Nutrition Training Manual (NTM)

Required for new CPA staff (physicians, nutritionists, registered dietitians, dietetic technicians, and registered nurses) or use as "refresher" training for current staff or staff returning from a break in service over 1 year. Completion required within six months from date of hire and then every five years thereafter.

Each section has post-questions designed to bring together the different facets of each of the sections in the Nutrition Training Manual. If you have questions while completing each section, feel free to look back through the manual.

After completing all sections in the NTM, review your answers with your Nutrition Coordinator. The Nutrition Coordinator may request an answer key from the State WIC Nutrition Trainer at 800-392-8209.

If you are the only nutritionist in the agency send a **copy** of your completed answer sheet to the State WIC Nutrition trainer.

Missouri Department of Health and Senior Services
Bureau of WIC and Nutrition Services
C/O D'Anne Ward
P.O. Box 570
930 Wildwood Drive
Jefferson City, MO 65109

The local agency shall retain a copy of the completed questionnaire on file for monitoring purposes. The state office is authorizing 6-CEUs to all staff who has completed the NTM since October 1, 2014 to current date.

Manual Outline

- Section 1 – Counseling
- Section 2 – Basic Nutrition, Dietary Guidelines for Americans and MyPlate (Rev. 5/13/19)
- Section 3 – Maternal Nutrition
- Section 4 – USDA Infant Nutrition and Feeding Guide (Rev. 4/13/20)
- Section 5 – Child Nutrition
- Section 6 – Iron Deficiency Anemia