

# Friday Facts

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**Public Health**  
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## HIGHLIGHTS

### **MODEL FOR ADAPTIVE RESPONSE TO COMPLEX CYCLIC DISASTERS (MARCCD) RELEASE**

The Model for Adaptive Response to Complex Cyclic Disasters, or MARCCD, highlights our bodies' response to stress and trauma. Most of the time, we can absorb stress and regulate our emotions.

When stress is too severe, or when it lasts for too long, our normal coping skills may not be enough, and we can either be overwhelmed or shut down. In an under-regulated state, extreme stress can cause us to have extremes of anxiety or irritability, disrupted sleep, and leave us feeling distracted and overwhelmed. Extreme stress can also lead to an over-regulated state in which we feel numb or shut down.

Recovery requires an ability to work together. Anything we can do individually to move toward Adaptive Response will help us and our entire community recover more quickly. The second video of this 3-part series, [Understanding Stress and Recovery \(Part II\)](#), is now available for viewing.

### **HEART DISEASE AND PREGNANCY**

The [Healthy Moms Healthy Babies](#) website offers information for moms and providers. A new addition to the site is the American Heart Association (AHA) information for moms to review [during](#) their pregnancy.

The AHA reports that heart disease is the No. 1 killer of new moms. It is important that women understand how to care for themselves and their baby. Visit: [AHA Go Red for Women](#) for important information on risk factors, heart conditions, and getting and staying healthy during pregnancy. The site offers firsthand stories from survivors to share with patients to stress the importance of heart health during pregnancy.

Visit: [Healthy Moms Healthy Babies](#) for additional resources for healthcare providers and patients. Don't forget to add your maternal and infant health events to our [Events Calendar](#).

### **MISSOURI PUBLIC HEALTH ASSOCIATION (MPHA) -- DROUGHT AND HEALTH COMMUNICATION TOOLKIT**

Here is a great opportunity from the Missouri Public Health Association (MPHA) regarding the University of Nebraska Medical Center's [Drought and Health Communication toolkit](#) to provide feedback on the newly developed toolkit designed to help communities and professionals respond to and prepare for drought-related health disparities.

**They are requesting feedback from public health professionals from the Missouri River Basin region to participate in a 60-minute Zoom focus group. Selected participants are eligible for a \$15 gift card.**

Click the following link to register: [Drought & Health Focus Group Interest Form: Public Health and Healthcare Providers](#).

- [2025 Optimizing Benefits for Maternal and Infant Health Meetings](#)
- [MO 0164 Strategic National Stockpile: Point of Dispensing Training – Train the Trainer](#)
- [Developmental Disabilities ECHO](#)

## **LPHA Job Opportunities**

### **Links to Valuable Resources**

- [Directory of LPHAs](#)
- [Area Agencies on Aging & Services](#)
- [Missouri Association of Local Public Health Agencies](#)
- [Missouri Institute for Community Health](#)
- [Missouri Public Health Association](#)
- [CDC's Weekly Scientific Digest](#)
- [CDC Environmental Health Training Resources](#)
- [FDA Environmental Health Training](#)
- [Missouri Health Information Technology \(MO HIT\) Assistance Center](#)
- [Ozarks Public Health Institute](#)
- [Midwest Public Health Training Center](#)

## **NEW! MISSOURI TOBACCO QUIT SERVICES PATIENT EDUCATION MATERIALS AND PROVIDER DIGITAL RESOURCES**

Missouri Tobacco Quit Services are free, confidential and available 24/7, 365 days per year to Missourians ages 13 and older who are ready to quit any form of tobacco or nicotine. Pregnancy and postpartum participants can earn up to \$220 cash incentives during their quit journey, and adolescent participants can also earn incentives. New Provider materials and patient education resources are located on the Tobacco Prevention and Control Program website and are **FREE to order** in multiple quantities. Digital resources for health care providers, such as rack cards and fact sheets, are available to download from the "[Help a Patient Quit](#)" page. Please share these free resources on [social media](#) with partners, health care providers and community organizations. If you have any questions, please email: [motobaccoprogram@health.mo.gov](mailto:motobaccoprogram@health.mo.gov).

## **NEED HELP WITH INFECTIOUS DISEASES IN YOUR SCHOOL?**

Are you having issues keeping your kids in school due to infectious disease or illnesses like flu, RSV, strep throat, or COVID? A new resource is available free of charge for Missouri K-12 schools for a limited time only. This resource is part of the MO KIDS IPC Toolkit called "Ask an IP (Infection Preventionist)". An infection preventionist is available for consultation for any specific questions or problems you may have related to controlling the spread of disease, whether it be to reduce absenteeism, combat infections in your athletes, or build a resilient IPC program, we are here to help! Go to the website to request your consultation today!! [Resources](#)

## **FREE STAFF DEVELOPMENT TRAINING AVAILABLE!**

The Adolescent and School Health Program recently launched a new resource for Missouri K-12 schools to help reduce absenteeism due to infectious diseases, like flu, RSV, and COVID. This resource is the MO KIDS (Keeping Infectious Disease out of Schools) IPC (Infection Prevention and Control) Toolkit.

The Toolkit is an online resource that contains:

- eLearnings
- posters
- social media posts
- sample guidelines
- letters home to parents
- curriculum for students
- in-service materials for staff

eLearnings are geared toward various staff so that the infection prevention and control efforts can involve the entire school community. They are online, short, role-based, self-paced, in plain language, and interactive with certificates available upon completion. Take advantage of this free training and educate your schools on how to prevent and control the spread of infections in your school! [www.mokidstoolkit.org](http://www.mokidstoolkit.org)

## **DHSS CORNER**

### **DHSS JOB OPPORTUNITIES/NEWS:**

For additional DHSS Job Opportunities, please visit the MO Careers website [here](#).

## **MEETINGS, CONFERENCES, AND TRAININGS**

### **State Emergency Management Agency (SEMA) Upcoming Courses**

Please view upcoming courses being offered by the State Emergency Management Agency (SEMA). See [flyer](#) for registration status. This section contains courses that have a target audience that includes Public Health, Medical (Hospital) or Healthcare.

## **Missouri Environmental Health Association (MEHA) Annual Education Conference**

The Annual MEHA Education Conference will be held April 8-11 at the Oasis Hotel in Springfield Mo. Please see the MEHA [Winter Newsletter](#) for more details.

Registration is open, Go to the [MEHA Website](#), find the [Training & Conference](#) tab to register.

## **Foundational Public Health Services (FPHS) Gap Analysis - Upcoming Trainings**

The FPHS Gap Analysis team will begin its next round of trainings for *Module 1:*

*Current Financials* (Tabs 4-7) in April. These trainings will prepare LPHAs to complete the updated FY24 gap analysis tool. [Module 1: Current Financials \(Tabs 4-7\)](#) is due Thursday, May 1, 2025.

Use the links below for trainings:

**Tuesday, April 1** - [Tab 04. DH-37 Tab Instructions](#)

**Tuesday, April 8** - [Tabs 05. & 06. Current Labor and Background Tab Instructions](#)

**Tuesday, April 15** - [Tab 07. Current Spending Tab Instructions](#)

**Questions? Contact the FPHS Project Team:** [FPHSgap@missouri.edu](mailto:FPHSgap@missouri.edu).

## **2025 Optimizing Benefits for Maternal and Infant Health Meetings**

All MO HealthNet providers and professional community partners are invited to join the MO HealthNet Division, our Managed Care health plans, Show-Me ECHO, and the Office of Oral Health for a unique in-person networking opportunity in cities across Missouri.

Attendees will learn about valuable benefits, incentives, and resources available to pregnant women and their families, including individualized case management, Doula coverage, Non-Emergency Medical Transportation, and more.

April 29 – Springfield

May 29 – St. Louis

June 10 – Kansas City

July 17 – Jefferson City

September 16 – Cape Girardeau

October 22 – Joplin

Visit: [Optimizing Benefits for Maternal and Infant Health](#) for specific locations and to register. Seats are limited. For questions, contact: [MHD.Education@dss.mo.gov](mailto:MHD.Education@dss.mo.gov).

## **MO 0164 Strategic National Stockpile: Point of Dispensing Training – Train the Trainer**

The course MO 0164 Strategic National Stockpile: Point of Dispensing Training, Train the Trainer has been scheduled for October 22 from 8:00 am to 12:30 pm in Jefferson City. This course is intended to train individuals that will be training other volunteers for a PODs that would open during an activation of the Strategic National Stockpile for a pandemic, bioterrorist attack, natural disaster or other incident. This course is primarily intended for a public health, medical and first responder audience whose responsibilities include POD Planning. Local Public Health Agencies: If you have agency volunteers/COAD/CERT members that you would like to take this course in addition to health department staff please reach out to me prior to having them register.

Emily Carpenter: [Emily.Carpenter@sema.dps.mo.gov](mailto:Emily.Carpenter@sema.dps.mo.gov). You can find the course listing to register here: <https://sematraining.com/courses/2088/offerings/11605>.

## **Developmental Disabilities ECHO**

Join the Developmental Disabilities ECHO to improve patient outcomes! Connect with experts, deepen your practice, and discuss ADHD, psychopharmacology, nutrition, and more. Sessions are held every 2nd and 4th Wednesday from 12-1:15pm. Free continuing education credits available. Register at: [SHOWMEECHO.ORG](http://SHOWMEECHO.ORG).

# LPHA JOB OPPORTUNITIES

## **ENVIRONMENTAL PUBLIC HEALTH SPECIALIST -- Barry County Health Department**

JOB OPPORTUNITY: Barry County Health Department is accepting resumes for a full time EPHS/40 hours a week. Hours will be Monday through Thursday 7:30am – 6:00pm. Must have a Bachelor's degree from an accredited college or university with a minimum of 30 credit hours in one or a combination of Biology, Chemistry, Bacteriology, Food Science, Soil Science, Sanitary Science, Environmental Health, or in closely related physical or natural sciences. Employee will perform routine inspections on food establishments, daycares and lodging facilities, evaluate private well water tests and regulate onsite wastewater treatment systems. Generous benefit package. For more information call: 417-847-2114. Resumes may be hand delivered to Barry County Health Department at 90 Barry County Drive Cassville, MO 65625, faxed to 417-847-0924, or mailed to PO Box 207 Cassville, MO 65625. Application deadline is March 31. Barry County Health Department is an equal opportunity employer.

## **ENVIRONMENTAL HEALTH SPECIALIST – Clay County Public Health Center**

The Clay County Public Health Center, nationally accredited by the Public Health Accreditation Board (PHAB) has an opening for a full-time Environmental Health Specialist. The Environmental Specialist enforces public health sanitation laws and regulations and investigates public health issues. Visit: [clayhealth.com](http://clayhealth.com).

## **CONTINUOUS IMPROVEMENT COORDINATOR – Clay County Public Health Center**

The Continuous Improvement (CI) Coordinator coordinates and integrates performance management (PM), quality improvement (QI), strategic planning, workforce development and evidence-based decision making into organizational practice while considering health equity. The Coordinator assures that health center QI initiatives are focused and aligned to improve operational and program efficiencies and effectiveness, provides direction for QI policy development, and researches and develops QI training programs that focus on enabling the workforce to achieve improvements with priority health concerns. The Coordinator also coordinates CCPHC national accreditation activities and manages documentation requirements to ensure continued compliance with all current Public Health Accreditation Board (PHAB) measure and serves as CCPHC's designated contact with PHAB. Visit: [clayhealth.com](http://clayhealth.com).

## **NUTRITIONIST – Cole County Health Department**

The Cole County WIC program is seeking applicants for a Registered Dietitian or Nutritionist. Submit Resumes to Melinda Ridenhour at: [mridenhour@colecounty.org](mailto:mridenhour@colecounty.org). View the full job description and benefits here: <https://colecounty.org/DocumentCenter/View/9910/WIC-Dietitian-Nutritionist-PDF>

## **LICENSED PRACTICAL NURSE -- Columbia/Boone County Public Health And Human Services**

The Columbia/Boone County Department of Public Health and Human Services is accepting applications for a Licensed Practical Nurse to join the department's Community Health Unit. The full-time position reports to the Community Health Manager and includes the following: perform intake and screening and provide test results, collect and package specimens for testing, provide nurse visits for medication dispensing and education, monitor and maintain stock of medical supplies and medication inventory, assist with outreach and educational programming. Applicants should have at least one year of relevant nursing experience and must be licensed to practice as a Licensed Practical Nurse by the Missouri State Board of Nursing. A complete job description, salary information, and an online application are available at: <https://www.gocomojobs.com/postings/32717>

## **ADMINISTRATOR -- Howard County Public Health Department**

The Howard County Commission is seeking applications for a full-time Administrator position in the Howard County Public Health Department, located 30 minutes northwest of Columbia in Fayette. This position answers directly to the Commission and oversees the daily operations of the health department. Qualifications for this position include leadership skills, budgeting and financial management, the ability to multitask, proficiency in Word and Excel software, and excellent verbal and written skills. A bachelor's degree in business administration/management or health administration, and/or administrative experience with public health experience is preferred. A Missouri State Registered Nurse license is preferred but not exclusionary dependent upon other skills and experience. Interested parties should email Michelle Reynolds and Marsha Broadus at: [michelle.r.reynolds@lpha.mo.gov](mailto:michelle.r.reynolds@lpha.mo.gov) and [marsha.broadus@lpha.mo.gov](mailto:marsha.broadus@lpha.mo.gov). Applications will be accepted until the position is filled. For questions, call the Public Health Department at: 660-248-3100. The County of Howard is an equal opportunity employer.

## **REGISTERED DIETITIAN OR NUTRITIONIST -- McDonald County Health Department**

The McDonald County WIC program is seeking applicants for a Registered Dietitian or Nutritionist. Submit Resumes to: [mike.hall@mcdonaldcountymo.gov](mailto:mike.hall@mcdonaldcountymo.gov). View full job description and benefits at: <https://www.indeed.com/job/nutritionist-7e36e5d880aeaf53>.

### **REGISTERED DIETITIAN/NUTRITIONIST – Morgan County Health Center**

The Morgan County Health Center is hiring a full-time Registered Dietitian or Nutritionist.

The person in this position will be responsible for planning and implementing the nutritional components of the WIC program. The candidate must have graduated from an accredited four-year college or university with a bachelor's degree in public health nutrition, dietetics, home economics, or a closely related field; including, or supplemented by, at least fifteen (15) semester hours in food and nutrition including diet therapy and community nutrition. The selected candidate will educate WIC-eligible participants and assess their nutritional needs for certification eligibility. WIC experience is desired. If interested, please get in touch with Shawn Brantley, Administrator at: 573/378-5438 ext.1001 or e-mail at: [Shawn.Brantley@lpha.mo.gov](mailto:Shawn.Brantley@lpha.mo.gov).

### **NUTRITIONIST, CPA, RN, OR LPN -- Pettis County Health Center**

Pettis County Health Center is looking for a bilingual (Spanish/English) nutritionist, CPA, RN, or LPN to join their team for the WIC program. This position will involve assisting with the administration of the WIC program, providing nutritional counseling and education, and coordinating breastfeeding services for participants. If you're interested in this opportunity, you can apply by submitting your resume to: [robin.bartlett@lpha.mo.gov](mailto:robin.bartlett@lpha.mo.gov) or by visiting the Pettis County Health Center at 911 E 16th Street, Sedalia, MO 65301.

### **ENVIRONMENTAL PUBLIC HEALTH SPECIALIST -- Taney County Health Department**

The Taney County Health Department will be accepting resumes for a full time, 40 hours a week, non-exempt Environmental Public Health Specialist. Duties include administering and enforcement of Federal, State and local statutes, ordinances and regulations related to public health and sanitation; to encourage sound sanitary and environmental health practices; and to protect the environment and the public. The Taney County Health Department is a thriving Local Public Health Department located in Branson and Forsyth Missouri. TCHD is committed to the community and to its employees. The TCHD leadership team is committed to provide a work environment that provides staff with communication, transparency, collaboration, forward thinking, staff development, trust, and fun. Deadline- Open until Filled. For more information, qualifications, benefit details and how to apply visit: <https://www.taneycohealth.org/>.

### **WIC BREASTFEEDING PEER COUNSELOR -- Taney County Health Department (TCHD)**

The Taney County Health Department (TCHD) will be accepting resumes for a part time, 24 hours a week WIC Breastfeeding Peer Counselor. TCHD is a thriving Local Public Health Department located in Branson & Forsyth Missouri. The TCHD leadership team is committed to our core values of Caring, Serving and Protecting in our community as well with our staff. TCHD does this by providing a work environment that provides staff with communication, transparency, collaboration, staff development, trust, and fun! Responsibilities include providing basic breastfeeding information, support and encouragement to new mothers and help mothers achieve their own breastfeeding goal. Applicants must have a high school diploma or equivalent and must have personal breastfeeding experience. The ideal applicant would need to be a team player, make our values a top priority, and have excellent communication skills. For more information, including essential functions and how to apply, visit: <https://www.taneycohealth.org/>.

Sarah Willson, DHSS Director  
DHSS Staff, County Presiding Commissioners, Board Chairs

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