

#1

BREASTFEED! MOM & BABY GET MORE FOOD (CATALOG #1107) 11.5" x 15" ONE SIDE

#2

MISSOURI WIC SAMPLE FOOD PACKAGES (CATALOG #1108) 11.5" x 15" TWO SIDED

BREASTFEED! Mom & Baby Get More Food

FULLY Breastfeeding

Mom - 0-1 year | Baby - 4-11 months | Baby - 9-11 months

At 9 months of age, infants may receive a check (\$8) to purchase 32oz fruit & vegetables in place of 32 (4 oz) jars of fruit & vegetables.

MOSTLY Breastfeeding

Mom - 0-1 year | Baby - 4-11 months | Baby - 9-11 months

At 9 months of age, infants may receive a check (\$7) to purchase 32oz fruit & vegetables in place of 32 (4 oz) jars of fruit & vegetables.

SOME/NON Breastfeeding

Mom - 0-5 months | Mom - 4-11 months | Baby - 4-11 months | Baby - 9-11 months

At 9 months of age, infants may receive a check (\$4) to purchase 32oz fruit & vegetables in place of 16 (4 oz) jars of fruit & vegetables.

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BREASTFEED! Mom & Baby Get More Food

FULLY Breastfeeding

Mom - 0-5 months | Mom - 4-11 months | Baby - 4-11 months | Baby - 9-11 months

MOSTLY Breastfeeding (Pregnant)

Mom - 0-5 months | Mom - 4-11 months | Baby - 4-11 months | Baby - 9-11 months

SOME/NON Breastfeeding

Mom - 0-5 months | Mom - 4-11 months | Baby - 4-11 months | Baby - 9-11 months

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Samples

Missouri WIC Sample Food Packages

Children

12-23 months | 24-37 months

Welcome to WIC! WIC staff are here to help you and answer any questions that you may have so you can eat healthy and stay well.

Food Package	Category	Eligibility
Food Package I (I)	Infants	This food package is designed for infants to infant participants from birth through age 12 months: <ul style="list-style-type: none"> Fully breastfeeding. The infant doesn't receive formula. Mostly breastfeeding. The infant is mostly breastfed but also receives infant formula up to the maximum quantity allowed for mostly breastfed infants. This food package is not available for infants 6-11 months. Fully formula fed or some breastfeeding. The infant is not breastfed or is breastfed and receives formula in excess of the quantity allowed for mostly breastfed infants.
Food Package II	Participants with qualifying conditions	This food package is reserved for infants to women, infants and child participants who have a documented qualifying condition that requires the use of a WIC formula (infant formula, wrong infant formula or WIC-eligible National Medical Documentation (NMD)) is required.
Food Package IV	Children 12-23 months	This food package is designed for infants to participants 12 months to 23 months of age.
Food Package V	Pregnant and Mostly Breastfeeding Women	This food package is designed for women to: <ul style="list-style-type: none"> Women participants with singleton pregnancies Women up to one year whose infants are mostly breastfed.
Food Package VI	Some Breastfeeding Women & Non Breastfeeding Women	This food package is designed for women to: <ul style="list-style-type: none"> Women up to 6 months postpartum whose infants are fully formula fed Women up to 6 months postpartum whose infants receive formula in excess of the quantity allowed for mostly breastfed infants.
Food Package VII	Fully Breastfeeding Women	This food package is designed for women to: <ul style="list-style-type: none"> Breastfeeding women up to 1 year postpartum whose infants do not receive infant formula from WIC. Pregnant women with two or more fetuses Mostly breastfeeding women with multiple infants from the same pregnancy Pregnant women who are mostly breastfeeding singleton infants. <p>Special: Women participants fully breastfeeding multiple infants from the same pregnancy receive 1.5 times the supplemental foods provided in Food Package VI.</p>
Monthly and Second Breastfeeding Review with Twelve		Women's Food Package
Twelve: Some breastfeeding under 6 months old.		The mother would receive Food Package VI.
Twelve: Some breastfeeding older than 6 months old.		If the infant is over 6 months of age, the mother would not receive a food package.
Twelve: One infant (some breastfeeding) and the other infant (mostly breastfeeding)		The mother would receive Food Package V because one of her infants qualifies to receive the mostly breastfeeding package.
Twelve: Food Package VI does not apply to a mother breastbreastfeeding multiple (Example: a 2 month old and a 7 month old)		