

WIC waa Barnaamij Nafaqo Kordhin Gaar ah ee loogu talagalay Dumarka, Dhallaanka iyo Caruurta.



WIC waxey bixisaa:

- La-talin nafaqo ee shakhsiyeed.
- La-talin iyo gargaar naasnuujineed.
- Cuntooyin wax kaaba, ee caafimaad leh.
- Tixraacyada.
 - Caafimaad.
 - Caafimaadka ilkaha.
 - Daryeel caruur.
- Tijaabooyinka tallaalka.



Yaa faaiidooyin heli kara?

- Dumar.
 - Uur leh.
 - Dhalmada kadib, ilaa 6 biloow.
 - Naasnuujin, ilaa 1 sanno.
- Dhallaanka.
- Caruurta, ilaa da'da 5.

Yaa ku dari kari cunug?

- Aabayaasha.
- Hooyooyinka.
- Masuuliinta.
- Awoowyaasha.

U-qalmida kordhinta

Dumar, dhallaan iyo caruur ka hooseeya 5 kuwaas oo haddeertan kujira mid kamid ah barnaamijyadan ayaa si otomaatik ah dakhliga ugu-qalma WIC!

- Caruurta la korsado.
- Ka qeybqaatayaasha SNAP.
- Ka qeybqaatayaasha TANF.
- Ka qeybqaatayaasha Medicaid.*

*U-qalmida otomaatika ah waxey ku tiirsantahay koodhka lagu asteeyey ee u-qalmida Medicaid.

Hagitaanada dakhliga waxey ku salaysanyihiin xeerka faqrinimo ee 185%.



MISSOURI DEPARTMENT OF
**HEALTH &
SENIOR SERVICES**

Aan ahayn WIC-ga hooyadaa!

- eWIC waa kaar EBT ah, ee ma ahan sahmid waraaqo!
- Uma sii baahnid inaad bakhaarka ku yeelatid kala-iibsi ganacsi ee WIC gaar ah.
- Uma sii baahnid inaad dhammaan faaiidooyinka bishii ku heshiid inta lagu jiro hal safar ee dukaameysi.
- Ikhtiyaaro dheeraad ah ee cunto.
 - Magaca calaamada badar.
 - Farmaajaha xariga camal ah.
 - Garoorta tuubada camal ah.
- Aqoon nafaqo onleen ah.
- Abka moobeelka ee la yirahdo abbka WICShopper.
 - Raadraac faaiidooyinka.
 - Xasuusiyeyaasha ballamaha.
 - Cunto-karin caafimaad leh.
 - Iyo kuwo badan!



Buuxi foomka xiiseynta onleenka ah si hay'ad maxali ah oo WIC ah ay kuu soo wacdo!



1-800-TEL-LINK
1-800-835-5465
WIC.Mo.Gov
WICinfo@health.mo.gov
Facebook@MissouriWIC

Shaqaaleysiyaha An EO/AA: Adeegyada waxaa lagu baxshaa si ku salaysan takoorid-la'aan. Shakhsiyaadka dhagaha la', ku-adag maqalka ama qaba naafanimada hadalka ah waxey wici karaan 711 ama 1-800-735-2966.

Machadkan waa bixiye fursad oo loo simanyahay.

WIC-58 (04/2023)