

II. Nutrition

3. Food Package

2.3.010 WIC Approved Food List

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POLICY: Foods provided through the Missouri WIC Program must be from the current Missouri WIC Approved Food List (#640).

GUIDELINES:

A. Missouri WIC Approved Food Lists

1. The authorized foods are listed in the Missouri WIC Approved Food List (#640) at the following link:
<http://health.mo.gov/living/families/wic/wicfoods/index.php>
2. Participants or their caregiver must receive the Missouri WIC Approved Food List at the initial visit (Initial Nutrition Education) to use it when they redeem WIC food instruments.
3. “Store brands” means that brands can be the store’s own brand or a brand name carried by the store that was created by the wholesaler which supplies the store.
4. Food Selection Criteria policy [2.3.110](#) is used to develop the Missouri WIC Approved Food List.