



Required Follow-Up Questions

1. What have you heard about breastfeeding?

2. Tell me about any changes in your eating habits since becoming pregnant. (Select all that apply.)

- No changes
- Improvements
- Concerns
- Other/Comments:

3. Tell me about the minerals or herbal supplements you take besides prenatal vitamins. (Select all that apply.)

[427.1] [427.4]

- None
- Calcium
- Folic Acid
- Iron
- Iodine
- Herbal
- Other/Comments:

4. What concerns do you have about providing, preparing and/or storing food for your family? (Select all that apply.) **[902]**

- No concerns
- Insufficient food sources
- Food preparation (New ideas/doesn't know how to cook)
- Inadequate kitchen appliances
- Other/Comments:

5. What health or medical issues do you currently have or had have?

[341-362]

6. How would you like to improve your eating and/or physical activity habits? Reminder: Establish a new goal or follow-up on a previous goal.

7. Optional Documentation:

Full name and WIC title of person completing the nutrition assessment.