Ice Breaker

Would you rather go to a party with a lot of people you barely know or spend time at home with a few close friends?



Ice Breaker

What is your favorite commercial jingle? Can you sing it?



What are you hearing about substance abuse?



Do those messages make a difference?



How do you define substances? Give a list of examples.



What kind of substance are you aware of in your school/community?



What are some examples of drugs and alcohol used in the media?



How do these examples affect decisions you and your friends make?



What effects of substance use have you seen?



How does that make you feel?



Why do you think some young people use substances?



What might be some consequences/advantages?



Why do you think some young people choose not to use substances?



What might be some consequences/advantages?

