Baby teeth are important!

They help your child:
- chew food
- speak normally
- hold space for adult teeth
Help protect your child’s teeth by:

- Never sharing pacifiers or utensils because bacteria is passed from one mouth to another.
- Never putting a baby to bed with a bottle.
- Only feeding them milk, water, and healthy food.
- Wiping baby’s gums with a clean, damp washcloth. Once the first tooth appears, brush teeth gently with a child-size toothbrush.

Schedule your baby’s first visit to a dentist after first tooth appears and before first birthday.

Learn more about the importance of Baby Teeth at:

MouthHealthy.org

health.mo.gov/living/families/oralhealth/

Office of Dental Health
(573) 751-5874
oralhealth@health.mo.gov

An EO/AA employer: Services provided on a nondiscriminatory basis. Individuals who are deaf, hard-of-hearing, or have a speech disability can dial 711 or 1-800-735-2966.