

RCAL EXAMS SOURCES OF STUDY

STATE EXAMINATION (RCAL – MO)

The RCAL state exam is developed from Missouri's long-term care facility regulations and laws pertaining to licensed residential care and assisted living facilities, as well as the Board of Nursing Home Administrators' regulations and law. The current laws and regulations are not available in hard copy, but can be viewed and/or printed from the below websites:

The laws and regulations to review are as follows:

- Licensure Regulation Manual (long term care facility laws and regulations) can be downloaded at: <http://health.mo.gov/seniors/nursinghomes/lawsregs.php>
 - Areas of focus include – 19 CSR 30-86, 19 CSR 30-87, 19 CSR 30-88, and Chapter 198, RSMo
 - Code of State Regulations (CSR) <https://www.sos.mo.gov/adrules/csr/current/19csr/19csr>
 - Missouri Revisor of Statutes (RSMo) - <https://revisor.mo.gov/main/Home.aspx>
- Board of Nursing Home Administrator laws and regulations – <http://health.mo.gov/bnha/statutesregs.php>

State Examination Review Course Online

Sponsored by: Missouri Association of Nursing Home Administrators (MANHA)

Register at www.mlnha.org. Click on the link *E-Learning/Online Education* and then click on *Administrator State/National Study Course*. Select and pay for the appropriate course.

NAB EXAMINATION- RCAL CORE and RCAL Line of Service (LOS)

NAB Exam Study Guide - available online to purchase at www.nabweb.org. A one year subscription that provides information and materials you need to know and provides tips on how to study for the exams. The study guide provides an extensive glossary of terms, a few real-life scenarios, and a sampling of practice questions that are similar to those you will find on the examination, as well as covers the NAB Core exam and the NHA line of service (LOS) exam. For additional resources and information, visit www.nabweb.org.

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