virus, you should avoid:

1. CLOSE CONTACT WITH SOMEONE WITH MONKEYPOX
   Including hugging, massaging, kissing or talking closely.

2. SEX WITH SOMEONE WITH MONKEYPOX
   Including oral, anal and vaginal sex, or touching the genitals or anus region.

3. SHARING OBJECTS WITH SOMEONE WITH MONKEYPOX
   Including touching shared fabrics, shared surfaces and clothing.