

RCAL SOURCES OF STUDY

STATE EXAMINATION (RCAL – MO)

The RCAL state exam is developed from Missouri's long-term care facility regulations and laws pertaining to licensed residential care and assisted living facilities, as well as the Board of Nursing Home Administrators' regulation and law. The current laws and regulations are not available in hard copy, but can be viewed and/or printed from the below websites:

The Laws and Regulations to review are as follows:

- Licensure Regulation Manual (long term care facility laws and regulations) can be downloaded at: <https://health.mo.gov/seniors/nursinghomes/lawsregs.php>
 - Areas of focus include – 19CSR 30-86, 19 CSR 30-87, 19 CSR 30-88, 19 CSR 30-91, and Chapter 198, RSMo
 - Code of State Regulations (CSR)
[Missouri Code of State Regulations: Title 19 - Department of Health and Senior Services](#)
 - Missouri Revisor of Statutes (RSMo) – <http://revisor.mo.gov/main/Home.aspx>

- Board of Nursing Home Administrator laws and regulations –
[Missouri Revisor of Statutes - Revised Statutes of Missouri, RSMo Chapter 344](#)
[Missouri Secretary of State: Code of State Regulations](#)

STATE & NAB EXAMINATION – RCAL CORE and RCAL Line of Service (LOS)

State Examination Review Course Online

Sponsored by: Missouri Association of Nursing Home Administrators

Register at www.mlnha.org. Click on the link *Staff Development Solutions for Long Term Care E-Learning* and then click on *Administrator State/National Study Course*. Select and pay for the appropriate course.

NAB Exam Study Guide – available online to purchase at www.nabweb.org. A one-year subscription that provides information and materials you need to know and provides tips on how to study for the exams. The study guide provides an extensive glossary of terms, a few real-life scenarios, and a sampling of practice questions that are like those you will find on the examination, as well as covers the NAB Core exam and the NHA line of service (LOS) exam. For additional resources and information, visit www.nabweb.org.