

134 Failure to Thrive

Definition/Cut-off Value

Presence of failure to thrive (FTT) diagnosed, documented, or reported by a physician or someone working under a physician's orders, or as self reported by applicant/participant/caregiver. See Clarification for more information about self-reporting a diagnosis.

Note: For premature infants with a diagnosis of FTT also see: "Guidelines for Growth Charts and Gestational Age Adjustment for Low Birth Weight and Very Low Birth Weight Infants" (FNS Policy Memorandum 98-9, Revision 7, April 2004).

Participant Category and Priority Level

Category	Priority
Infants	I
Children	III

Justification

Failure to thrive (FTT) is a serious growth problem with an often complex etiology. Some of the indicators that a physician might use to diagnose FTT include:

- Weight consistently below the 3rd percentile for age
- Weight less than 80% of ideal weight for height/age
- Progressive fall-off in weight to below the 3rd percentile
- A decrease in expected rate of growth along the child's previously defined growth curve irrespective of its relationship to the 3rd percentile (1)

FTT may be a mild form of Protein Energy Malnutrition (PEM) that is manifested by a reduction in rate of somatic growth. Regardless of the etiology of FTT, there is inadequate nutrition to support weight gain (2).

References

1. Berkow R, Fletcher AJ. The Merck manual of diagnosis and therapy. Rahway (NJ): Merck Sharp & Dohme Research Laboratories; 1992.
2. Institute of Medicine. WIC nutrition risk criteria a scientific assessment. Washington (DC): National Academy Press; 1996. p. 100.

Clarification

Self-reporting of a diagnosis by a medical professional should not be confused with self-diagnosis, where a person simply claims to have or to have had a medical condition without any reference to professional diagnosis. A self-reported medical diagnosis ("My doctor says that I have/my son or daughter has...") should prompt the CPA to validate the presence of the condition by asking more pointed questions related to that diagnosis.