

## ACTIVITIES TABLE

### NSES Elementary Trainings 2017

Additional elementary lessons plans are available at:

- [Common Sense Media](#)
- [Anti-Defamation League](#)
- [FLASH](#)
- [Advocates for Youth The 3 R's](#)

| NSES Topic             | Grade | Source                         | Title of Activity or Video<br>(with hyperlinks)                       |
|------------------------|-------|--------------------------------|---|
| Anatomy and Physiology | K-2   | ReCAPP                         | <a href="#">Our Amazing Bodies- Every Part Deserves a Proper Name</a> |
| Anatomy and Physiology | 5     | Storybooth<br>(YouTube)        | <a href="#">Getting "The Talk" in School (2:37)</a>                   |
| Anatomy and Physiology | 5     | Kids Health<br>(Video)         | <a href="#">Am I Normal? Girls and Puberty (1:56)</a>                 |
| Anatomy and Physiology | 5     | (Kids Health)<br>Video         | <a href="#">What Boys Want to Know About Puberty (3:55)</a>           |
| Anatomy and Physiology | 5     | Always                         | <a href="#">Always Changing and Growing Up (18:45)</a>                |
| Anatomy and Physiology | 5     | Amaze (Video)                  | <a href="#">Top Signs Boys are in Puberty (3:24)</a>                  |
| Anatomy and Physiology | 5     | Amaze (Video)                  | <a href="#">Top Signs Girls are in Puberty (1:57)</a>                 |
| Anatomy and Physiology | 5     | WebMD<br>(Slideshow)           | <a href="#">What Girls Need to Know About Growing Up</a>              |
| Healthy Relationships  | 1-3   | Lesson Plans<br>Page           | <a href="#">Friendship Flowers</a>                                    |
|                        |       |                                |   |
| Healthy Relationships  | 5     | The 3 R's                      | <a href="#">Being Clear With Your Friends, Lesson 5</a>               |
| Identity               | 2-5   | YouTube Video                  | <a href="#">Toys &amp; Gender- Riley on Marketing (1:11)</a>          |
| Identity               | K-3   | ADL Curriculum                 | <a href="#">Toys and Gender</a>                                       |
| Identity               | 2-5   | ADL Curriculum                 | <a href="#">Mo'Ne Davis &amp; Gender Stereotypes</a>                  |
| Identity               | 4-5   | The Welcoming<br>Schools Guide | <a href="#">Making Decisions: Ally or Bystander</a>                   |
|                        |       |                                |   |

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|---------------------------------------|-----|---------------------------------|--|
|                                       |     |                                 |  |
| Personal Safety                       | 4-6 | F.L.A.S.H.                      | <a href="#">Sexual Exploitation, Day 1</a>           |
| Personal Safety                       | 4-6 | F.L.A.S.H.                      | <a href="#">Sexual Exploitation, Day 2</a>           |
| Pregnancy and Reproduction            | 4-6 | F.L.A.S.H.                      | <a href="#">Pregnancy, Day 1</a>                     |
| Pregnancy and Reproduction            | 4-6 | F.L.A.S.H.                      | <a href="#">Pregnancy, Day 2</a>                     |
| Puberty and Adolescent Development    | 4-6 | F.L.A.S.H.                      | <a href="#">Puberty, Day 1</a>                       |
| Puberty and Adolescent Development    | 4-6 | F.L.A.S.H.                      | <a href="#">Puberty, Day 2</a>                       |
| Puberty and Adolescent Development    | 4-5 | Dove (YouTube)                  | <a href="#">Change One Thing (1:13)</a>              |
| Puberty and Adolescent Development    | 3-5 | Common Sense Media              | <a href="#">Picture Perfect</a>                      |
| Puberty and Adolescent Development    | 5   | Amaze (Video)                   | <a href="#">All About Getting Your Period (2:27)</a> |
|                                       |     |                                 |  |
|                                       |     |                                 |  |
| Sexually Transmitted Diseases and HIV | K-3 | Alliance for Consumer Education | <a href="#">Glitter Germs Lesson Plan</a>            |
| Sexually Transmitted Diseases and HIV | K-3 | Kids Health (Video)             | <a href="#">How the Immune System Works (7:26)</a>   |
| Sexually Transmitted Diseases and HIV | 4-5 | F.L.A.S.H.                      | <a href="#">HIV &amp; AIDS, Year 1, Day 1</a>        |
| Sexually Transmitted Diseases and HIV | 4-5 | F.L.A.S.H.                      | <a href="#">HIV &amp; AIDS, Year 1, Day 2</a>        |