



Nutrition Education Resource Request – WIC-7

AGENCY NAME				AGENCY/CLINIC NO.				CONTROL NO. (DHSS WAREHOUSE USE ONLY)															
REQUESTER'S NAME: (PLEASE TYPE or PRINT)				REQUESTER'S PHONE NO.				DATE:															
Title	Item No.	Quantity Ordered	Unit	Title	Item No.	Quantity Ordered	Unit	Title	Item No.	Quantity Ordered	Unit												
Certification Resources				Yogurt Fact Sheet – EN				959				50/pad											
Next Steps for Health – EN/SP				712				50/pad				Yogurt Fact Sheet – SP				960				25/pad			
Initial Nutrition Education – EN/SP				626				50/pad				Infant/Children Resources											
General Nutrition Education Resources				A Healthy Smile for Your Young Child - EN				908				each											
A Guide to Using Soy milk and Tofu – EN				1275				each				Food to Grow On: 12 to 18 Months - EN				1283				25/pad			
Cereal + Milk = YUM – EN				820				50/pad				Food to Grow On: 12 to 18 Months - SP				1286				25/pad			
Cereal + Milk = YUM – SP				841				each				Food to Grow On: 19 to 24 Months - EN				1284				25/pad			
Cheese Please – EN				823				50/pad				Food to Grow On: 19 to 24 Months - SP				1287				25/pad			
Cheese Please – SP				843				each				Food to Grow On: Birth to 12 Months – EN				618				50/pad			
Cooking with Evaporated Milk – EN				1273				50/pad				Food to Grow On: Birth to 12 Months - SP				620				25/pad			
Cooking with Evaporated Milk - SP				732				50/pad				Healthy Eating for Preschooler – EN				121				50/pad			
Dairy Is Local Food – EN				819				50/pad				Healthy Eating for Preschooler – SP				158				50/pad			
Dairy Is Local Food – SP				839				each				Homemade Baby Food – EN				128				50/pad			
Dairy Makes Sense, Low-fat Milk – EN				817				50/pad				Homemade Baby Food – SP				132				25/pad			
Dairy Makes Sense, Low-fat Milk – SP				836				each				Homemade Baby Food-Recipe Cards – EN/SP				129				50/pad			
Dairy Makes Sense, Low-fat Yogurt - EN				818				50/pad				MyPlate for Kids – EN				121*				25/pad			
Dairy Makes Sense, Low-fat Yogurt - SP				837				each				MyPlate for Kids – SP				137*				25/pad			
Fruit and Veggie: Guide to Good... - EN				586				50/pad				Pregnancy Resources											
Fruit and Veggie: More Matters - EN				585				100/pad				Nutrition/Weight Gain During Pregnancy - EN				351				50/pad			
Mom and Baby Get More Food (11" x 8.5")				1109				50/pad				Nutrition/Weight Gain During Pregnancy - SP				394				25/pad			
Get Cookin' with Beans – EN				1272				50/pad				Relief from Common Problems of Pregnancy - EN				51				25/pad			
Get Cookin' with Beans – SP				1274				50/pad				Relief from Common Problems of Pregnancy - SP				593				each			
Go For Yogurt – EN				814				50/pad				Choose MyPlate for Pregnant, Breastfeeding, and Nonbreastfeeding Women - EN				912				50/pad			
Go For Yogurt – SP				832				each				Choose MyPlate for Pregnant, Breastfeeding, and Nonbreastfeeding Women – SP				642				25/pad			
Low-fat Milk Comparison – EN				402				50/pad				Physical Activity Resources											
Low-fat Milk Comparison – SP				836				each				Exercise During Pregnancy - EN				1095				each			
MyPlate: What's On Your Plate – EN				117*				50/pad				Physical Activity (Poster 4) - EN				1236				each			
MyPlate: What's On Your Plate – SP				118*				25/pad				Playing with Your 1-3 Year Old - EN				1093				each			
Nutrition Goals (Poster 3) - EN				1234				each				Playing with Your 4-6 Year Old - EN				1094				each			
Which Foods Have Iron – EN				172*				each				Playing with Your Baby, Get Fit with WIC - EN				1092				each			
Which Foods Have Iron – SP				173*				each				Tobacco and Other Drug Resources											
Whole Grains for WIC Families – EN				1270				50/pad				Pregnant? Drugs and Alcohol Can Harm - EN				579				each			
Whole Grains for WIC Families – SP				729				50/pad				Substance Use – EN				508				50/pad			
Shop Smart! Get the Most Fruits and Vegetables – EN				1271				50/pad				Substance Use – SP				583				25/pad			
Shop Smart! Get the Most Fruits and Vegetables – SP				730				50/pad				Missouri Tobacco Quitline Card for Pregnant Women: "Gonna Be a MOM" - EN				510				each			

* The item numbers (117, 118, 121, 137, 172, and 173) listed are for the DHSS warehouse's purposes only and are not printed on the brochures. Please fax this form to the DHSS Warehouse at 573-751-1574. If you have questions, email Takako.Tagami@health.mo.gov.