

See what's new at WIC!

Effective August 3, 2015

Infants (9-11 months) may receive **WIC checks** to purchase fresh fruits/vegetables instead of infant jar foods.

Ask WIC Staff for more information.

- Some/mostly breastfed & non-breastfed infants may receive \$4 WIC Check & 16 jars (4 oz)
- Fully breastfed infants may receive \$8 WIC Check & 32 jars (4 oz)

Children/women may receive infant jar foods instead of **WIC checks** with medical documentation from health care provider.

- Children:
32 jars (4 oz) instead of an \$8 WIC Check
- Women:
40 jars (4 oz) instead of a \$10 WIC Check



health.mo.gov/wic



Missouri
WIC
Eat Healthy. Stay Well.

Missouri Department of Health and Senior Services • WIC and Nutrition Services • 573-751-6204

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