

MISSOURI RURAL HEALTH ASSOCIATION



A man and a child are walking away from the camera through a field of tall, golden grass. The sun is low on the horizon, creating a warm, golden glow. The man is on the left, wearing a plaid shirt, and has his arm around the child's shoulder. The child is on the right, holding a bundle of grass. Above the scene is a stylized rainbow graphic with curved bands in green, gold, red, white, and blue.

OUR MISSION

Safeguarding and
improving the health
of rural Missourians.

LINK. ENGAGE. SUSTAIN.

OUR SERVICES

MRHA accomplishes its mission by engaging in partnerships and providing leadership on rural issues through advocacy, communication, and education.

CONNECT

Whether it's connecting partners with resources, utilizing MRHA's outreach channels, or providing education, we are here to serve our rural communities.

ADVOCATE

MRHA serves as a voice for rural communities. MRHA invites you to join us in advocacy and education efforts so everyone can make informed decisions.

EDUCATE

Our annual conference and education events bring together resources and expertise so you can stay informed of the latest news and information impacting the health and wellbeing of rural communities.

ASSIST

MRHA provides technical assistance, training, resources, and tools, as well as facilitates assessments and research to address needs of rural communities.



**Health
Tran**
GET LINK'D





Meeting the Transportation Needs of Rural Communities

- ✓ HealthTran partners with community champions, agencies, health care providers and key stakeholders to improve access to health care through a community-based transportation solution.
- ✓ HealthTran empowers rural communities to close the transportation gaps that create barriers to health and wellbeing.
- ✓ HealthTran recruits volunteer drivers with a heart for service and desire to improve lives and their community.



We Drive Rural Health

LEARN MORE

573-616-2740

mrhassociation.org/healthtran



Caregiver Relief & Training Program



ALZHEIMER'S ASSOCIATION®

Funded by:



MISSOURI DEPARTMENT OF
HEALTH &
SENIOR SERVICES

Caring for a loved one
with memory loss?

Caregivers need support too.



**Caregiver
Relief & Training
Program**

EDUCATION | RESOURCES | TRAINING

This program offers a free in-home assessment, caregiver education, connection to needed community resources, and much more!

Contact MRHA today:

1-573-415-7343

caregiver@morha.org



LEARN MORE @ <https://mrhassociation.org/caregivers/>

Technical Assistance

- **Telehealth / Teleconsult – MFH | AVEL**
- **Rural Opioid Response – HRSA RCORP | MU HEALTH**
- **Mobility Management Certification Program - FTA**
- **Adult Immunization Practices - DHSS**

LEARN MORE

573-616-2740

mrhassociation.org



Visit With Us Today



MRHA

Missouri Rural
Health Association