

### Nutrition Phase III Final Food Rule Training

Implementation August 3, 2015



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### Issuance of Soy Milk & Tofu

- Offered to women and children who are not able to consume milk for conditions not limited to
  - milk allergy,
  - lactose intolerance,
  - vegan diets,
  - cultural preferences
- Refer to policies ER 2.07800 and 2.07900 for guidance on documentation

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### New Infant Age Categories

- All infant age categories
  - 0 - 1 month
  - 1 - 3 months
  - 4 - 5 months
  - 6 - 8 months\*
  - 9 - 11 months\*
- New age categories\*
  - 6 - 8 months of age
  - 9 - 11 months of age

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### Food Package II & III Infants 9-11 months Overview

- NEW change
- Option of replacing half of the baby food fruit and vegetable benefit with a fruit and veggie cash value benefit (CVB) for **FRESH** fruits and vegetables
- Requires an individual documented assessment by the CPA/Nutritionist

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### Infants 9-11 months Overview Food Package II & III (cont.)

Food Package Includes

Category	CVB Amount	Baby Food F/V Amount	Meat Amount
Fully BF Infant	\$8.00	32 – 4 oz. containers	31 – 2.5 oz. containers
Partially BF Infant [Mostly and Some]	\$4.00	16 – 4 oz. containers	N/A
Full Formula Fed Infant	\$4.00	16 – 4 oz. containers	N/A

Only Fresh Fruits and Vegetables

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### Infants 9 – 11 months Individual Assessment Considerations

- Counseling staff should
  - explore how well the participant is able to use the baby foods
  - share information about ways baby foods can be used and mixed with table foods
- The food package shall take into account the
  - individual's age
  - dietary needs
  - medical and nutrition conditions
  - cultural eating patterns
  - willingness to consume a food
  - living situation

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### Infants 9 – 11 months Provide Nutrition Education

Discussion items for  
homemade and jarred  
baby food:

- Safe food preparation
- Storage techniques
- Infant feeding practices

**Emphasize** to the parent/caretaker the food is only for the participant for whom it was issued



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### Infants 9 – 11 months Nutrition Education Tab & WIC Health

- Code the topic
  - Nutrition Feeding 6 – 11 months
- WIC Health.org
  - Starting Your Infant on Solid Foods-Under Infants Lessons
  - Farm to Family: Keeping Food Safe-Under Family Lessons
  - Keep Your Family Safe From E. Coli-Under Parents Lessons
  - Be Healthy with Fruits and Veggies--Under Parents Lessons

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### Infants 9 – 11 months Participant Record Documentation

- Document the reason(s) for tailoring the package
  - For example: mom’s request, baby is eating more textured foods (increase in table food), the baby doesn’t like the baby food, limited varieties of the approved baby food, etc.
- Document the duration of food package tailoring

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### Infants 9 – 11 months Food Instrument Guidance

- If vouchers have already been issued for baby food for the 9-11 month period, the participant must return the unused vouchers for all of the baby food before the fruit and veggie CVB option can be issued
- If any portion of the baby food benefit has been spent, then only vouchers for future months can be replaced
- Participants cannot return purchased baby foods to the WIC clinic to exchange for the infant CVB

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### Food Package III Children & Women

- New
- Children and women with certain qualifying medical conditions who would benefit from pureed food are now eligible to receive infant food fruits and vegetables in lieu of the fruit and vegetable cash value voucher
  - Medical Documentation (WIC-27) is required

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### Food Package III Children & Women (cont.)

Category	Baby Food Fruit and Vegetable Amount	Minus Fruit and Vegetable CVB
Children	32 – 4 oz. containers	\$0
Prenatal	40 – 4 oz. containers	\$0
Breastfeeding women [Mostly and Some]	40 – 4 oz. containers	\$0
Fully Breastfeeding women with multiples	60 – 4 oz. containers F/V	\$0

When baby food is issued in food package III it replaces the cash value benefit of their fruit and vegetable checks

It is possible the package could have both regular food and infant baby food issued in the same food package.

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### Food Package III Children & Women (cont.)

- Provide nutrition education on
  - Safe food preparation by removing the desired amount of food from the infant food container using a clean spoon.
  - Once a container is opened, it should be stored in the refrigerator.
  - The food should be used within 48 hours.
  - Emphasize that the baby food is only for the participant to whom the food was issued.

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### Implementation August 3<sup>rd</sup>.

- If you have any additional questions regarding this training please contact your district nutritionist.

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