

AMBULANCE

When it comes to
stroke, be prepared
to think

FAST!

By thinking FAST, you can recognize the warning signs of a stroke.
Most strokes develop suddenly. *Every second counts - time lost is brain lost!*

- F**ace numbness or weakness, especially on one side
- A**rm numbness or weakness, especially only on one side of the body
- S**peech slurred or difficulty speaking, understanding or sudden confusion
- T**ime to call 911 – especially if there is a sudden loss of vision, loss of balance with dizziness or severe headache

Any of these symptoms may indicate stroke. Only a qualified health care provider can diagnose stroke.
Time is critical for optimal treatment - call 911 *FAST!*



health.mo.gov/living/healthcondiseases/chronic/stroke/index.php
Missouri Department of Health and Senior Services.
Heart Disease and Stroke Prevention Program.

