

Minimum WIC-Approved Stocking Requirements

Tier 2

Refer to the WICShopper app and the minimum WIC-approved stocking requirements for WIC-approved foods to determine where to place Missouri WIC Shelf Tags. Authorized Missouri WIC retailers must have the following items in stock in specified quantities to meet the WIC requirements.

For items available upon request, retailers must try to order the item within 72 hours if it is available from their warehouse or distributor.

<i>Food Item</i>	<i>Minimum Requirements</i>
Infant Formula: Powder formula in specific sizes	
Similac Advance –12.4 oz Similac Sensitive –12.4 oz Similac Total Comfort –12.4 oz Similac Soy Isomil –12.4 oz	24 cans of 1 variety or in any combination total of 1 or more of the varieties listed
Infant Food-Fruit	
Gerber, Tippy Toes and Beech-Nut Jars, twin packs and variety packs	3 varieties and a total of 36 containers
Infant Food-Vegetables	
Gerber, Tippy Toes and Beech-Nut Jars, twin packs and variety packs	3 varieties and a total of 36 containers
Infant Meat	
Gerber, Tippy Toes and Beech-Nut 2.5 oz, variety and multiple packs Beef, ham, chicken and turkey	3 varieties and 30 jars total
Infant Cereal	
Gerber and Beech-Nut 8 oz or 16 oz	2 varieties and 6 boxes, containers or a combination total
Juice	
Any Approved Brand 64 oz	3 flavor varieties and 18 containers
Cereal-Cold	
Any Approved Brand 12 oz–36 oz box or bag	3 varieties and 24 boxes, bags or a combination total; At least 1 variety must be a whole grain.
Cereal-Hot	
Any Approved Brand 11.8 oz–36 oz	6 boxes, bags or a combination total

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Fish	
Tuna 5 oz can or multiple packs–water only Sardines 3.75 oz can or multiple packs Water, tomato or mustard sauce Salmon 5 oz can–water only	2 varieties of fish and 18 cans total
Beans	
Canned 15 oz or 16 oz can	3 varieties and 24 cans total
Dried 16 oz or 32 oz bags	3 varieties and 12 packages total
Peanut Butter	
Creamy or Chunky 16 oz or 18 oz–any approved brand	1 variety and 12 jars total
Bread, Pasta, Tortillas and Rice	
Whole Grain and Whole Wheat Bread 12 oz, 16 oz, 20 oz or 24 oz–any approved brand	2 of the 4 whole grain types and 18 units total
Whole Wheat Pasta 12 oz or 16 oz box/package–any approved brand	2 of the 4 whole grain types and 18 units total
Soft Corn and Whole Wheat Tortillas 12 oz or 16 oz–any approved brand	2 of the 4 whole grain types and 18 units total
Brown Rice 14 oz box (instant), 16 oz or 32 oz package Store brand	2 of the 4 whole grain types and 18 units total
Cheese	
Store Brand 8 oz, 16 oz or 32 oz Block, shredded, sliced, string/sticks or bars	3 varieties and 12 pounds total
Yogurt	
Any Approved Brand 32 oz, multiple packs (totaling 16 oz or 32 oz) Any flavor or Greek	6-32 oz or multiple packs 2-16 oz multiple packs as 1 container
Eggs	
Any Brand Large or medium–A or AA Brown or white–1 dozen	12 dozen total

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<i>Food Item</i>	<i>Minimum Requirements</i>
Tofu	
Azumaya or Nasoya 16 oz	Upon request
Milk	
Whole Gallon, half gallon or quart—any brand	12 gallons total
Skim, Low-Fat 1% and Reduced-Fat 2% Gallon, half gallon or quart—any brand	18 gallons total
Cultured Buttermilk Half gallon or quart	Upon request
Dry Nonfat 1lb, 9.6 oz or 25.6 oz package (makes 8 quarts) 9.6 oz package (makes 3 quarts) Store brand	Upon request
Evaporated 12 oz—store brand	Upon request
Lactose-Free Whole, 2%, 1% and skim Half gallon and multiple packs—any approved brand	Upon request
Goat Evaporated 12 fl oz, powder 12 oz and fluid 1 quart—any brand	Upon request
Soy Half gallon—Original and vanilla Approved brands	6 half gallons
Frozen Juice	
Frozen Juice Concentrate 11.5 fl oz or 12 fl oz—approved brands	3 flavor varieties and 18 containers total
Frozen Fruit and Vegetables	
Frozen Fruit Any package size—any brand	2 varieties
Frozen Vegetables Any package size—any brand	3 varieties
Fresh Fruit and Vegetables—MAKE SURE ALL FRESH PRODUCE IS WIC MAPPED	
Fresh Fruit Any package size—any brand	5 varieties
Fresh Vegetables Any package size—any brand	5 varieties

