



DENTAL SEALANTS

What You Need to Know

- Sealants add an extra level of protection for your back teeth.
- Most private dental insurance providers and MO HealthNet (Medicaid) cover sealants at no charge!
- They are easy to apply and help reduce the risk of decay to keep your mouth healthy.
- Each tooth sealed saves more than \$11 in dental treatment costs.

FREQUENTLY ASKED QUESTIONS

What are sealants?

Sealants act as a shield for your teeth. They are thin protective coverings that are applied to pre-molars and molars (back teeth), because the chewing surfaces are hard to keep clean.

What do sealants do?

Sealants protect your teeth against the bacteria (germs) that can cause tooth decay (cavities).

How are sealants applied?

Sealants are painless and easy to apply. The tooth is dried, the sealant is painted on and it hardens in a matter of seconds.

What happens next?

Keep up with your regular dental hygiene; brush twice a day, floss and use mouthwash. Avoid sugary beverages and drink fluoridated water instead. Limit snacking and choose foods that will keep your teeth strong. Your dental provider will look at your mouth again at the next visit to make sure the sealants are still in place. Enjoy the added protection of your new sealants!

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