

# MEASLES

## More than just a rash

#### **Current situation**

Updated: April 2025

Vaccine uptake continues to decrease in Missouri, making children more vulnerable to measles.

## ST. LOUIS COUNTY

The statewide kindergarten exemption rate for the MMR vaccine in 2024 is 5.20%, which is up from 3.50% in 2023.

KINDERGARTEN
VACCINATION RATE
STATE OF MISSOURI (2024)

90.14%

PRELIMINARY, SELF-REPORTED DATA FOR STUDENTS WITH TWO DOSES OF MMP VACCINE

2019 STATE VACCINATION RATE: 94.60%

KINDERGARTEN VACCINATION RATE

ST. LOUIS COUNTY (2024)

91.38%

PRELIMINARY, SELF-REPORTED DATA FOR STUDENTS WITH TWO DOSES OF MMR VACCINE KINDERGARTEN
EXEMPTION RATE
ST. LOUIS COUNTY (2024)

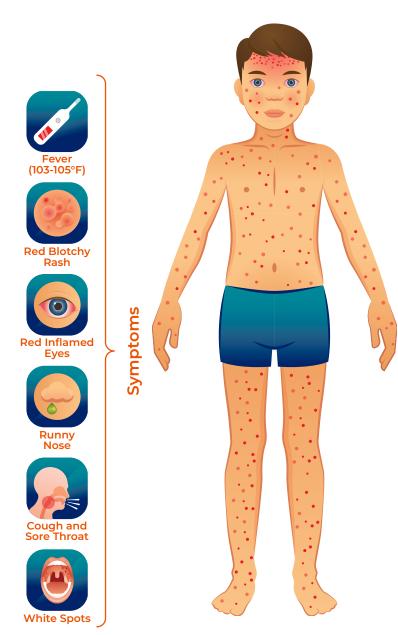
3.02%

PRELIMINARY, SELF-REPORTED DATA FOR STUDENTS WITH TWO DOSES OF MMR VACCINE

#### What you need to know

- 1. Measles is a very contagious disease. One person with measles can easily pass it on to 9 out of 10 people around them who are unvaccinated or do not have natural immunity.
- 2. Measles can be very dangerous, especially for babies and immunocompromised adults, and a significant proportion of measles cases will need hospitalization. One in 5 infected persons develops pneumonia, which could be fatal. In some cases, a brain infection may occur and result in swelling, brain damage or death.
- **3.** Herd immunity is crucial for preventing disease outbreaks in the community and protecting vulnerable populations who cannot receive vaccines. It can be achieved by 95% of a community being fully vaccinated by two doses of the MMR vaccine.
- **4.** Missouri's measles vaccination rate of 90.14% is **too low to protect our kids from outbreaks** based on preliminary school-reported data.
- 5. Two doses of the MMR vaccine provides 97% lifetime protection against measles.

## **Measles Quick Facts**



- Most measles cases are among preschool children, adolescents and young adults.
  - Anyone who isn't vaccinated is at risk of getting measles, regardless of age.
- Measles symptoms usually appear in two stages, starting 1 – 2 weeks after a person has been exposed to the virus.
  - The first stage starts with a runny nose, cough, a rising fever and eyes may become red and sensitive to light.
  - The second stage begins about 3

     7 days later and includes a high temperature and a red blotchy rash that begins on the head and works its way down the body.
- A person with measles is contagious from 4 days before the rash appears until 4 days after the rash appears.
  - It spreads through the air when a person with measles coughs or sneezes and can live in the air for up to 2 hours.
  - It can also live on surfaces.

# Severe Complications







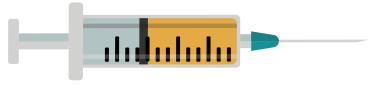






#### Vaccination: Safe and Effective

#### Two doses lasts a lifetime, providing 97% protection



Vaccination offers the best protection against measles.

Children should be vaccinated against measles at 12 – 15 months old and again at 4 – 6 years old.



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