

PANDEMIC INFLUENZA

You probably have heard about pandemic influenza. You may be frightened by what you have heard and read, you may not think it is a big deal, or you might not know what to think. The information available at Health.Mo.Gov/emergencies/readyin3 will help educate and prepare you for a flu pandemic. It will help you LEARN more about influenza, PLAN how to respond to the next major flu pandemic, and find the best ways to PROTECT against this serious health threat.

ORDERING READY IN 3 RESOURCES AND TOOLS

Convenient ways to order your Ready in 3 materials:

- Visit the web site at Health.Mo.Gov/emergencies/readyin3
- Call 573-751-5152

STAYING INFORMED

Check with your local city and/or county officials to see what radio station is best for emergency notifications. Also ask if there are any available alert systems you can sign up for to keep yourself informed of any emergencies. You can also visit the Ready in 3 website at Health.Mo.Gov/emergencies/readyin3/ or scan the QR code below.



Ready in 3 is funded through the Public Health and Preparedness Grant by the Centers for Disease Control and Prevention.

About the Missouri Department of Health and Senior Services

The mission of the Department of Health and Senior Services is to promote health and safety through prevention, collaboration, education, innovation, and response.



MISSOURI DEPARTMENT OF
**HEALTH &
SENIOR SERVICES**
Office of Emergency Coordination

Missouri Department of Health and Senior Services
Office of Emergency Coordination
PO Box 570
Jefferson City MO 65102-0570
573-751-5152

Health.Mo.Gov

To report a public health emergency,
call 1-800-392-0272.

This toll-free phone number is staffed
24 hours a day, seven days a week.

Alternate forms of this publication for persons with disabilities may be obtained by contacting the office listed above. Hearing impaired citizens telephone 1-800-735-2966.

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MISSOURI DEPARTMENT OF HEALTH AND SENIOR SERVICES



Tornadoes, Floods, Earthquakes, Terrorism.

In Missouri You Can Be Ready in 3



Emergencies can strike anytime. A tornado, a flood, an earthquake or even a terrorist attack can change lives. Missourians need to take steps today to prepare for an emergency. Preparing today can save lives! Ready in 3 can help!

Ready in 3 is an emergency preparedness program sponsored by the Missouri Department of Health and Senior Services. Ready in 3 focuses on three steps you can take to prepare for many kinds of emergencies.

1. Create a plan for you, your family, and your business.
2. Prepare a kit for your home, car, and at work.
3. Listen for information about what to do and where to go during an actual emergency.

RESOURCES AND TOOLS

Missourians can help spread the word about the importance of being prepared in case an emergency strikes. Ready in 3 includes many resources and tools to help you and your community prepare for an emergency.

- The Family Safety Guide provides detailed information on the three steps in preparing for emergency situations. The accompanying Family Plan outlines the information that should be included in your emergency plan.
- An Emergency Threats Brochure gives information on the different kinds of emergencies that Missouri residents might face.
- Many checklists are available to aid specific groups of Missourians to gather information for their emergency plan.

- Newsletter articles are available for your publications or web site.
- Fact Sheets give basic information on what to do before, during and after an emergency; as well as basic information on specific situations, like a nuclear emergency or smallpox outbreak. These fact sheets are available for download only in multiple languages on the web site at Health.Mo.Gov/emergencies/readyin3/

Schools and day care facilities

Ready in 3 can help Missouri schools and day care operations take steps to prepare for many types of emergencies. Along with the materials mentioned above, specific Ready in 3 resources are available for school administrators, teachers and day care operators. Visit the web site at Health.Mo.Gov/emergencies/readyin3/ to obtain other tools not listed below.

- Bookmarks serve as a reminder with every use, of how important it is to plan in advance for emergency situations.
- Lesson Plans are available to aid teachers as they educate Missouri's children on the importance of planning in advance of emergency situations.
- A Teacher's Guide offers ideas and suggestions for discussing emergency preparedness in the classroom. The Guide includes a quiz.
- Videos, available on DVD, aim to motivate students, teachers, parents, school administrators and day care managers to prepare in advance of emergency situations.

Adult care facilities / seniors and individuals with special needs

Missouri's senior citizens and special needs populations rely on their family and friends for information and advice, even more so in times of trouble. In addition to the materials previously mentioned, specific Ready in 3 resources are available for adult care facilities, seniors and individuals with special needs.

- Videos, available on DVD, aim to motivate senior citizens, special needs populations and administrators of Missouri's adult care facilities to prepare in advance of emergency situations.

Faith-based organizations

Missourians rely on people of faith for help and advice, even more so in times of trouble. Along with the materials mentioned above, specific Ready in 3 resources are available on the web site at Health.Mo.Gov/emergencies/readyin3/ for Missouri's houses of worship.

Employers / Employees

Ready in 3 can help Missouri employers and employees take steps to prepare for emergency situations. The Ready in 3 materials mentioned previously can help you become workplace ambassadors of the program by making presentations using the workplace video at staff meetings and providing information to your co-workers.

- Videos, available on DVD, outline the importance of planning for emergency situations on the job.