Family history is one of the most important factors for health problems like heart disease, stroke, diabetes and cancer.

Family history refers to health information about you and your close relatives.

Family history is one of the most important factors for health problems like heart disease, stroke, diabetes and cancer.

genes + family + environment + lifestyle

Knowing the risk factors of certain diseases that run in your family can help you plan for a healthier life.

Missouri Department of Health and Senior Services • Bureau of Genetics and Healthy Childhood