



# MISSOURI ASSOCIATION OF SCHOOL NURSES

## Annual Spring Conference 2022

### *School Nurses – Helping Students Soar to New Heights*

April 2 & 3, 2022

Holiday Inn SW Route 66

St. Louis, MO 63127



This activity has been submitted to the Midwest Multistate Division for approval to award nursing contact hours. The Midwest Multistate Division is accredited as an approver of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation. For more information regarding contact hours, please email Peggy Karleskint at [pegksrn@aol.com](mailto:pegksrn@aol.com)

Hosted by Jefferson County School Nurse Association, St. Louis City School Nurse Association and Southeast School Nurse Association

Co-Sponsored by MASN, Missouri Department of Health & Senior Services, and Department of Elementary and Secondary Education Missouri Healthy Schools grant

## Overall Conference Goals

The goal of the conference is to increase the knowledge base of the school nurse by presenting a variety of pertinent topics. The purpose of the presentations is to foster and support learning, dialogue and collaborations that will improve the performance of school health professionals working to impact the health, safety and well-being of children.

## Program Objectives

At the end of this conference participants will be able to:

- 1) Incorporate innovative strategies and information into school health practice
- 2) Formulate strategies to promote health in the school environment and community
- 3) Expand professional networks

## Keynote and General Session speakers

**John O’Leary** – Expected to die, John O’Leary now teaches others how to truly live. John was a curious nine-year-old boy. Playing with fire and gasoline, he created a massive explosion in his garage and was burned on 100% of his body. Given less than 1% chance of survival, John is proof of the power of the human spirit. His unlikely recovery meant a journey of pain and loss that could have easily been insurmountable. Surprisingly, this “survivor” story isn’t focused on John – rather, it is a celebration of heroes who intimately served him and his family. From a dedicated Hall of Fame sports announcer to a visionary burn nurse (and countless others), every individual involved teaches us this truth: One person can make a profound difference in the lives of others. John will appear via a video presentation.

**Anne Sebert Kuhlman, PhD, MPH** – With over 20 years of research experience in maternal, reproductive, and sexual health in low-resource settings both domestically and internationally, Dr. Kuhlmann has been a leading researcher in the U.S. around menstrual hygiene and period poverty. She conceptualized and oversaw the statewide survey of school nurses about period product resources in their schools and needs of their students, the results of which will be presented during the session

**Dora Wallace Washington, Ed.D** – Dr. Dora Washington is an overcomer of childhood trauma. She leads Tower of Hope Ministries, a non-profit organization dedicated to helping survivors triumph over trauma. She is a sought-after trainer of teachers, coaches, counselors, and health-care professionals, as well as church and community groups. She is an expert in the field, with her research on *The Impact of Childhood Trauma on Higher Education Students*. Dr. Washington specializes in bringing awareness of the extensive life-long effects of trauma on children and their brains. Her approach will give you the tools you need to identify and help the children in your care—our most valuable resource.

**Jennifer Goldman, MD & Jennifer Schuster, MD** are pediatric infectious diseases physicians at Children’s Mercy Kansas City. Since the beginning of the COVID-19 pandemic, “The Jens” have provided resources and expertise for schools, school districts, policy makers, and public health officials related to pediatric COVID-19, the safe return to in-person learning, strategies to mitigate the spread of COVID-19, and implementation of COVID-19 testing in schools.



## **Conference Schedule**

### **Friday, April 1, 2022**

9:00 am – 4:00 pm

**Missouri Association of School Nurses Board of Directors meeting**

6:00 pm to 9:00 pm – (Concourse)

**Early Conference Registration/check in**

**Networking in Hospitality area**

**Exhibits in Riviera Ballroom**

## **Saturday April 2, 2022**

**7:30 am -- 8:00 am      Registration, Breakfast (Concourse/Cadillac A)**

**7:15 am – 8:15 am      Exhibits (Monte Carlo/Riviera)**

**8:15 am      Welcome/Introductions – Teri Hansen, MASN President (Cadillac A)**

**8:30 am -- 9:30 am      The Power of One**

**John O’Leary (video presentation)**

**9:30 am to 10:00 am      Break/Exhibits (Riviera)**

**10:00 am – 11:00 am      Period Poverty – Anne Sebert Kuhlmann**

**11:00 am – 12:30 pm      Visit Vendors in Riviera Ballroom; lunch served at 11:30**

**12:30 pm – 1:00 pm      MASN Annual Meeting, and MASN Awards (Cadillac)**

**1:10 pm – 2:10 pm      Concurrent session I (Choose one)**

- A. MO is the Bull’s Eye for Several Vector-Borne Diseases, Sharon Simms, DHSS** – Where and when are students at risk for vector-borne diseases? Learn to communicate key messages on tick and mosquito-borne disease, bite avoidance and more.
- B. Community Partnerships and Engagement: Washington University Dept. of Pediatrics and St. Louis Children’s Hospital** – Highlights of school-based partnerships including the telehealth pilot, KidCare App and an overview of the diabetes van and planned services.
- C. Asthma in Schools Update, Deb Cook, RN** – What’s new in asthma treatment and school treatment? What resources are available for students and families? Asthma is likely the most common chronic life-threatening condition we encounter in schools and effects attendance and performance and achievement.
- D. Supporting Children’s Grief, Tina Edholm, EdS** – Increase your knowledge and skills to proactively meet needs of children and families in academic settings related to grief. The program will define death, grief, ambiguous loss, and myths around children and grief. Throughout the program participants will learn to implement strategies to support bereaved youth and families.

**2:10 pm – 2:20 pm      Break**

**2:20 pm – 3:20 pm                      Concurrent Session II (choose one)**

- A. Understanding Seizures and the Impact of Epilepsy, Bridgit Patterson –**  
Epilepsy and seizure disorders are common chronic conditions that can affect student safety and academic outcome. This session will increase the understanding of seizure recognition, first aid and new treatments. Participants will be able to describe the impact of epilepsy on student learning, behavior, and quality of life, and discuss tools for supporting students with epilepsy.
- B. MO KIDS TEAMS – Missouri Keeping Infectious Disease out of Schools via Training, Education, Assessment, Mentoring and Support, Marjorie Cole, MSN, RN, FASHA and Benjamin Pringer –** The MO KIDS TEAMS project provides training, resources, and technical assistance to improve the capacity of school districts to implement effective COVID-19 mitigations, build an infrastructure for infection prevention and control (IPC), and prepare for future infectious disease risks. Participating school districts will form a 5-member team consisting of a nurse, administrator, and facilities manager from the district; a public health agency representative; and a local medical provider or pediatrician.
- C. Getting Back to Normal – A Focus on our School Nursing Practice, Renee Falkner, BSN, RN and Jessica McKee, BSN, RN –**The roller coaster of pandemic response and mitigation for school nurses prioritized communicable disease interventions over all other school health activities. Working in a constant “crisis mode” has left little time to address health related barriers to educational access for students such as the management of chronic health conditions, assuring access to health care, meeting mental health needs, and facilitating student/school/community well-being. This session will provide valuable and relevant resources to help you get your school nursing practice “back to normal”.
- D. Diabetes and Technology: School Nurses Rising to the Challenge, Katherine Park, DNP, RN, NCSN –** The growing use of technology in insulin delivery systems and glucose monitoring has changed diabetic management in the school setting. Learn about the nurse’s role in managing diabetes care, triaging tech issues, and training school staff.

**3:20 pm - 3:30 pm                      Break**

**3:30 pm – 4:30 pm                      Concurrent Session III (choose one)**

- A. Return to Learn Utilizing *Get Schooled on Concussion*, Linda Neumann, RN –**  
*Get Schooled on Concussions* is a tool to make concussion manageable in the classroom. This is a *train the trainer* session for school nurses utilizing the video, *Return to Learn*. Afterwards, the group will explore/discuss the *Get Schooled on Concussion* website to learn about TACT as well as other evidence-based concussion resources for school nurses, counselors and teachers.

- B. Working Smarter, Not Harder: An Introduction to the School Nurse Chronic Health Assessment Tool (SN CHAT), Marjorie Cole, MSN, RN, FASHA** – The SN CHAT helps school nurses efficiently gather information about students with chronic health conditions. A school nurse can use this tool to guide conversations in person or via phone; learn the unique health needs of an individual student and then decide if an Emergency Action Plan (EAP) and or an Individualized Health Care Plan (IHP) is necessary.
- C. School Nurse Showcase** – Have you ever had a good idea? Of course, you have! Learn how several of your peers have developed toolkits, been published or have been successful in negotiating greater recognition and compensation for school nurses. Scheduled to present: Dottie Bardon, MEd RN, NCSN; Rebecca Cartmill, MSN, NCSN; Katherine Park, DNP, RN, NCSN; Mary Wagner, RN; Jane Sykes, RN.
- D. Healthy School Environments: Impacts on Chronic Disease, Absenteeism and Student Performance, Luke Gard, CIEC, CMC, BOC** – School nurses play a key role in managing the health of students and staff, and as such they are on the forefront of helping identify environmental concerns that may exist. This session will focus on providing an overview of key environmental health concepts and simple steps to create healthy building environments to help reduce illness, reduce absenteeism, and improve school performance.

**Enjoy the evening and see you in the morning!**

**Sunday, April 3, 2022**

**8:00 am – 8:45 am Breakfast**

**8:45 am – 9:00 am Welcome Back/Installation of Officers**

**9:00 am – 10:15 am**

**COVID 19: What Have We Learned and Where Are We Going?**

**Dr. Jennifer Goldman and Dr. Jennifer Schuster**

**10:15 am – 10:30 am Break**

**10:30 am – 11:30 am**

**Mending Broken Wings: Helping Children to Fly**

**Dr. Dora Wallace Washington**

**11:30 am Wrap up, door prizes and Evaluations**



*MASN reserves the right to substitute speakers due to emergency or cancellation.*

*MASN reserves the right to use participants' image or voice recording unless otherwise informed by the participant. Please dress in layers for your comfort.*

[Link](#) to on-line registration

For more information, [www.missourischoolnurses.org](http://www.missourischoolnurses.org)

### Hotel Information



### **Holiday Inn St Louis SW - Route 66**

The hotel has everything you need for a comfortable stay. Free Wi-Fi in all rooms, 24-hour front desk, facilities for disabled guests, express check-in/check-out, luggage storage are on the list of things guests can enjoy. Each guestroom is elegantly furnished and equipped with handy amenities. The hotel's peaceful atmosphere extends to its recreational facilities which include hot tub, fitness center, golf course (within 3 km), outdoor pool, indoor pool. Convenience and comfort makes Holiday Inn St Louis SW - Route 66 the perfect choice for your stay in Saint Louis (MO).

A block of rooms is available for a special conference rate of \$96 per night until **March 17**. Please use this [link](#)

or call 1-877-666-3243 and mention MO Association of School Nurses.