KNOW THE FACTS

Dental care, even x-rays, are safe during pregnancy!

It is recommended to see the dentist every six months.

Gum disease can cause problems during pregnancy including preterm delivery.
Protect your teeth:
- Have a dental check-up every six months.
- Let the dentist know that you are pregnant.
- Brush twice a day with fluoride toothpaste.
- Floss between teeth.
- Drink plenty of fluoridated water.
- Limit sugary foods.

Medicaid has comprehensive dental benefits during and six weeks after pregnancy.

Learn more about oral health and pregnancy at:

MouthHealthy.org
health.mo.gov/living/families/oralhealth/
mydss.mo.gov/healthcare/mohealthnet-for-pregnant-women-and-newborns

Office of Dental Health
(573) 751-5874
oralhealth@health.mo.gov

An EO/AA employer: Services provided on a nondiscriminatory basis. Individuals who are deaf, hard-of-hearing, or have a speech disability can dial 711 or 1-800-735-2966.