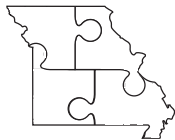


Ice Breaker

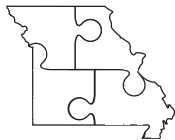
What adult privileges are you looking forward to?



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Ice Breaker

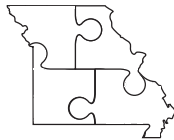
What adult responsibilities are you not looking forward to?



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Start talking!

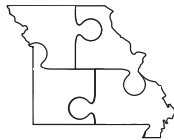
What big changes are
happening in your life?



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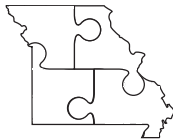
How do those changes
make you feel?



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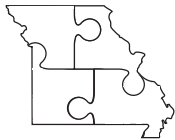
What are you doing to prepare for _____? (An upcoming change/transition).



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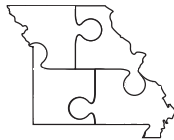
What do you still need to learn to feel ready? Where can you find help?



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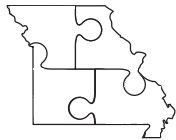
What are you most looking forward to in the next few years?



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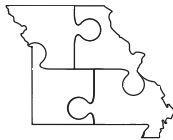
What obstacles do you think you will face? What are your plans to overcome them?



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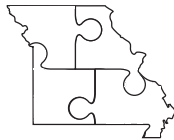
Change often brings stress. Do you know anyone that went through a big life change? How did they cope?



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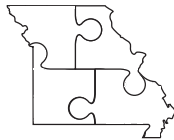
What would you have done in that situation?



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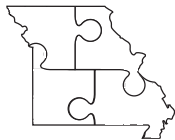
What do you want your future
to look like?



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What steps do you need to take
to get there?



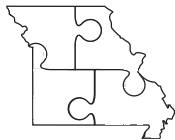
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Know Before You Go

Here are some suggested conversations to have with youth before they are on their own (schooling, move out, get a job, military, etc.).

“Do you know how to...”

- Manage money? (pay taxes, credit/debit cards, budgeting, online banking, apply for loans)
- Schedule health related appointments?
- Do laundry?
- Cook healthy meals?
- Use public transportation and vehicle maintenance?
- Find employment?
- Practice good hygiene?
- Interview and follow a dress code?
- Wake up and be on time (punctual)?
- Have manners or be respectful of others?
- Communicate effectively with others?



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