



Free Eating Disorders Online Trainings Now Available for Medical Professionals!

The Missouri Eating Disorders Council 360 Program, our training initiative, is offering online training in evidence-based practices for eating disorders for medical professionals. These are top-notch trainings conducted by renowned eating disorder experts and will give providers the skills they need to screen for and address eating disorders effectively.

Screening, Symptom Recognition, and Referral to Treatment for Eating Disorders in Pediatric Primary Care Settings

Online training webinar offering **FREE CME credits for MDs, NPs, and PAs** from the Strategic Training Initiative for Prevention of Eating Disorders (STRIPED) at the Harvard T.H. Chan School of Public Health and the Eating Disorders Coalition, supported by the federal Office on Women’s Health within the U.S. Department of Health and Human Services. This training is **designed for primary care providers who treat children, adolescents, and/or young adults**. Presenters are **Sara Forman, MD** and **Holly Gooding, MD, MSc**, both of **Boston Children’s Hospital** and **Harvard Medical School**.

There currently is a dearth of training opportunities on this topic for primary care providers, which results in disparities in diagnosis and treatment and missed opportunities for healing and recovery. This training program, which includes many role plays and practical strategies and tools, will provide training to help busy pediatric primary care providers to:



Sara Forman, MD



Holly Gooding, MD, MSc

1. Recognize the types and consequences of EDs and gaps in care among children, adolescents and young adults in the United States.
2. Identify potential signs and symptoms of EDs in children, adolescents and young adults and perform screening with a validated ED screening questionnaire.
3. Use an interactive online tool to identify local specialists and refer patients when screening indicates concern.

Registration Option	Requirements	Time Commitment	CME credits
OPTION 1:	Webinar only	1 hour	N/A
OPTION 2:	Pre-webinar survey + Webinar + Post-webinar survey	1+ hour	1 CME credit
OPTION 3:	Pre-webinar survey + Webinar + Post-webinar survey + Spaced learning questions* + Follow-up survey	3 hours – over the course of 2 months	3 CME credits

* Brief reinforcement questions/answers delivered to your mobile device or email over the course of eight weeks following the webinar (2 questions at a time, delivered 2-3 times per week)

For **Option 1**: You can access the webinar video here:

<https://www.hsph.harvard.edu/striped/webinar-videos/>

For **Options 2 & 3**: Please fill out this **REGISTRATION PAGE** first

(https://docs.google.com/forms/d/e/1FAIpQLSdj25VlaA8inwhbPFXvc36srXMCKrbAaas4wM0FY1tb_Ay5aA/viewform) and choose which option above you wish to register for. *Please ignore the instructions around OPENPediatrics, as this is no longer necessary.*

If you select **Option 2**, completing these steps will earn you 1 CME credit:

1. Complete the pre-webinar survey: <https://www.surveymonkey.com/r/CPN6QJ3>
2. Watch the webinar and view the resources: <https://www.hsph.harvard.edu/striped/webinar-and-e-course-screening-symptom-recognition-referral-to-treatment-for-eating-disorders-in-pediatric-primary-care-settings/>
3. Complete the post-webinar survey: <https://www.surveymonkey.com/r/S53NRR3>

If you wish to earn 3 CME credits, you can register for **Option 3** in the registration form. Complete the three steps above, and the spaced learning questions and a final 2-month follow-up survey will be sent to you, as well, following completion of the post-webinar survey.

For any questions about this webinar in particular, please contact the STRIPED Program Manager, Erin Gibson, at erin.gibson@childrens.harvard.edu.

School Nursing and Eating Disorder Detection, Intervention, and Care

In this **online training webinar** designed for **school nurses**, **Stephanie Bagby-Stone, MD** of the **University of Missouri School of Medicine** gives an overview of current definitions, presenting concerns, risk factors, and warning signs of eating disorders. Comorbid medical and psychiatric conditions are also discussed. She focuses in on topics specific to eating disorders in school settings including methods of recognition and intervention. Treatment is described, as are other resources for students with eating disorders and their families.

You can access the webinar video here:

<https://missouri.app.box.com/s/f4k2syxa2bhc4ostvau6aug13tqk51h7>



**Stephanie Bagby-
Stone, MD**

If you have any questions, please contact Dr. Ellen Fitzsimmons-Craft of Washington University School of Medicine in St. Louis at fitzsimmonse@wustl.edu, Executive Director of the Missouri Eating Disorders Council's 360 Program.