BREASTFEED!

Mom & Baby Get More Food

FULLY Breastfeeding

MOSTLY Breastfeeding (Pregnant)

SOME/NON Breastfeeding

* CPA's assessment, determination and documentation is required.

Missouri Department of Health and Senior Services • WIC and Nutrition Services • 1-800-TEL-LINK • wic.mo.gov
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Individuals who are deaf, hard-of-hearing, or have a speech disability can dial 711 or 1-800-735-2966. This institution is an equal opportunity provider.

#1108 (06-21)
Welcome to WIC! WIC staff are here to help you and answer any questions that you may have so you can eat healthy and stay well.

### Food Package I & II

**Category:** Infants

This food package is designed for issuance to infant participants from birth through age 11 months:
- Fully breastfeeding: The infant doesn’t receive formula.
- Mostly breastfeeding: This infant is mostly breastfed but also receives infant formula up to the maximum quantity allowed for mostly breastfed infants. This food package is not available for infants 0-1 month.
- Fully formula fed or some breastfeeding: The infant is not breastfed or is breastfed and receives formula in excess of the quantity allowed for mostly breastfed infants.

### Food Package III

**Category:** Participants with qualifying conditions

This food package is reserved for issuance to women, infants and child participants who have a documented qualifying condition that requires the use of a WIC formula (infant formula, exempt infant formula or WIC-eligible nutritional) Medical Documentation (WIC 27) is required.

### Food Package IV

**Category:** Children 12-59 months

This food package is designed for issuance to participants 12 months to 59 months of age.

### Food Package V

**Category:** Pregnant and Mostly Breastfeeding Women

This food package is designed for issuance to:
- Women participants with singleton pregnancies.
- Women, up to one year, whose infants are mostly breastfed.

### Food Package VI

**Category:** Some Breastfeeding Women & Non Breastfeeding Women

This food package is designed for issuance to:
- Women up to 6 months postpartum whose infants are fully formula fed.
- Women up to 6 months postpartum whose infants receive formula in excess of the quantity allowed for mostly breastfed infants.

### Food Package VII

**Category:** Fully Breastfeeding Women

This food package is designed for issuance to:
- Breastfeeding women up to 1 year postpartum whose infants do not receive infant formula from WIC.
- Mostly breastfeeding women with multiple infants from the same pregnancy.
- Pregnant women who are fully or mostly breastfeeding.
- Pregnant women with two or more fetuses.

[Note] Women participants fully breastfeeding multiple infants from the same pregnancy receive 1.5 times the supplemental foods provided in Food Package VII.

### Mostly and Some Breastfeeding Women with Twins

<table>
<thead>
<tr>
<th>Twins: Some breastfeeding under 6 months old.</th>
<th>The mother would receive Food Package VI.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Twins: Some breastfeeding older than 6 months old.</td>
<td>If the infants are over 6 months of age, the mother would not receive a food package.</td>
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<tr>
<td>Twins: One infant (some breastfeeding) and the other infant (mostly breastfeeding).</td>
<td>The mother would receive Food Package V because one of her infants qualifies to receive the mostly breastfeeding package.</td>
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</tbody>
</table>

[Note] Food Package VII does not apply to a mother tandem-breastfeeding multiples (Example: A 2-month-old infant and an 11-month-old infant).