



WASAARADA CAAFIMAADKA EE MISSOURI IYO ADEEGYADA WAAYEELKA IYO  
ADEEGYADA NAFAQADA WIC

**QIIMEYNTA NAFAQADA WIC EE ILMHAHA YAR**

MAGACA KA QEYBQAATAHA:	TAARIKHDA DHALASHADA:	TAARIKHDA LA DHAMEEYEY:
<b>WAA INUU BUUXIYO DARYEELAHA ILMHAHA YAR</b>		
1. Waligaa dhaqtar ma kuu sheegey in cunugaagu leeyahay xaalado caafimaad daro? <span style="float: right;">[341-362]</span>		
<input type="checkbox"/> Haa, Cadee: xaalada ama jirada: _____ <input type="checkbox"/> Maya Waa goorma balanta dhaqtarka ee cunugaagu? Taariikhda: _____		
2. Maxaad ku quudisaa cunugaaga? Dooroo dhamaan intii ku khuseysa <span style="float: right;">[411.3]</span>		
<input type="checkbox"/> Caanaha naaska <input type="checkbox"/> Caanaha ilmaha yar lowgu talogaley (Magaca) _____ <input type="checkbox"/> Dareere kale ama cabitaan (maaha caanaha ilmaha yar lowgu talogaley): _____ <input type="checkbox"/> Cuntada cunuga lowgu talo galey/cuntada caadiga ah _____		
3. Halkee ayuu cunugaagu u qaataa marka uu haysto dhalada ama koobka uu wax ku cabo? Dooroo intii ku khuseysa. <span style="float: right;">[411.2]</span>		
<input type="checkbox"/> Sariirta <input type="checkbox"/> Gaariga lagu riixo <input type="checkbox"/> Kursiga gaadhiga <input type="checkbox"/> Qofbaa haya <input type="checkbox"/> Kursiga lagu cunteysiiyo <input type="checkbox"/> Wuu qabsadaa/qabsataa dhalada <input type="checkbox"/> Kale _____		
4. Miyaad geeda ilmaha afka loo galiyo ee lagu aamusiiyo (pacifier) marisaa sonkor, dareere macaan (syrup) ama malab ama miyaad ku dartaa caanaha naaska ama foormaulada sonkor, dareere macaan (syrup) ama malab? <span style="float: right;">[411.2] [411.3] [411.5]</span>		
<input type="checkbox"/> Haa <input type="checkbox"/> Maya Miyuu cunugaagu cunaa malab ama cuntooyinka lagu darey malabka sida honey graham crackers, muffins, iwm? <span style="float: right;">[411.3] [411.5]</span> <input type="checkbox"/> Haa <input type="checkbox"/> Maya		
5. Nooc ee ayuu cunugaagu ka cunaa cuntooyinka soo socda? Dooroo intii ku khuseysa. <span style="float: right;">[411.5]</span>		
<input type="checkbox"/> Cabitaanada laga miirto khudaarta miraha ah oo darey ah ama khudaarta cagaaran <input type="checkbox"/> Waxyaabaa xoolaha laga dheefsado oon la karinin (darey ah oo beerta laga keeney) <input type="checkbox"/> Foormaajooyinka jilicda san sida Feta, Brie, Camembert, blue-veined cheese, Queso-Blanco or Queso-Fresco <input type="checkbox"/> Hilib qeydhiin ama aan aad loo karinin, maley, digaag, turkey ama ukun <input type="checkbox"/> khudaarta cagaaran oo darey ah (alfalfa, qorofal, digirta, raadhiska) <input type="checkbox"/> Hilib aan la karinin, hilibka la saafsaafey ee karsan, hilib la luuqey ( hot dogs) <input type="checkbox"/> Midnaba inta kor ku dhigan		
6. Miyaad ku aragtey cunugaaga dhibaatooyin ah xaga afka ama ilkaha? <span style="float: right;">[381]</span>		
<input type="checkbox"/> Haa, sheeg dhibta jirta: _____ <input type="checkbox"/> Maya		

**Qof aqoon sare u leh(CPA)/midka nafaqada u qaabilsan ayaa kaala hadli doona raashin qaadashadaada iyo dhaqdhaqaaqa aad sameysid su'aalana wey ku weydiin doonaan**