

## Missouri WIC Food List Changes Effective January 1, 2017

New Approved Items	New Approved Items (Cont.)
<b>Cheese (Page 4)</b>	<b>Juice for Children (Page 16)</b>
* 8 or 16 oz Blocks only	* 64 oz Ready to Serve Containers only
* Store Brand only	* Approved Brands and Varieties only
Brick	Best Choice Pineapple
Marbled/Blends of Approved Cheese Varieties	Essential Everyday Berry Blend
Muenster	Essential Everyday Cherry Blend
Provolone	Essential Everyday Cranberry Raspberry Blend
Swiss	Essential Everyday Grape Blend
White Cheddar	Essential Everyday Pineapple
	Hy Top Pineapple
<b>Peanut Butter (Page 6)</b>	HyVee Pineapple
* 16-18 oz Jar only	Kroger Pineapple
* Store Brand only	Langers Apple
Crunchy Peanut Butter	Langers Apple Berry Cherry
	Langers Apple Cranberry
<b>Cold Cereals (Pages 7-9)</b>	Langers Apple Grape
* 12-36 oz Containers only	Langers Apple Kiwi Strawberry
* Approved Brands and Varieties only	Langers Apple Orange Pineapple
Best Choice Nutty Nuggets	Langers Apple Peach Mango
Essential Everyday Nutty Nuggets	Langers Pineapple
Essential Everyday Crunchy Wheat Squares	Old Orchard Acai Pomegranate
Great Value Crunchy Nuggets	Old Orchard Apple Cranberry
Great Value Toasted Wheat	Old Orchard Berry Blend
Great Value Toasted Whole Grain Oat Spins	Old Orchard Black Cherry Cranberry
HyVee Fiber Nuts	Old Orchard Blueberry Pomegranate
HyVee Toasted Wheat	Old Orchard Cherry Pomegranate
IGA Nutty Nuggets	Old Orchard Cranberry Pomegranate
Kroger Nutty Nuggets	Old Orchard Kiwi Strawberry
Schnucks Essential Choice Wheat & Crunchy	Old Orchard Peach Mango
Shurfine Nutty Crunchers	Old Orchard Pineapple
Shurfine Wheat Squares	Old Orchard Red Raspberry
Valu Time Bran Flakes	Schnucks Pineapple
Valu Time Corn Flakes	
Valu Time Frosted Shredded Wheat	<b>Removed Items</b>
Valu Time Toasted Oats	<b>Cold Cereals (Pages 7-9)</b>
	Clear Value Corn Flakes
<b>Hot Cereals (Page 10)</b>	Clear Value Frosted Shredded Wheat
Cream of Wheat-Whole Grain 2 1/2 Minute (18 oz)	Clear Value Toasted Oats
	Great Value Toasted Whole Grain Oats
<b>Juice for Women (Page 15)</b>	
* 11.5-12 oz Frozen Concentrate only	<b>Hot Cereals (Page 10)</b>
* Approved Brands and Varieties only	Cream of Wheat-Original 2 1/2 Minute (14 oz & 28 oz)
Hy Top Grape	
Kroger Pineapple	<b>Juice for Women (Page 15)</b>
Old Orchard Pineapple	Midwest Country Fare Orange