



# Certificate of Completion

**Jason** completed **Trust Your Child To Eat Enough**

on 07/22/2016



**Goal** Allow my children to leave food on their plate after a meal

## ACTION STATEMENT

Allow my son to leave some food on his plate at dinner time.

**Not Ready**

STARTING STAGE



**Thinking About It**

CURRENT STAGE

Michigan  
STATE/ITO

33333334  
WIC ID

Barry-Eaton District Hlth Dept  
AGENCY

Allow my son to leave some food on his  
plate at dinner time.  
ACTION STATEMENT