

**T**EL-LINK is  
the Missouri  
Department of  
Health and Senior  
Services' confidential, toll-free  
telephone line for maternal and  
child health care.



*The purpose of TEL-LINK is to  
provide information and referrals  
to Missouri residents concerning  
a wide range of health services.  
Callers are given referrals and then  
are transferred immediately to the  
appropriate agency.*

*Making sure you and your family  
members are healthy is a huge  
responsibility. It's also one of the  
most important things you can do.*

*When you and other  
family members are  
healthy, both physically  
and mentally, that's one  
less thing you have  
to worry about.*



# TEL-LINK can help you if

- You want to put your child on the road to a healthy future by having him or her receive regular checkups. Regular health screenings for children are the best way to know that they are okay.
- You are pregnant and need prenatal care. Taking care of yourself now by seeing a doctor regularly and eating right is the best thing you can do for your baby.
- You want to get your children started on a healthy diet. When children eat well-balanced meals, they grow up better able to learn and develop to their full potential.
- You want to protect your child from dangerous infectious diseases like polio, measles and mumps. If your children are not immunized by the time they are two and they get one of these or other diseases, their lives and futures could be at risk.
- You have been raped or sexually assaulted. We can put you in touch with someone who will listen and help you cope.
- You know someone who has a developmental disability. We can connect you with services that provide assessment and case management for persons with developmental disabilities such as Down syndrome, cerebral palsy, head injuries, autism, epilepsy and certain learning disabilities.
- You or someone you know has an alcohol or drug problem. We can connect you to someone who will help you deal with the problem and get you, your friends or a loved one on the road to recovery.



T E L - L I N K

**G**et connected to better health.

Just pick up the phone and call  
**800-TEL-LINK (800-835-5465)**  
and we'll connect you to someone  
who can help.

*Your call is free  
and confidential.*



# TEL-LINK

*will connect you to*

- ❖ Alcohol and drug abuse prevention programs and treatment centers
- ❖ Area offices for children with special health care needs
- ❖ Child care resource and referral agencies
- ❖ Child support enforcement agencies
- ❖ Community health centers
- ❖ Domestic violence shelters
- ❖ Family support offices
- ❖ Local public health agencies
- ❖ Mental health centers
- ❖ Non-emergency medical transportation services (Medicaid-eligible only)
- ❖ Pregnancy assistance providers
- ❖ Prenatally diagnosed birth defects information line
- ❖ Regional habilitation centers
- ❖ Sexual assault helpline
- ❖ Vaccines for Children providers
- ❖ Women, Infants & Children (WIC) agencies
- ❖ Other health care agencies



## 800-TEL-LINK

(800-835-5465)

*Missouri's Resource  
for Maternal and Child  
Health Care*



Calls are answered  
Monday through Friday,  
between 8 a.m. and 5 p.m.  
Recorded message after hours.

[www.health.mo.gov/tellink](http://www.health.mo.gov/tellink)

**Missouri Department  
of Health and Senior Services**

Division of Community and Public Health  
P.O. Box 570  
Jefferson City, MO 65102

Alternate forms of this publication for persons with disabilities  
may be obtained by contacting the Missouri Department of  
Health and Senior Services at  
573-751-6266.

Hearing- and speech-impaired citizens can dial 711.

AN EQUAL OPPORTUNITY/AFFIRMATIVE ACTION EMPLOYER  
Services provided on a nondiscriminatory basis.

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**Missouri Department of Health  
and Senior Services**