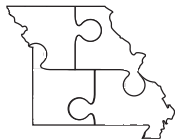


Ice Breaker

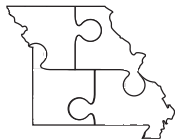
What experiences have
you learned from?



Connect with Me

Ice Breaker

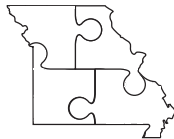
What topics do you talk about with friends that you would not normally with an adult? Who do you think knows more about those topics?



Connect with Me

Start talking!

What would a perfect family look like? Why?

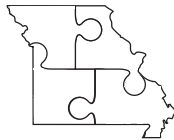


Connect with Me

Keep going!

How do you want your future family to be different from the family you have now?

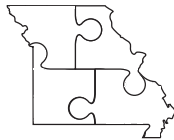
How do you want it to be the same?



Connect with Me

Start talking!

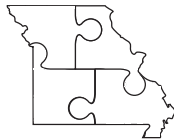
Messages about sex are all around us. Where are you getting your information about sex?



Connect with Me

Keep going!

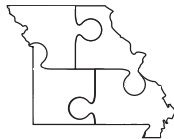
What messages do you believe? What have you questioned?



Connect with Me

Start talking!

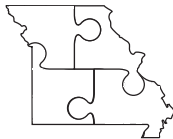
What are reasons some people say “no” to sex? What are some reasons people say “yes” to sex?



Connect with Me

Keep going!

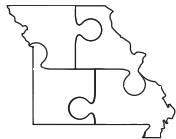
What should someone do
before having sex?



Connect with Me

Consider This...

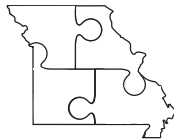
Trauma can be defined as, “a deeply distressing or disturbing experience.” Each person’s experience is different, so one may see an event as traumatic while another does not.



Connect with Me

Consider This...

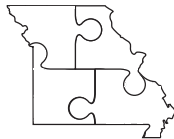
Different types of traumatic events that may need to be discussed could include divorce, break-ups, bullying, suicide attempt or a death of someone, family or dating violence, natural disasters, sexual abuse, etc.



Connect with Me

Start talking!

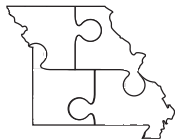
What are some traumatic events you have heard about?



Connect with Me

Keep going!

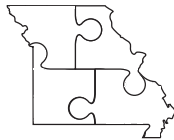
Everyone reacts differently to traumatic events. What reactions have you seen from other people?



Connect with Me

Start talking!

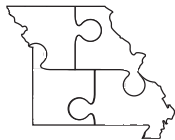
What traumatic events have happened to your friends and/or family? How have they handled it?



Connect with Me

Keep going!

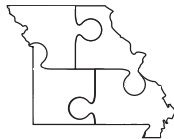
How could you help someone who has been through a traumatic event?



Connect with Me

Start talking!

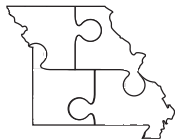
Everybody experiences trauma at some point in their life. Who can you talk to about a traumatic event?



Connect with Me

Keep going!

What could make it hard to heal from a traumatic event? What could make it easier?



Connect with Me