II – Nutrition Services

(Please indicate) **State Agency: Missouri** for FY 2020

Nutrition services include the full range of activities performed by a variety of staff to operate a WIC Program such as, participant screening and assessment, nutrition education and counseling, breastfeeding promotion and support and health promotion, food package prescriptions, and health care referrals. WIC State agencies should refer to the WIC Nutrition Service Standards, available WIC Works Resource System at [WIC Works - http://wicworks.nal.usda.gov](http://wicworks.nal.usda.gov) for recommended criteria and best practices to incorporate activities that are consistent with providing quality nutrition services and revitalizing quality nutrition services (RQNS).

A. **Nutrition Education-246.4(a)(9); 246.11(a)(1-3)(c)(1,3-7):** describe the nutrition education goals and action plan and the provisions for providing nutrition education contacts and materials to all participants including the special nutrition education needs of migrant farmworkers and their families, Native Americans, and homeless persons. Also describe methods to be used to provide drug and other harmful substance abuse prevention information. Establish standards for breastfeeding promotion and support including the development and/or maintenance of a peer counselor program consistent with the WIC Breastfeeding Model Components for Peer Counseling.

B. **Food Package Design-246.10:** describe the procedures for determining which foods should be authorized and how the food package should be nutritionally tailored and by whom, and plans for substitutions or eliminations to WIC food package. In addition to regulations at 246.10, State agencies should refer to the Food Package Guidance Handbook and Frequently Asked Questions available on the FNS PartnerWeb.

C. **Staff Training-246.11(c)(2):** describe the training and technical assistance provided to WIC professional and paraprofessional personnel who provide nutrition education, and breastfeeding promotion/education to participants.
II – Nutrition Services

A. Nutrition Education

1. Nutrition Education Plans (§246.11)
   a. The State agency develops and coordinates the nutrition education component with consideration of local agency plans, needs, and available nutrition education resources. (§246.11(c)(1))
      ☒ Yes ☐ No
   b. The State agency monitors local agency activities to ensure compliance with provisions set forth in paragraphs §246.11(c)(7), (d), and (e) of this section. (§246.11(c)(5))
      ☒ Yes ☐ No
   c. The local agency develops an annual nutrition education plan that is consistent with the State’s nutrition education component of Program operations. (§246.11(d)(2))
      ☒ Yes ☐ No
   d. (i) The State agency requires that local agency nutrition education include:
      ☒ A needs assessment
      ☒ Goals and objectives for participants
      ☒ Evaluation/follow-up
      ☐ Other (list): 000
      ☒ Yes ☐ No

      (ii). The State agency monitors local agency progress toward meeting nutrition education goals, nutrition education action plans, and objectives via:
      ☐ Quarterly or annually written reports
      ☐ Year-end summary report
      ☐ Annual local agency reviews
      ☒ Other (specify): Annual evaluation of goals and objectives during the local agency plan (LAP) submission.

   e. State policies reflect the definition of “nutrition education” as defined in §246.2 and in the Child Nutrition Act. The definition is “Nutrition education means individual and group sessions and the provision of materials that are designed to improve health status and achieve positive change in dietary and physical activity habits, and that emphasize the relationship between nutrition, physical activity, and health, all in keeping with the personal and cultural preferences of the individual.”
      ☒ Yes ☐ No

ADDITIONAL DETAIL: Nutrition Services Supporting Documentation:
2.06400 Effective Nutrition Education: Standards, Participant-Centered Goals, Delivery Methods and Documentation
II – Nutrition Services

2. Annual Assessment of Participant Views on Nutrition Education and Breastfeeding Promotion and Support

a. Is an annual Assessment of Participant Views on Nutrition Education and Breastfeeding Promotion and Support conducted:

☒ Yes    ☐ No

b. Check below the method(s) used in the past fiscal year to assess participant views on nutrition education and breastfeeding promotion and support provided by WIC:

☐ State-developed questionnaire issued by local agencies
☐ Locally-developed questionnaires (need approval by SA):
   ☐ Yes    ☐ No
☒ State-developed questionnaire issued by State agency.
☐ Focus groups
☐ Other (Specify):

(c. Results of participant views are:

☐ Used in the development of the State Plan
☒ Used in the development of local agency nutrition education plans and breastfeeding promotion and support plans
☒ Other (specify): Used in training with local agencies, presentations at State WIC Conference, and marketing and outreach tools

ADDITIONAL DETAIL: Nutrition Services Appendix and/or Procedure Manual (citation):

3. Nutrition Education Contacts (§246.11(a)(1-3): (1) Nutrition education shall be considered a benefit of the program, and shall be made available at no cost to the participant. Nutrition education shall be designed to be easily understood by participants, and it shall bear a practical relationship to participant nutritional needs, household situations, and cultural preferences including information on how to select food for themselves and their families. Nutrition education shall be thoroughly integrated into participant health care plans, the delivery of supplemental foods, and other Program operations. (2) Nutrition education is made available to all participants. Nutrition education may be provided through the local agencies directly, or through other agencies. At the time of certification, the local agency shall stress the positive, long term benefits of nutrition education and encourage the participant to attend and participate in nutrition education activities. However, individual participants shall not be denied supplemental foods for failure to attend or participate in nutrition education activities. (3) The State agency shall ensure that local agencies provide drug and other harmful substance abuse information to all pregnant, postpartum, and breastfeeding women and to parents or caretakers of infants and children participants. Drug and other harmful substance abuse information may also be provided to pregnant, postpartum, and breastfeeding women and to parents or caretakers of infants and children participating in local agency services other than the Program.
II – Nutrition Services

a. The State agency assures that each local agency offers adult participants, parents, or caretakers of infant and child participants, and whenever possible, the child participants themselves at least two (≥2) nutrition education contacts per 6 month certification period, and quarterly nutrition education contacts to participants certified in excess of 6 months, to ensure adequate nutrition education in accordance with §246.11(e) via:

☐ Local agency addresses in the annual nutrition education plan
☐ State nutrition staff monitoring annually during local agency reviews
☐ Local agency providing periodic reports to State agency
☒ Other (specify): State nutrition staff monitor biennially during local agency reviews. Management information system (MIS) reports on nutrition education contacts are available and reviewed by both local and state nutrition staff.

b. The State agency has developed minimum nutrition education standards for the following participant categories:

☒ Pregnant women ☒ Breastfeeding women ☒ Postpartum women
☒ Children ☒ Infants ☒ High-risk participants

The minimum nutrition education standards address:

☒ Number of contacts ☒ Protocols ☒ Documentation ☒ Referrals
☒ Care plans ☒ Exit counseling ☒ Breastfeeding promotion and support
☒ Counseling methods/teaching strategies ☒ Information on substance abuse prevention
☒ Content (WIC appropriate topics) ☒ Nutrition topics relevant to participant assessment
☒ Appropriate use of educational reinforcement (videos, brochures, posters, etc.)

c. The State agency allows the following nutrition education delivery methods:

☒ Face-to-face, individually or group
☒ Online/internet
☒ Telephone
☒ Food demonstration
☒ A delivery method performed by other agencies, i.e., EFNEP
☐ Other (specify):

d. The State agency ensures that nutrition risk data is used in providing appropriate nutrition education by:

☒ Individual nutrition education contacts tailored to the participant’s needs
☒ Group nutrition education contacts relevant to the participant’s needs (please explain how appropriate group nutrition classes are identified and offered to the participant.)
☒ Other (specify): wichealth.org nutrition education contact for non high risk participants but a nutrition education resource for high risk participants (does not count as a contact)
II – Nutrition Services

e. An individual care plan is provided based on:

- ☒ Nutritional risk
- ☒ Priority level
- □ Healthcare provider’s prescription
- ☒ CPA discretion
- ☒ Participant request
- □ Other (specify):

f. Individual care plans developed include the following components:

<table>
<thead>
<tr>
<th>Component</th>
<th>Must Include</th>
<th>May Include</th>
</tr>
</thead>
<tbody>
<tr>
<td>Individualized food package</td>
<td>☒</td>
<td>□</td>
</tr>
<tr>
<td>Identification of nutrition-related problems</td>
<td>☒</td>
<td>□</td>
</tr>
<tr>
<td>Nutrition education and breastfeeding support</td>
<td>☒</td>
<td>□</td>
</tr>
<tr>
<td>A plan for follow-up</td>
<td>☒</td>
<td>□</td>
</tr>
<tr>
<td>Referrals</td>
<td>☒</td>
<td>□</td>
</tr>
<tr>
<td>Timeframes for completing care plan</td>
<td>☒</td>
<td>□</td>
</tr>
<tr>
<td>Documentation of completing care plan</td>
<td>☒</td>
<td>□</td>
</tr>
<tr>
<td>A practical relationship to a participant’s nutritional needs, household situations, and cultural preferences including information on how to select food for themselves and their families</td>
<td>☒</td>
<td>□</td>
</tr>
</tbody>
</table>

**Other (specify by typing into the cells below):**


g. Check the following individuals allowed to provide general or high-risk nutrition education:

<table>
<thead>
<tr>
<th>Category</th>
<th>General Nutrition Education</th>
<th>High-Risk Nutrition Contact</th>
</tr>
</thead>
<tbody>
<tr>
<td>Paraprofessionals (non B.S. degree with formal WIC training by SA or LA)</td>
<td>□</td>
<td>□</td>
</tr>
<tr>
<td>Licensed Practical Nurses</td>
<td>□</td>
<td>□</td>
</tr>
<tr>
<td>Registered Nurses</td>
<td>☒</td>
<td>□</td>
</tr>
<tr>
<td>B.S. in Home Economics</td>
<td>☒</td>
<td>☒</td>
</tr>
<tr>
<td>B.S. in the field of Human Nutrition</td>
<td>☒</td>
<td>☒</td>
</tr>
<tr>
<td>Registered Dietitian or M.S. in Nutrition (related field)</td>
<td>☒</td>
<td>☒</td>
</tr>
<tr>
<td>Dietetic Technician (2-year program completed)</td>
<td>☒</td>
<td>□</td>
</tr>
</tbody>
</table>

**Other (specify by typing into the cells below):**

| EFNEP                                                                 | ☒                            | □                          |
II – Nutrition Services

h. The State agency allows adult participants to receive nutrition education by proxy.
   ☐ No
   ☑ Yes (If yes, check the applicable conditions below):
     ☑ Proxy is spouse/significant other
     ☑ Proxy is grandparent or legal guardian of infant or child participant
     ☑ Proxy is neighbor
     ☑ Other (specify): The local agency shall allow woman participants to designate a maximum of two (2) proxies who are age 18 or over. The local agency may provide nutrition education and related materials to the proxy as deemed appropriate by the nutritionist.
     ☐ Only for certain priorities (specify):

i. The State agency allows parents/guardians of infant and child participants to receive nutrition education by proxy.
   ☐ No
   ☑ Yes (If yes, check the applicable conditions below):
     ☑ Proxy is grandparent or legal guardian of infant or child participant
     ☑ Proxy is neighbor
     ☑ Other (specify): The local agency shall allow parents or caretakers of infant and child participants to designate a maximum of two (2) proxies who are age 18 or over. The local agency may provide nutrition education and related materials to the proxy as deemed appropriate by the nutritionist.
     ☐ Only for certain priorities (specify):

ADDITIONAL DETAIL: Nutrition Services Appendix and/or Procedure Manual (citation):
2.06400 Effective Nutrition Education: Standards, Participant-Centered Goals, Delivery Methods and Documentation
2.06500 Exit Counseling
2.02900 Care Plans and High-Risk Risk Factors
3.03800 Proxies and Authorized Representatives

4. Nutrition Education Materials (§246.11(c)(1,3,4,6,7): The State agency shall (1) develop and coordinate the nutrition education component of Program operations with consideration of local agency plans, needs, and available nutrition education resources; (3) identify or develop resources and educational materials for use in local agencies, including breastfeeding promotion and instruction materials, taking reasonable steps to include materials in languages other than English in areas where a significant number or proportion of the population needs the information in a language other than English; (4) develop and implement procedures to ensure that nutrition education is offered to all adult participants and to parents/caregivers of infant or child participants, as well as child participants whenever possible; (6) establish standards for participant contacts that ensure adequate nutrition education in accordance with paragraph 246.11(e); and (7) establish standards for breastfeeding promotion and support, including a positive breastfeeding supportive clinic environment, a local agency breastfeeding coordinator, breastfeeding promotion, and support for new staff.

a. The State agency shares material with the Child and Adult Care Food Program (CACFP) at no cost:
   ☐ Yes ☑ No
   If applicable, list other agencies:
II – Nutrition Services

Does a written material sharing agreement exist between the relevant agencies?
☒ Yes ☒ No

b. The State agency recommends and/or makes available nutrition education materials for the following topics:

<table>
<thead>
<tr>
<th>Topic</th>
<th>English</th>
<th>Spanish</th>
<th>Other (specify by typing into the cells below):</th>
</tr>
</thead>
<tbody>
<tr>
<td>General nutrition</td>
<td>☒</td>
<td>☒</td>
<td>See other</td>
</tr>
<tr>
<td>Specific nutrition-related disorders</td>
<td>☒</td>
<td>☒</td>
<td>See other</td>
</tr>
<tr>
<td>Maternal nutrition</td>
<td>☒</td>
<td>☒</td>
<td>See other</td>
</tr>
<tr>
<td>Infant nutrition</td>
<td>☒</td>
<td>☒</td>
<td>See other</td>
</tr>
<tr>
<td>Child nutrition</td>
<td>☒</td>
<td>☒</td>
<td>See other</td>
</tr>
<tr>
<td>Nutritional needs of homeless</td>
<td>☐</td>
<td>☐</td>
<td></td>
</tr>
<tr>
<td>Nutritional needs of migrant farmworkers &amp; their families</td>
<td>☐</td>
<td>☐</td>
<td></td>
</tr>
<tr>
<td>Nutritional needs of Native Americans</td>
<td>☐</td>
<td>☐</td>
<td></td>
</tr>
<tr>
<td>Nutritional needs of Teenage prenatal women</td>
<td>☐</td>
<td>☐</td>
<td></td>
</tr>
<tr>
<td>Breastfeeding promotion and support (including troubleshooting problems)</td>
<td>☒</td>
<td>☒</td>
<td>See other</td>
</tr>
<tr>
<td>Danger of harmful substances (alcohol, tobacco and other drugs), as well as secondhand smoke during pregnancy and breastfeeding</td>
<td>☒</td>
<td>☒</td>
<td>See other</td>
</tr>
<tr>
<td>Food Safety</td>
<td>☒</td>
<td>☒</td>
<td>See other</td>
</tr>
<tr>
<td>Physical activity</td>
<td>☒</td>
<td>☒</td>
<td>See other</td>
</tr>
<tr>
<td>Other (specify by typing into the cells below):</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Materials are also provided in the following languages: Arabic, Bosnian, Burmese, Chinese, Farsi, French, Hindi, Hmong, Korean, Nepali, Romanian, Russian, Somali, Ukrainian, Urdu, and Vietnamese.

Attach a listing of the nutrition education resources available from the State agency or other sources for use by local agencies or specify the location in the Procedure Manual and reference below.

c. The State agency follows written procedures to ensure that nutrition education materials recommended/made available are appropriate in terms of the following:

☐ Content ☒ Reading level/language ☐ Graphic design ☐ Cultural relevance

☐ Other (specify):

d. Locally-developed nutrition education materials must be approved by State agency prior to use.
☒ Yes ☐ No
II – Nutrition Services

If no, State agency requires local agency to follow a standardized format for evaluating nutrition education materials.
☐ Yes ☐ No

ADDITIONAL DETAIL: Nutrition Services Appendix and/or Procedure Manual (citation):

Literature for our local agencies is available for downloading or to order at the following:
https://health.mo.gov/living/families/wic/localagency/resourcespublications/ and 
https://health.mo.gov/living/families/wic/localagency/forms/policies/procedures/
2.06200 Guidelines for Nutrition Education: Approved Resources
2.01000 State Agency Responsibility: Nutrition Education
WIC Operations Manual – Definitions

5. Nutrition Education Needs of Special Populations
The State agency tailors its nutrition education efforts to address the specific needs of migrant farmworkers (M), homeless individuals (H), substance-abusing individuals (S), and/or breastfeeding women (B) through (check all that apply):

<table>
<thead>
<tr>
<th>M</th>
<th>H</th>
<th>S</th>
<th>B</th>
</tr>
</thead>
<tbody>
<tr>
<td>☐</td>
<td>☐</td>
<td>☒</td>
<td>☒</td>
</tr>
<tr>
<td>☒</td>
<td>☒</td>
<td>☒</td>
<td>☒</td>
</tr>
<tr>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☒</td>
</tr>
<tr>
<td>☐</td>
<td>☐</td>
<td>☒</td>
<td>☒</td>
</tr>
<tr>
<td>☐</td>
<td>☐</td>
<td>☒</td>
<td>☒</td>
</tr>
<tr>
<td>☒</td>
<td>☒</td>
<td>☒</td>
<td>☒</td>
</tr>
</tbody>
</table>

Providing nutrition education materials appropriate to this population and language needs
Providing nutrition curriculum or care guidelines specific to this population
Requiring local agencies who serve this population to address its special needs in local agency nutrition education plans
Arranging for special training of local agency personnel who work with this population
Distributing resource materials related to this population
Encouraging WIC local agencies to network with one another
Coordinating at the State and local levels with agencies who serve this population

Other (specify by typing into the cells below):

ADDITIONAL DETAIL: Nutrition Services Appendix and/or Procedure Manual (citation):

2.05200 Serving Homeless Persons
Risk Factor Definitions Tables
801 Homelessness: USDA Definition
802 Migrancy: USDA Definition
2.08100 Guidelines for Food Issuance: Homeless Women, Infants and Children
II – Nutrition Services

6. Breastfeeding Promotion and Support Plan
   a. The State agency coordinates with local agencies to develop a breastfeeding promotion plan that contains the following elements (check all that apply):
      ☒ Activities such as development of breastfeeding coalitions, task forces, or forums to address breastfeeding promotion and support issues
      ☒ Identification of breastfeeding promotion and support materials
      ☒ Procurement of breastfeeding aids which support the initiation and continuation of breastfeeding (e.g., breast pumps).
      ☒ Training of State/local agency staff
      ☒ Designating roles and responsibilities of staff
      ☒ Evaluation of breastfeeding promotion and support activities
      ☒ Other (specify): Outreach to local businesses that employ WIC moms to provide work site lactation support. Outreach to child care providers on how to support breastfeeding families.

   b. The State agency has established minimum protocols for breastfeeding promotion and support which include the following (check all that apply):
      ☒ A policy that creates a positive clinic environment which endorses breastfeeding as the preferred method of infant feeding
      ☒ A requirement that each local agency designate a local agency staff person to coordinate breastfeeding promotion and support activities
      ☒ A requirement that each local agency incorporate task-appropriate breastfeeding promotion and support training into orientation programs for new staff involved in direct contact with WIC clients.
      ☒ A plan to ensure that women have access to breastfeeding promotion and support activities during the prenatal and postpartum periods
      ☒ Participant breastfeeding assessment
      ☒ Food package prescription and tailoring based on breastfeeding and nutrition assessment
      ☒ Data collection (at State and local level)
      ☒ Referral criteria
      ☒ Peer counseling
      ☐ Other (specify):

7. Breastfeeding Peer Counseling
   a. The State agency coordinates with local agencies to request WIC Breastfeeding Peer Counseling (BFPC) funds to develop and/or maintain a peer counselor program?
      ☒ Yes ☐ No

      If yes, the State agency has submitted a request for the following.
      ☒ Full amount of available BFPC funds.
      ☐ Specific amount of available BFPC funds $ ______. (Not to exceed the full amount available.)
II – Nutrition Services

b. Attach a copy of an updated line item budget, with written narrative, demonstrating how peer counseling funds are being used for approved peer counseling activities. Include the citation for the attachment here:

   Appendix A – BFPC Narrative

c. Please provide the approximate number of WIC peer counselors in your State: 130

d. Please provide the number of local agencies designated by the State agency to receive funds to operate peer counseling programs.

86

ADDITIONAL DETAIL: Nutrition Services Appendix and/or Procedure Manual (citation):

e. The State agency coordinates with local agencies to develop a breastfeeding peer counseling program that contains the following components (see WIC Breastfeeding Model Components for Peer Counseling):

f. Definition of peer counselor defined as follows: paraprofessional recruited and hired from target population; available to WIC clients outside usual clinic hours and outside the WIC clinic

   ☒ Yes  ☐ No

g. Designated breastfeeding peer counseling program managers/coordinators at State and/or local level

   ☒ Yes  ☐ No

h. Defined job parameters and job descriptions for breastfeeding peer counselors

   ☒ Yes  ☐ No

   If yes, the job parameters for peer counselors (check all that apply):

   ☐ Define settings for peer counseling service delivery (check all that apply):

     ☒ Home (peer counselor makes telephone calls from home)
     ☒ Participant’s home (peer counselor makes home visits)
     ☒ Clinic
     ☒ Hospital

     ☒ Define frequency of client contacts
     ☒ Define procedures for making referrals
     ☒ Define scope of practice of peer counselor

i. Adequate compensation and reimbursement of breastfeeding peer counselors

   ☒ Yes  ☐ No

j. Training of State and local staff (managers, designated breastfeeding experts, peer counselors, others) using the FNS-developed breastfeeding training curriculum.

   ☒ Yes  ☐ No

k. Training of WIC clinic staff about the role of the WIC peer counselor

   ☒ Yes  ☐ No
II – Nutrition Services

I. Establishment of standardized breastfeeding peer counseling program policies and procedures (check all that apply):
   ☒ Timing and frequency of contacts
   ☒ Documentation of client contacts
   ☒ Referral protocols
   ☒ Confidentiality
   ☒ Use of social media
   ☐ Other (specify):

m. Adequate supervision and monitoring of breastfeeding peer counselors through (check all that apply):
   ☒ Regular, systematic contact with peer counselor
   ☒ Regular, systematic review of peer counselor contact logs
   ☒ Regular, systematic review of peer counselor contact documentation
   ☒ Spot checks
   ☒ Observation
   ☐ Other (specify):

n. Participation in community partnerships to enhance the effectiveness of breastfeeding peer counseling programs (check all that apply):
   ☒ Breastfeeding coalitions
   ☒ Businesses
   ☒ Community organizations
   ☒ Cooperative extension
   ☒ La Leche League
   ☒ Hospitals
   ☒ Home visiting programs
   ☒ Private Healthcare clinics
   ☐ Other (specify):

o. Adequate support of peer counselors by providing the following (check all that apply):
   ☒ Timely access to WIC-designated breastfeeding experts for referrals outside peer counselors’ scope of practice
   ☒ Mentoring of newly trained peer counselors in early months of job
   ☒ Regular contact with supervisor
   ☒ Participation in clinic staff meetings as part of WIC team
   ☒ Opportunities to meet regularly with other peer counselors
   ☐ Other (specify):
II – Nutrition Services

p. Provision of training and continuing education of peer counselors (check all that apply):

☒ Standardized training using FNS-developed curriculum
☒ Ongoing training at regularly scheduled meetings
☒ Home Study
☒ Opportunities to “shadow” or observe lactation experts and other peer counselors
☒ Training/experience to become senior level peer counselors, WIC-Designated Breastfeeding Expert, etc.
☐ Other (specify):

ADDITIONAL DETAIL: Nutrition Services Appendix and/or Procedure Manual (citation):

6.00050 Senior Breastfeeding Peer Counselor Job Description
6.00100 Breastfeeding Peer Counseling Program Coordinator Job Description
6.00200 Breastfeeding Peer Counselor Job Description
6.00300 Compensation of Peer Counselors
6.01000 Documentation of Participant Contacts
6.01500 Referrals of Breastfeeding Participants
6.01600 Breastfeeding Peer Counseling Social Media
6.01700 Local Agency Cell Phone Usage
1.01700 Participant Confidentiality

B. Food Package Design

1. Authorized WIC-Eligible Foods

a. Include a copy of the current State-authorized food list and the individual food package design for each category in the Appendix or cite Procedure Manual reference:


2.07600 Guidelines for Issuance of Food Package I & II to Infants
2.07800 Guidelines for Issuance of Food Package IV to Children
2.07900 Guidelines for Issuance Food Packages V, VI and VII to Women
2.08100 Guidelines for Food Issuance: Homeless Women, Infants and Children

b. The State agency considers the following when making decisions about authorizing WIC-eligible foods other than WIC formulas:

☒ Federal regulatory requirements ☒ Nutritional value
☒ Participant acceptance ☒ Cost
☒ Statewide availability ☒ Participant/client request
☐ Healthcare provider request ☐ Other (specify):

c. The State agency utilizes additional State nutritional criteria for authorizing foods for the State WIC food list, in addition to the minimum Federal regulatory requirements.

☒ Yes ☐ No

If yes, describe actual values or criteria identified by the State. Enter “n/a” if not applicable. (i.e. artificial sweeteners, artificial color/flavor, low-sodium, etc.):

Artificial colors in juice, artificial sweeteners in breakfast cereals, and low-fat peanut butter.
II – Nutrition Services

d. The State agency provides the maximum amount of all authorized foods allowed in accordance with the Federal WIC regulations at section 246.10 for each of the seven WIC Food Packages (I-VII).

<table>
<thead>
<tr>
<th>Yes</th>
<th>No</th>
</tr>
</thead>
<tbody>
<tr>
<td>☒</td>
<td></td>
</tr>
<tr>
<td>☐</td>
<td></td>
</tr>
<tr>
<td>☒</td>
<td></td>
</tr>
<tr>
<td>☐</td>
<td></td>
</tr>
<tr>
<td>☒</td>
<td></td>
</tr>
<tr>
<td>☐</td>
<td></td>
</tr>
</tbody>
</table>

e. WIC Formulas:

(1) The State agency establishes policies regarding the issuance of primary contract, contract, and non-contract brand infant formula.

<table>
<thead>
<tr>
<th>Yes</th>
<th>No</th>
</tr>
</thead>
<tbody>
<tr>
<td>☒</td>
<td></td>
</tr>
</tbody>
</table>

(2) The State agency requires medical documentation for contract infant formula (other than the primary contract formula).

<table>
<thead>
<tr>
<th>Yes</th>
<th>No</th>
</tr>
</thead>
<tbody>
<tr>
<td>☒</td>
<td></td>
</tr>
</tbody>
</table>

(3) The State agency requires medical documentation for non-contract infant formula. (N/A Missouri does not issue non contract infant formula.)

<table>
<thead>
<tr>
<th>Yes</th>
<th>No</th>
</tr>
</thead>
<tbody>
<tr>
<td>☐</td>
<td></td>
</tr>
</tbody>
</table>

(4) The State agency requires medical documentation for exempt infant formula/ WIC eligible nutritionals.

<table>
<thead>
<tr>
<th>Yes</th>
<th>No</th>
</tr>
</thead>
<tbody>
<tr>
<td>☒</td>
<td></td>
</tr>
</tbody>
</table>

(5) State agency authorizes local agencies to issue a non-contract brand infant formula that meets the requirements of Table 4 in 246.10(e)(12) without medical documentation in order to meet religious eating patterns:

<table>
<thead>
<tr>
<th>Yes</th>
<th>No</th>
</tr>
</thead>
<tbody>
<tr>
<td>☐</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Yes</th>
<th>No</th>
</tr>
</thead>
<tbody>
<tr>
<td>☒</td>
<td></td>
</tr>
</tbody>
</table>

(6) The State agency coordinates with medical payors and other programs that provide or reimburse for exempt infant formulas and WIC-eligible nutritionals per Section 246.10(e)(3)(vi).

<table>
<thead>
<tr>
<th>Yes</th>
<th>No</th>
</tr>
</thead>
<tbody>
<tr>
<td>☒</td>
<td></td>
</tr>
</tbody>
</table>

If yes, describe the State agency reimbursement and/or referral system used for this coordination? Include describing monitoring/tracking tools in place to ensure program integrity.

2.07000 Guidelines for Issuance of Formulas, WIC-Eligible Nutritionals, and Other Supplemental Foods under Food Package III

If no, has the State agency met the requirement to annually contact their State Medicaid counterparts regarding the payment of WIC-eligible exempt infant formulas and medical foods to mutual program participants per WIC Policy Memo #2015-7?

<table>
<thead>
<tr>
<th>Yes</th>
<th>No</th>
</tr>
</thead>
<tbody>
<tr>
<td>☑</td>
<td></td>
</tr>
</tbody>
</table>

Please attach and provide the citation for any existing written agreement between the State agency and the State Medicaid office as well as local government agencies or private agencies in regards to payment of WIC- eligible exempt infant formulas and medical foods.
II – Nutrition Services

f. Rounding:
   (1) Does the State agency issue infant formula according to the specific rounding methodology per Section 246.10(h)(1)?
      ☒ Yes ☐ No
      
      If answered NO, skip question 2
   (2) If the State agency implemented the rounding option for issuing infant formula, are there established written policies in place?
      ☐ Yes ☐ No
   (3) Does the State agency issue infant foods according to the specific rounding methodology per Section 246.10(h)(2)?
      ☐ Yes ☒ No
   (4) If the State agency implemented the rounding option for issuing infant foods, are there established written policies in place?
      ☐ Yes ☒ No

g. Is infant formula issued in the 1st month to partially breastfed infants?
   ☒ Yes ☐ No

h. State policies & materials reflect the definition of “supplemental foods” as defined 246.2 and in the Child Nutrition Act.
   ☒ Yes ☐ No

i. Does the State agency only allow issuance of reduced fat (2%) milk to children ≥ 24 months of age and women with certain conditions, including but not limited to, underweight and maternal weight loss during pregnancy, in accordance with Footnote 7 of Table 2 in 246.10(e)(10)?
   ☒ Yes ☐ No

j. Does the State agency allow issuance of fat-reduced milks to 1-year-old children for whom overweight or obesity is a concern, in accordance with Footnote 7 of Table 2 in 246.10(e)(10)?
   ☒ Yes ☐ No

ADDITIONAL DETAIL: Nutrition Services Appendix and/or Procedure Manual (citation):

2.06600 WIC Approved Food List
2.06700 Food Selection Criteria
2.06750 Primary Contract Infant Formula
2.06760 Exempt Infant Formula and Medical Food Selection
2.07000 Guidelines for Issuance of Formulas, WIC-Eligible Nutritionals, and Other Supplemental Foods Under Food Package III
2.07600 Guidelines for Issuance of Food Package I & II to Infants
Definitions Section of the WOM

2. Individual Nutrition Tailoring

a. The State agency allows individual nutrition tailoring of food packages only in accordance with 246.10(c).
   ☒ Yes ☐ No
II – Nutrition Services

b. The State agency provides a special individually tailored package for
   ☑ Homeless individuals and those with limited cooking facilities
   ☑ Residents of institutions
   ☐ Other (specify):

ADDITIONAL DETAIL: Please attach copies of all food packages that are tailored, Nutrition Services Appendix and/or Procedure Manual (citation):

2.08100 Guidelines for Food Issuance: Homeless Women, Infants and Children

c. The State agency develops written individual nutrition tailoring policies and supportive science-based nutrition rationale based on the following participant characteristics:
   ☐ Does not develop individual nutrition tailoring policies
   ☑ Develops based on (check all that apply):
      ☑ Nutrition risk/nutrition and breastfeeding assessment
      ☑ Participant preference
      ☑ Household condition
   ☐ Other (specify):

d. The State agency allows local agencies to develop specific individual tailoring guidelines.
   ☐ Yes ☑ No

   If yes, check those of the following methods used by the State agency to review or approve local agency tailoring guidelines:
      ☐ Local agencies are required to submit individual tailoring guidelines for State approval
      ☐ Local agency individual tailoring guidelines are monitored annually during local agency reviews
      ☐ Agency reviews
      ☐ Other (specify):

ADDITIONAL DETAIL: Nutrition Services Appendix and/or Procedure Manual (citation):

2.07000 Guidelines for Issuance of Formulas, WIC-Eligible Nutritionals, and Other Supplemental Foods under Food Package III
2.07600 Guidelines for Issuance of Food Package I and II to Infants
2.07800 Guidelines for Issuance of Food Package IV to Children
2.07900 Guidelines for Issuance Food Packages V, VI and VII to Women

3. Prescribing Packages

a. Individuals allowed to prescribe food packages:

<table>
<thead>
<tr>
<th></th>
<th>Standard food package</th>
<th>Individually-tailored food package</th>
</tr>
</thead>
<tbody>
<tr>
<td>CPA</td>
<td>☑</td>
<td>☑</td>
</tr>
<tr>
<td>Other (specify by typing into the cells below):</td>
<td>☑</td>
<td>☐</td>
</tr>
<tr>
<td>WIC Certifier</td>
<td>☐</td>
<td>☐</td>
</tr>
</tbody>
</table>


II – Nutrition Services

ADDITIONAL DETAIL: Provide a copy of the actual foods included in the homeless and institution packages in the Appendix or cite Procedure Manual. Attach copies of all food packages that are tailored. Nutrition Services Appendix and/or Procedure Manual (citation):

2.08100 Guidelines for Food Issuance: Homeless Women, Infants and Children
2.01200 Food Package: State and Local Agency Responsibility
2.01650 Local WIC Provider Personnel: WIC Certifier
2.01400 Local WIC Provider Nutrition Personnel: Nutritionist
2.01450 Local WIC Provider Nutrition Personnel: Nutrition Coordinator
2.01500 Local WIC Provider Nutrition Personnel: Competent Professional Authority

C. Staff Training

The State agency provides or sponsors the following training for WIC competent professional authorities:

<table>
<thead>
<tr>
<th>Professionals</th>
<th>Paraprofessionals (may or may not be CPAs in some SAs)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Regularly</td>
<td>As Needed</td>
</tr>
<tr>
<td>General nutrition education methodology</td>
<td>☐</td>
</tr>
<tr>
<td>State certification policies/procedures</td>
<td>☒</td>
</tr>
<tr>
<td>Anthropometric measurements</td>
<td>☒</td>
</tr>
<tr>
<td>Blood work procedures</td>
<td>☒</td>
</tr>
<tr>
<td>Nutrition counseling techniques</td>
<td>☒</td>
</tr>
<tr>
<td>Breastfeeding promotion/support</td>
<td>☒</td>
</tr>
<tr>
<td>Dietary assessment techniques</td>
<td>☒</td>
</tr>
<tr>
<td>Prescribing &amp; tailoring food packages</td>
<td>☒</td>
</tr>
<tr>
<td>Referral protocol</td>
<td>☒</td>
</tr>
<tr>
<td>Maternal, infant, and child nutrition</td>
<td>☐</td>
</tr>
<tr>
<td>Cultural competencies</td>
<td>☒</td>
</tr>
<tr>
<td>Customer service</td>
<td>☒</td>
</tr>
<tr>
<td>Immunization Screening/referral</td>
<td>☒</td>
</tr>
<tr>
<td>Care Plan Development</td>
<td>☒</td>
</tr>
<tr>
<td>VENA staff competency training</td>
<td>☒</td>
</tr>
<tr>
<td>Substance abuse prevention</td>
<td>☐</td>
</tr>
<tr>
<td>Other (specify by typing in cells below):</td>
<td>☐</td>
</tr>
</tbody>
</table>

ADDITIONAL DETAIL: Nutrition Services Appendix and/or Procedure Manual (citation):

1.01550 Training Local WIC Providers
New Employee Training Chart
Annual Training Chart
Missouri WIC Program Training Page located at https://health.mo.gov/living/families/wic/wictraining/