# FACTS ABOUT THE MEDICAID STATE PLAN PERSONAL CARE (SPPC) & AIDS WAIVER PROGRAM

The Missouri Medicaid State Plan Personal Care (SPPC) and AIDS Waiver programs are designed to provide home and community-based services to individuals with a diagnosis of AIDS or HIV-related illness in lieu of institutional care. The Missouri Department of Social Services and the Department of Health and Senior Services jointly administer these programs.

# SERVICES PROVIDED

Services available through the SPPC Program include personal care (assistance with activities of daily living such as bathing, grooming, dressing and medically related household tasks), advanced personal care (assistance with activities of daily living when such assistance requires devices and procedures related to altered body functions), and authorized nurse visits (maintenance or preventive services provided for stable chronic conditions). Services available through the AIDS Waiver Program include waiver personal care (defined the same as SPPC), Waiver Attendant Care (hands-on supportive and health-related facility care including nursing care), and supplies (under-pads, incontinence briefs and gloves).

### To be eligible for SPPC and AIDS Waiver program services, the following criteria must be met:

- be Medicaid eligible
- be assessed at a nursing home level of care
- be diagnosed as having AIDS or HIV-related illness
- be in need of a SPPC/AIDS Waiver program service
- be assessed as meeting two medical criteria to receive attendant care

#### Additionally the recipient must:

- be maintained safely in the home environment by a coordinated set of services as mutually established with the client, HIV medical case manager and primary care physician;
- be receiving services at a cost equivalent to or less than the cost of nursing home care; and
- actively participate in the approved plan of care to promote the highest health-related quality of life.

#### HIV CASE MANAGEMENT

The Medicaid SPPC & AIDS Waiver is one part of the statewide system of HIV Medical Case Management. This system provides assessment of need and coordination of services to establish and maintain medical care for HIV-infected Missouri residents. Case management is provided free of charge regardless of the client's income or insurance status.

## **PROCESS**

To receive Medicaid SPPC or AIDS Waiver services, MO HealthNet recipients must be assessed by an HIV medical case manager to determine eligibility for SPPC/AIDS Waiver program services. Individuals determined to be eligible for SPPC/AIDS Waiver program services are assessed annually or more frequently if a client's condition changes. A plan of care is developed for eligible individuals with input from the client, family, significant other, physician, home care agencies and the HIV medical case manager. The plan of care will indicate the type, amount, frequency and duration of services from the provider agency. No services will be provided until the prior authorization process has taken place. Each time there is a change, the case manager calculates the cost effectiveness of the plan. Each client will receive monthly contact with the case manager. Home visits are conducted based on the client's level of care to evaluate/assess the client's needs and assure that the plan of care (service package) is appropriate. This process documents medical need and cost-effective fund usage.

# **ABUSE, NEGLECT AND EXPLOITATION**

To report abuse, neglect and exploitation you may call the DHSS Elder Abuse and Neglect Hotline at **1-800-392-0210**. To file a complaint with the State Medicaid Agency, you may call the MO HealthNet Division, Recipient Services Unit at **1-800-392-2161**.

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