Traumatic Brain Injury

Have you ever?

- Fallen and hit your head
- Been in an accident (automobile, bicycle, four-wheeler, motorcycle, etc.)
- Been assaulted or abused
- Had a sports injury
- Been told you have a concussion
- Had a workplace accident
- Been hit by a bullet or blast
- Served in active duty military in a war zone

If you answered yes to any of these questions, you may have experienced a brain injury. The Adult Head Injury Program may be able to help.

Symptoms of mild traumatic brain injury:

Do you have:

- Headaches
- Dizziness
- Seizures
- Excessive fatigue (tiredness)
- Mood Swings (easily frustrated, anxious, angry, depressed, low self-esteem)
- Ringing in the ears
- Vision change
- Weakness or paralysis

Consequences of mild traumatic brain injury:

Do you have difficulty with:

- Balance and coordination
- Concentration
- Forgetting things (memory problems)
- Learning new things
- Sleep
- Speech and language (expressing thought or not understanding what is said)
- Physical disabilities
- Paying attention
- Problem solving

Support is provided in part by project H25MC00264 from the Maternal and Child Health Bureau (Title V, Social Security Act), Health Resources and Services Administration, Department of Health and Human Services.”