**Tuna Boats**

**Ingredients:**
- 2 large cucumbers
- 1 lemon
- 2 green onions
- 1 can tuna (5 ounces)
- 1 can white beans (16 ounces)
- 1 tablespoon butter
- 1 tablespoon mustard flavor of your choice
- ½ teaspoon salt
- ¼ teaspoon black pepper

**Directions:**

Rinse cucumbers. Peel off skin every ¼ inch, all the way around. Cut lengthwise. Scoop out the seeds with a small spoon. Rinse and dry lemon, then zest it using a cheese grater. Cut lemon in half. In a small bowl, squeeze it for juice, then discard the seeds. Rinse and chop green onions. Drain tuna. Drain and rinse beans. In a medium bowl, mash beans lightly with a fork. Add green onions, tuna, butter, mustard, salt, pepper, lemon zest, and 2 tablespoons of the lemon juice to the beans, then mix with a fork. Fill each cucumber half with ¼ of the tuna mixture. Serve.