

# PREGNANCY ASSOCIATED MORTALITY REVIEW (PAMR), MISSOURI, 1999-2008

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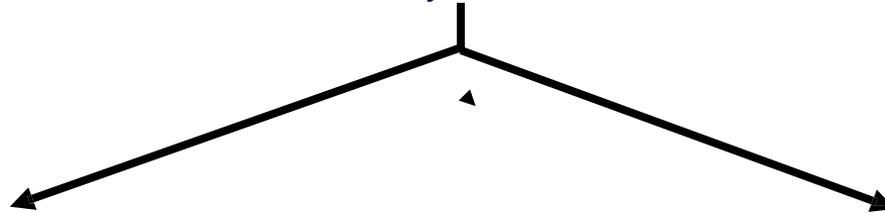
# Definitions

## Maternal Mortality Rate

Number of women who die from pregnancy-related causes within 42 days postpartum / the number of live births in that year multiplied by 100,000.  
*(sometimes referred to as the Maternal Mortality Ratio)*

## Pregnancy-Associated Deaths

Death of a woman within one year postpartum from any cause



## Pregnancy-Related Deaths

Death of a woman within one year postpartum related to pregnancy or aggravated by the pregnancy or its management

## Not-Pregnancy-Related Deaths

Death of a woman within one year postpartum unrelated to pregnancy or its management

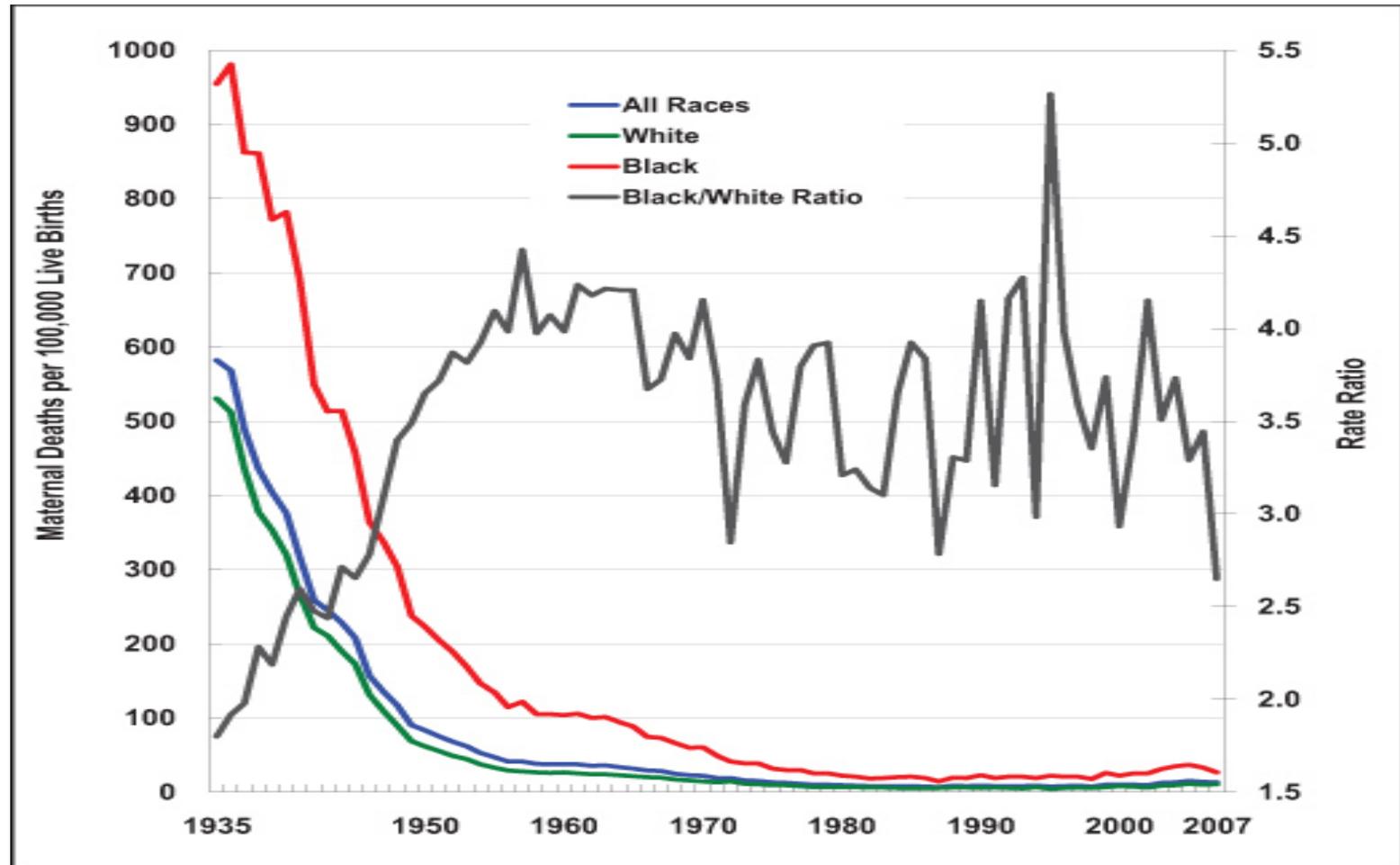
# Introduction

- Maternal mortality – rare event in US
- Each year 1,000 American women die of pregnancy-related complications
- U.S. maternal mortality ratio has not decreased in more than 20 years
- Maternal mortality ratio for African American women has been three to four times higher than the ratio for whites since 1940
- CDC's Safe Motherhood Partnership - 2001

# Safe Motherhood Initiative

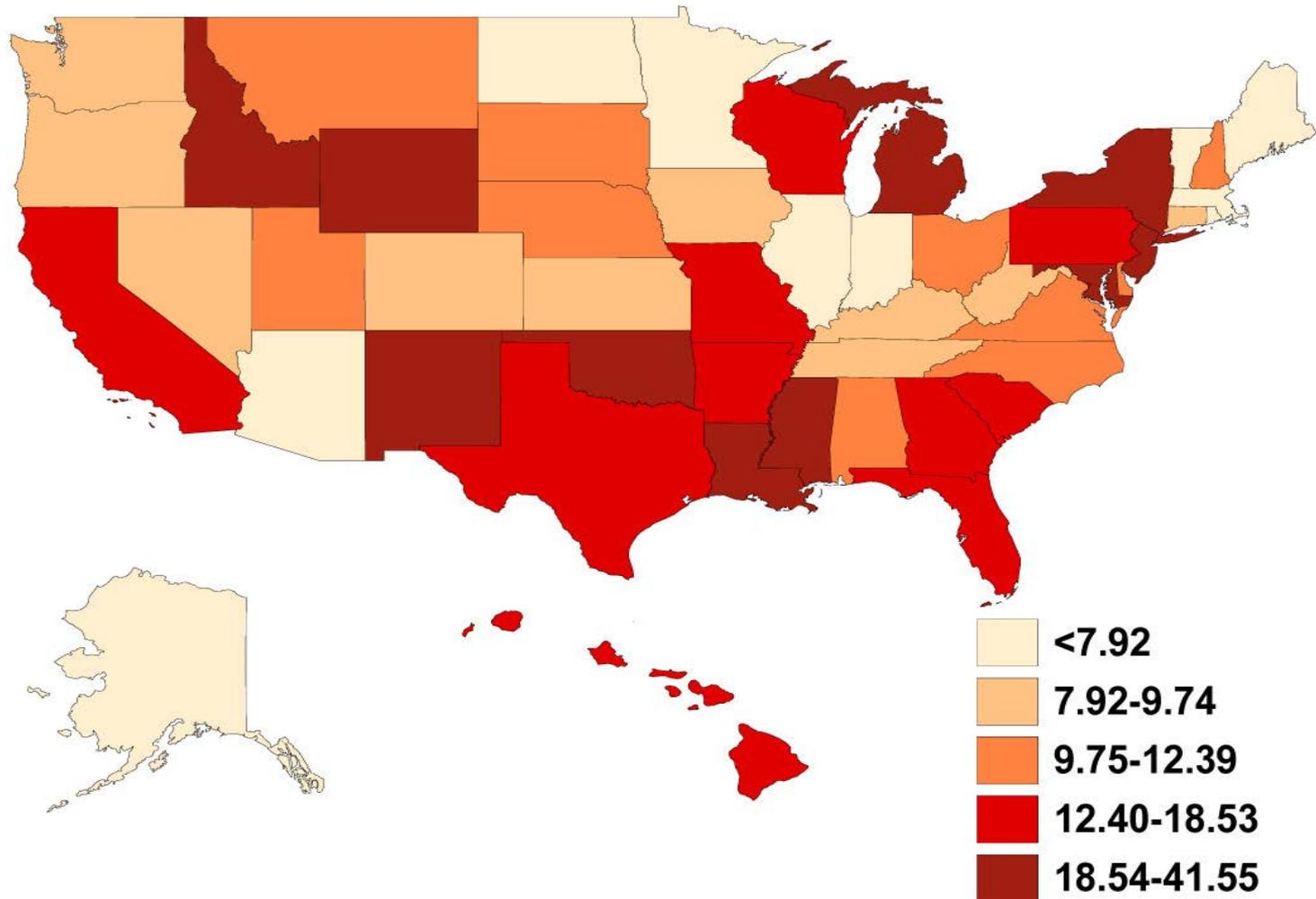
- In 2001, CDC and its partners published *Strategies to Reduce Pregnancy-Related Death: From Identification and Review to Action*
- 2003 – *Safe Motherhood Partnership Meeting for nine states with active Maternal Mortality Review (MMR) Boards - State Maternal Mortality Review: Accomplishments of Nine States.*
- MMR purpose - examine the circumstances of women's deaths that occur during or around the time of pregnancy and to identify gaps in services and systems that should be improved to prevent future deaths

# Maternal Mortality by race, US, 1935-2007



Source: 75<sup>th</sup> Title V Anniversary Celebration, Maternal Mortality in the US, 1935-2007

# Maternal Mortality Rates, US, 2003-07



# DEADLY DELIVERY

## THE MATERNAL HEALTH CARE CRISIS IN THE USA



"Mothers die not because the United States can't provide good care, but because it lacks the political will to make sure good care is available to all women" - Larry Cox, executive director of Amnesty International USA.

HEALTH IS A  
HUMAN RIGHT  
**AMNESTY**  
INTERNATIONAL



# MO PAMR OPERATING DEFINITIONS

- D **Pregnancy- Associated Mortality-** a death of a woman, from any cause, while she is pregnant or within 1 year of termination of pregnancy
- D Further Classified As:
  - **Pregnancy- Related**
  - **Possibly Pregnancy- Related**
  - **Not Related**

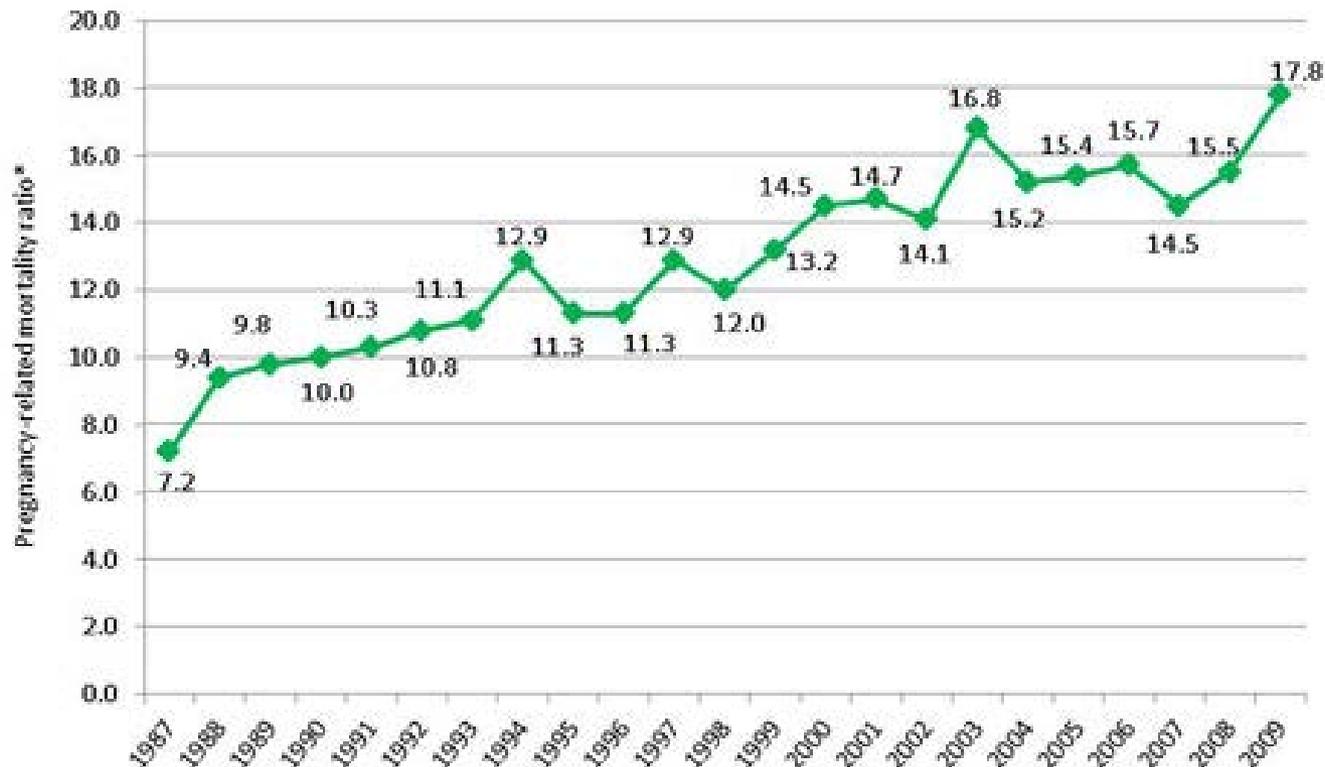
# PREGNANCY RELATED MORTALITY RATIO (PRMR)

$$\frac{\text{NUMBER OF PREGNANCY RELATED DEATHS}}{\text{NUMBER OF RESIDENT LIVE BIRTHS}} \times 100,000$$

## EXAMPLE:

91 pregnancy-related deaths in 2008 among state residents  
130,000 live births in 2008 to state residents  
 $91 / 130,000 \times 100,000 = 70.0$  pregnancy-related deaths  
per 100,000 live births in 2008

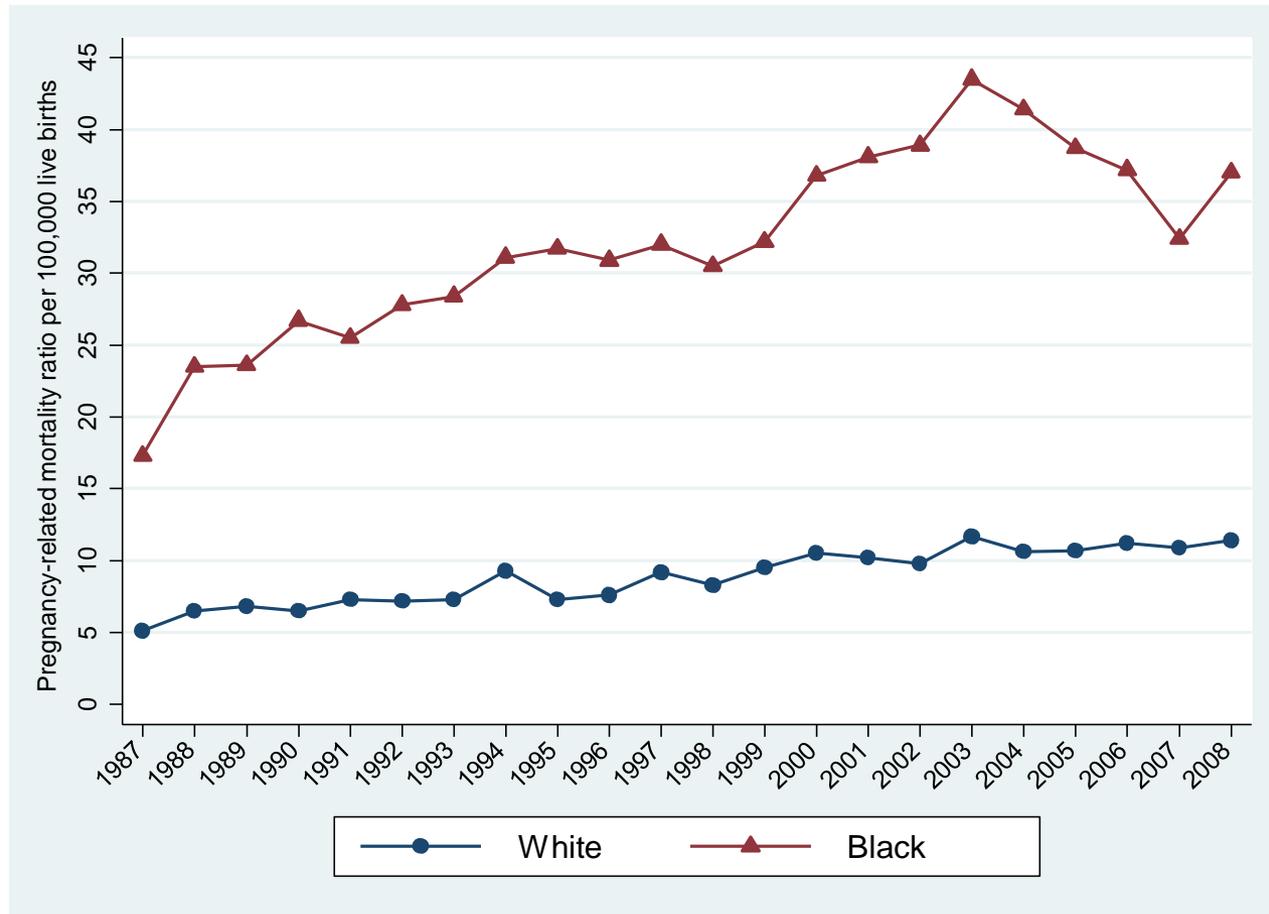
# Trends in Pregnancy-Related Mortality in the United States, 1987-2009



\*Note: Number of pregnancy-related deaths per 100,000 live births per year.

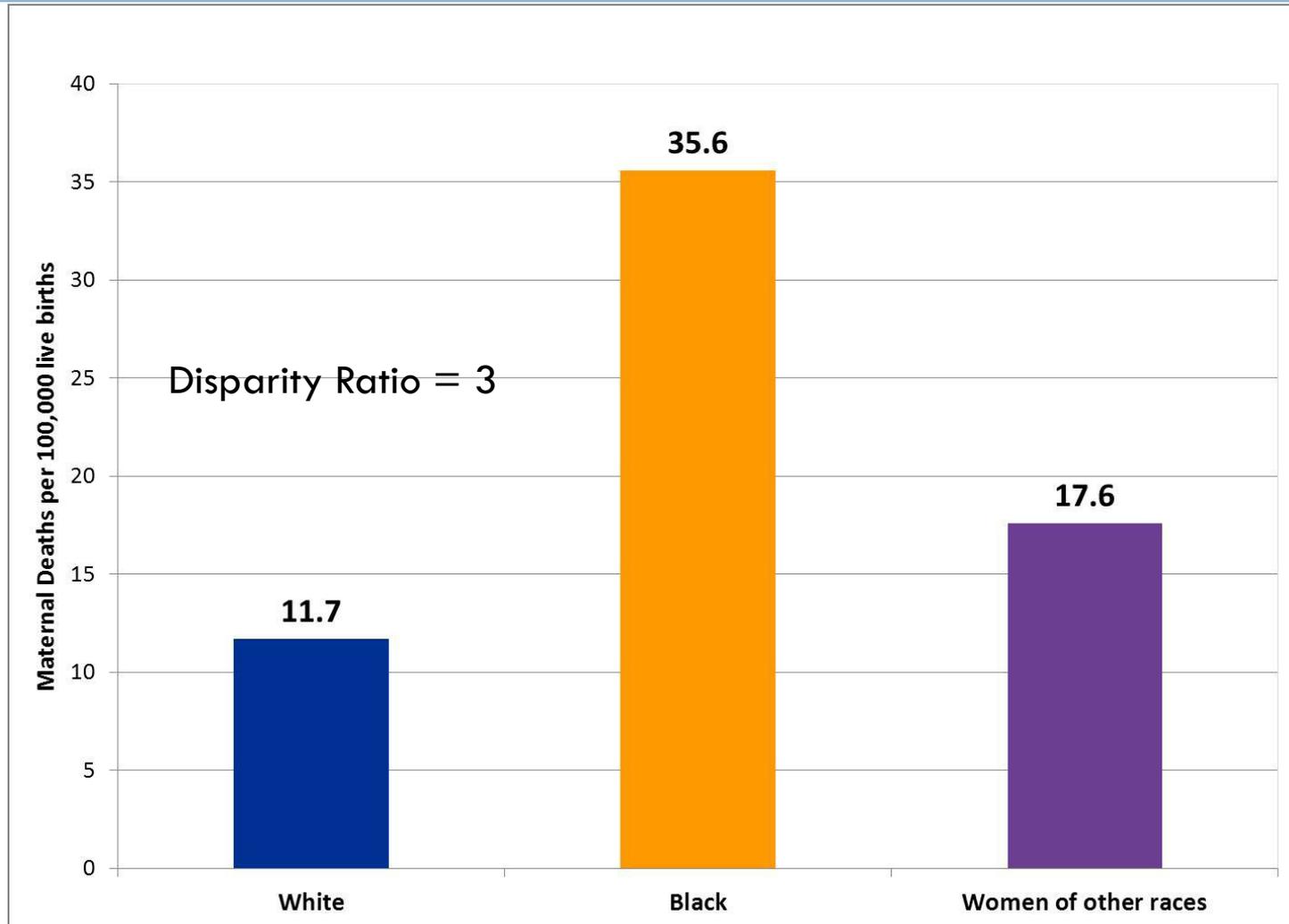
Source: <http://www.cdc.gov/reproductivehealth/maternalinfanthealth/pmss.html>

# Black : White Gap in Pregnancy-related Mortality in the United States, 1999-2008



Source: CDC, PMSSdata 1987-2008

# Pregnancy Related Mortality Ratios, US, 2006-09



Data // Source: <http://www.cdc.gov/reproductivehealth/MaternalInfantHealth/PMSS.html#5>

# Key Steps of CA-PAMR Methodology

## STEP 1: Hospital discharge data linked to birth, death certificates

Identifies women who died within one year postpartum from any cause  
(*Pregnancy-Associated Cohort*)



## STEP 2: Additional data gathered for each death

Coroner Reports, Autopsy Results, and additional information from the Death Certificate (e.g., multiple causes of death, recent surgeries, etc.) are obtained and abstracted.



## STEP 3: Cases selected for PAMR Committee review

Documented (ICD-10 obstetric (“O”) code) and suspected pregnancy-related deaths are prioritized for review.



## STEP 4: Medical records abstracted and summarized

All available labor and delivery, prenatal, hospitalization, transport, and outpatient and emergency department records are obtained and summarized.



## STEP 5: Cases reviewed by PAMR Committee

Committee determines whether the death was pregnancy-related, the cause of death, contributing factors and quality improvement opportunities

# MO PAMR Case Review 1999-2008

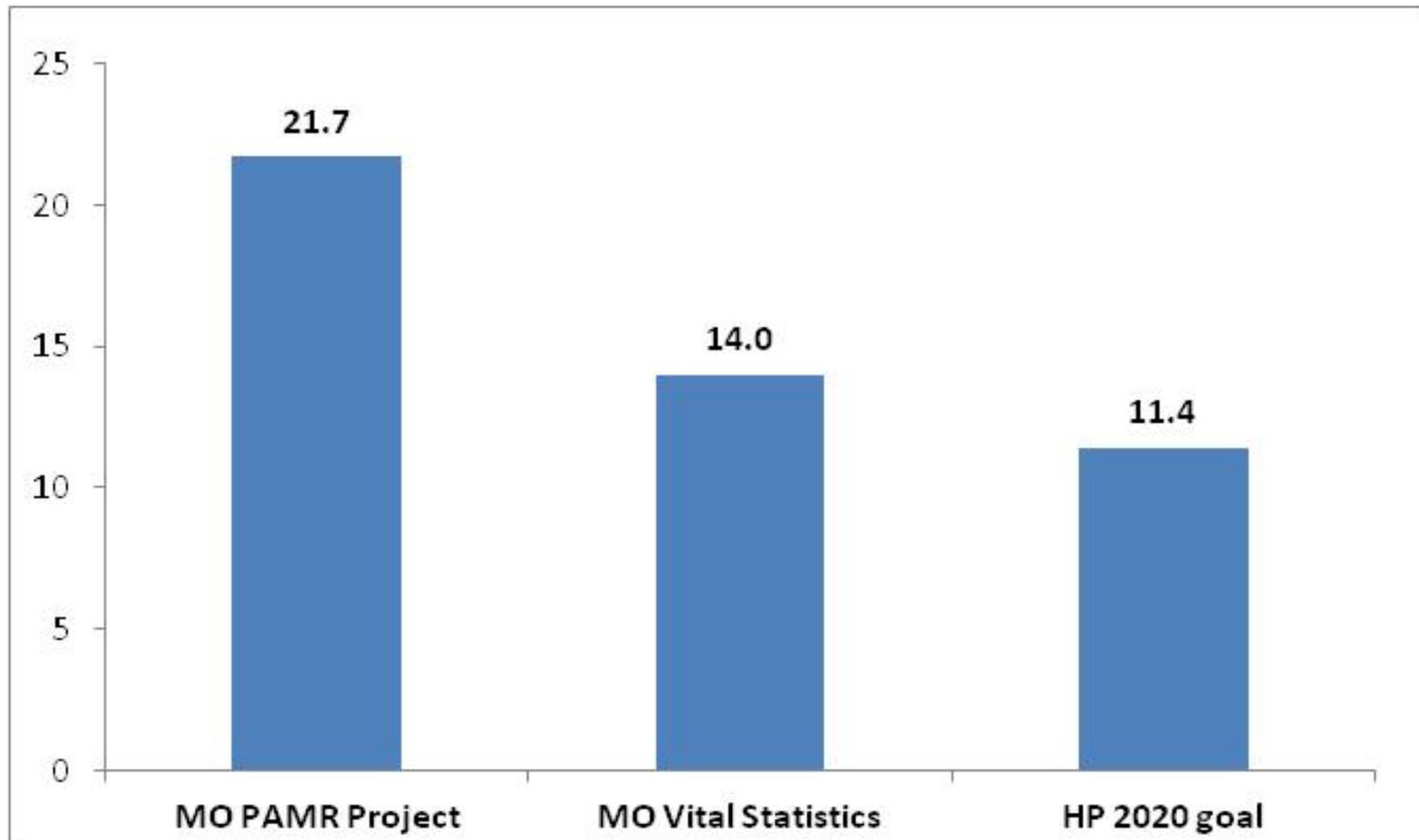
14

- Total # of deaths within one year of termination of pregnancy = **468**
- Eliminated Records = **18**
- # of deaths that met criteria for PAMR = **450**

# MO-PAMR CASE REVIEW, 1999-2008

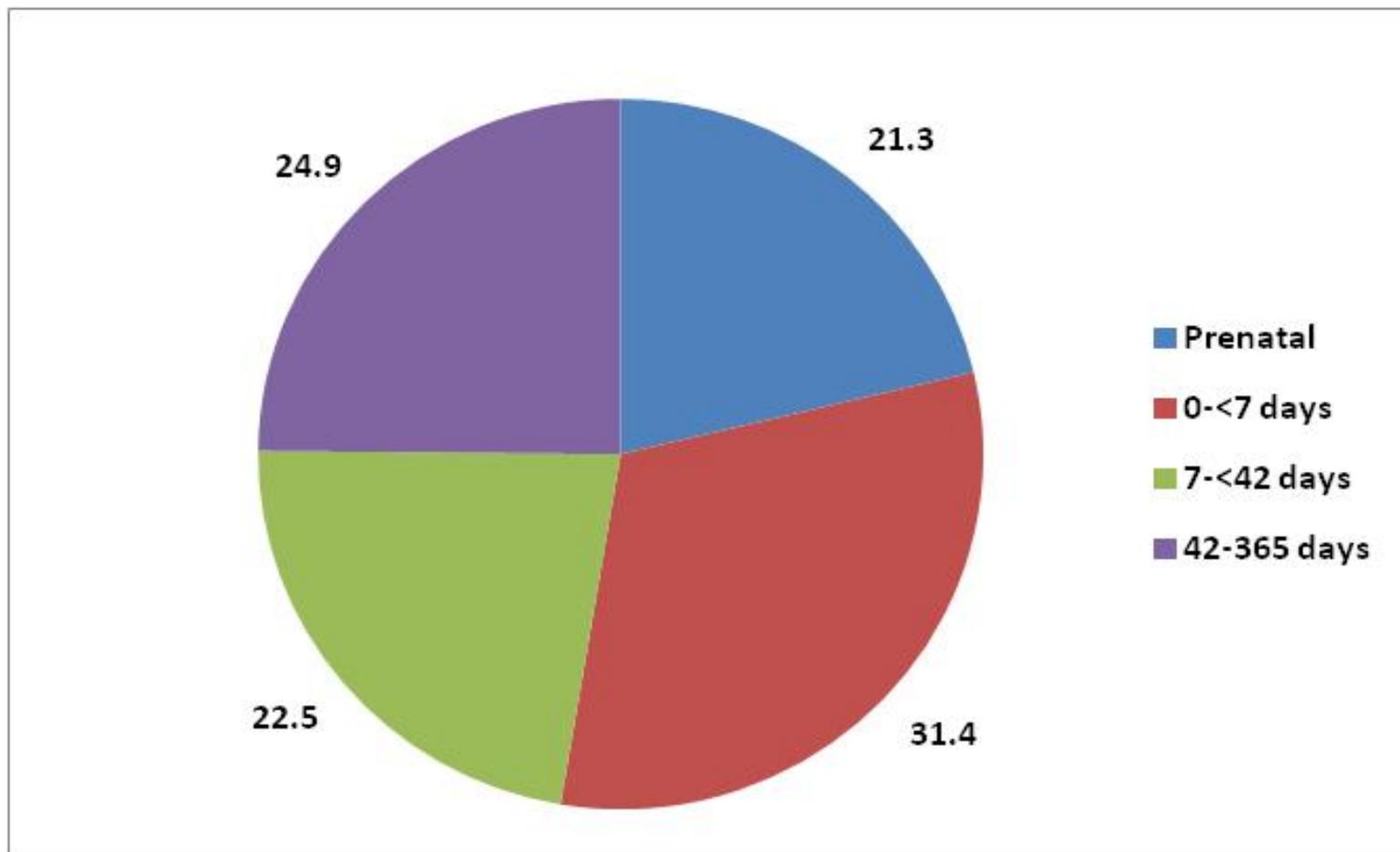
Category of Death	Count	% of total deaths
PR - pregnancy related	108	24.0
PPR - possibly pregnancy related	61	13.6
NPR - not pregnancy related	240	53.0
Undetermined	41	9.1
Overall	450	100.0

# PRMR by data source, 1999-2008



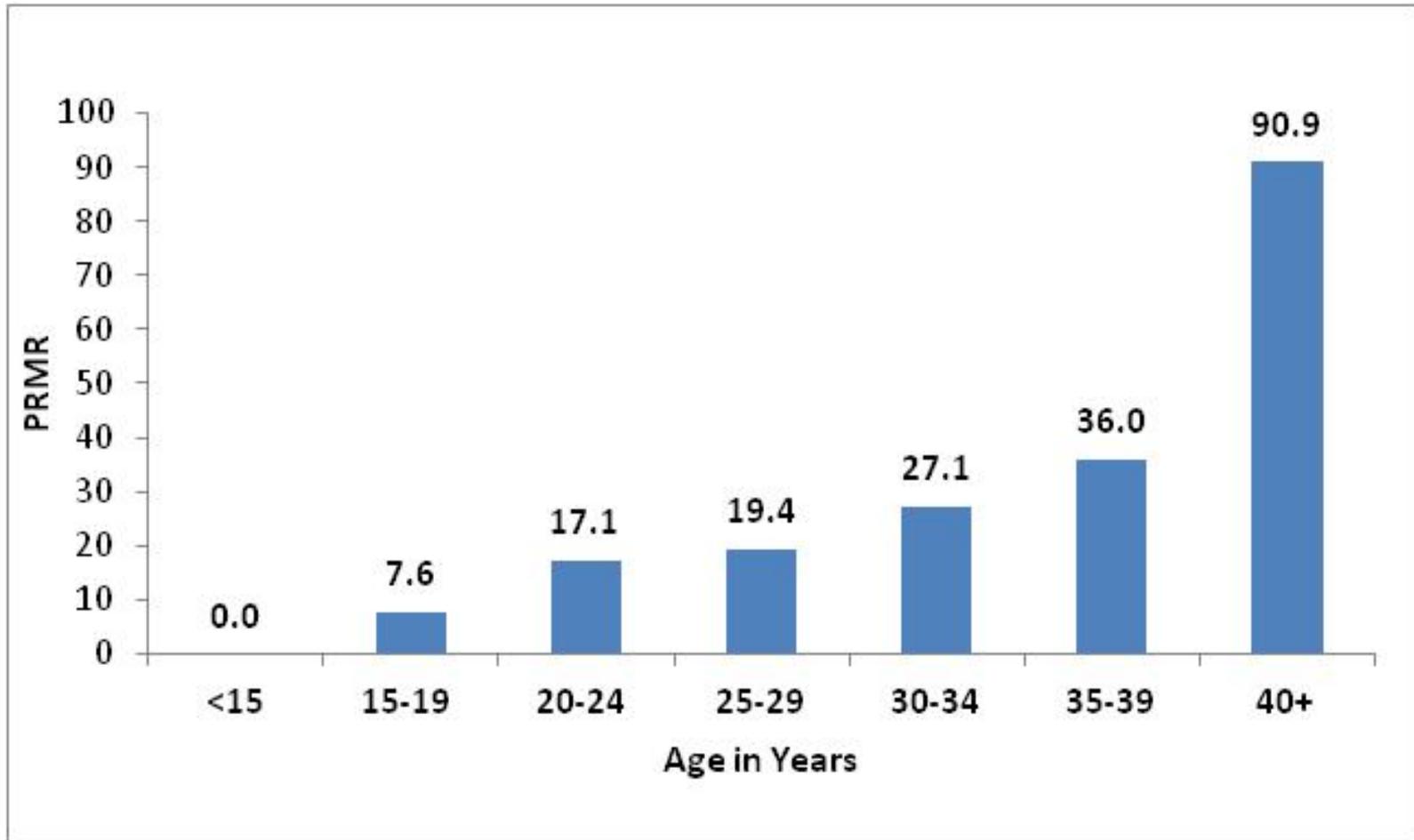
Source: MO Vital statistics Death and Birth files

# Timing of maternal deaths, 1999-2008



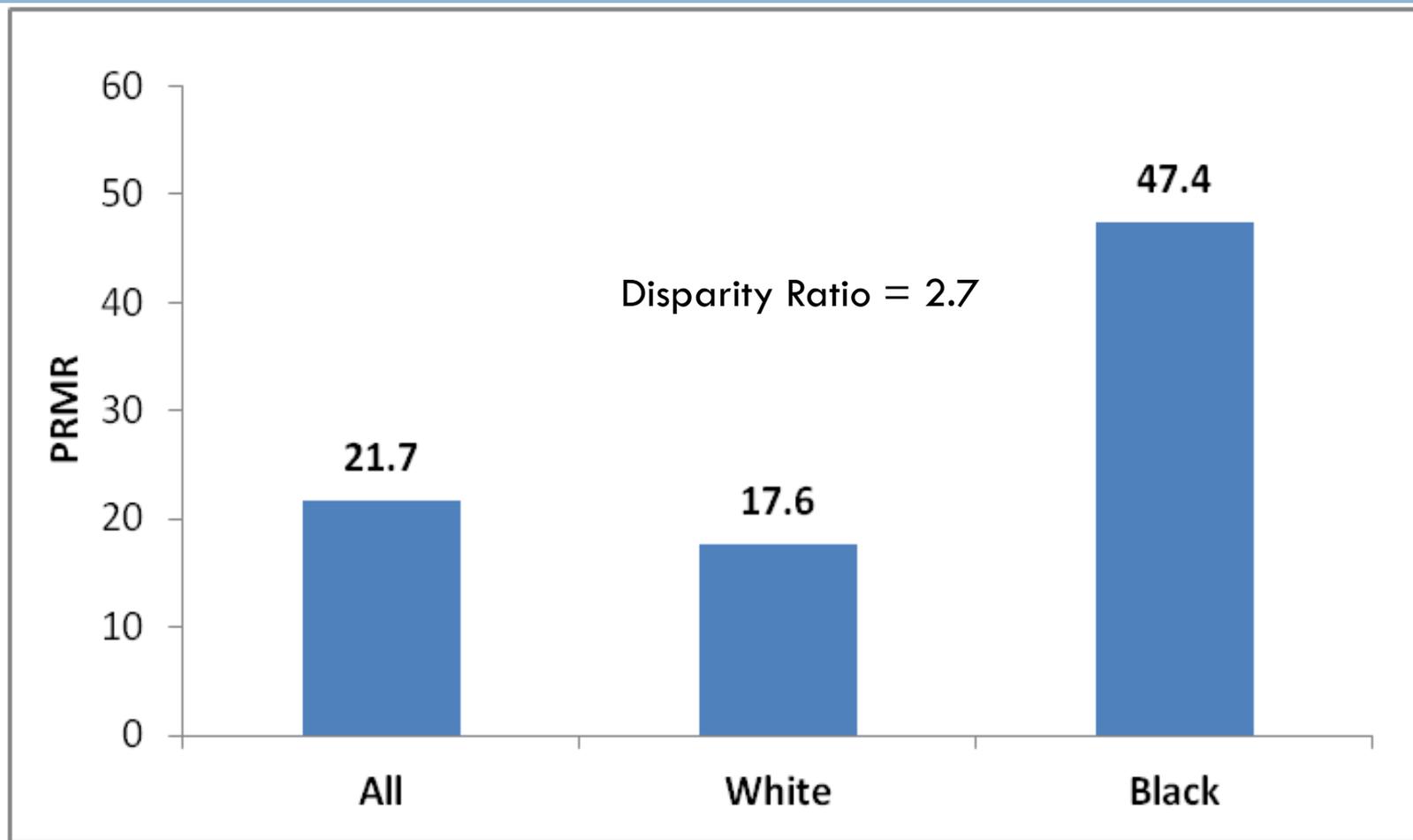
Source: MO PAMR

# Age specific PRMR, 1999-2008



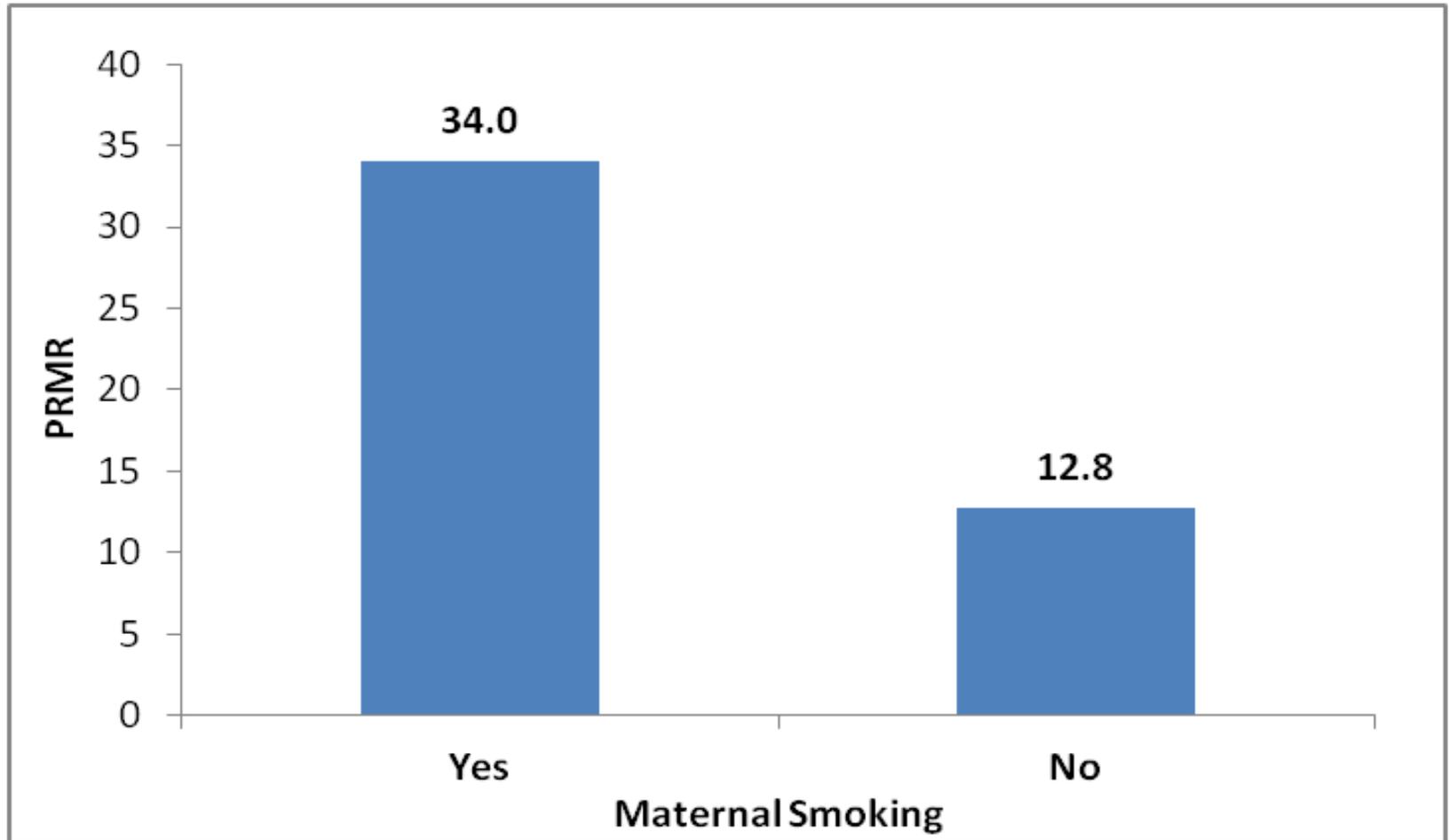
Source: MO PAMR

# Racial distribution of MO-PAMR deaths, 1999-2008



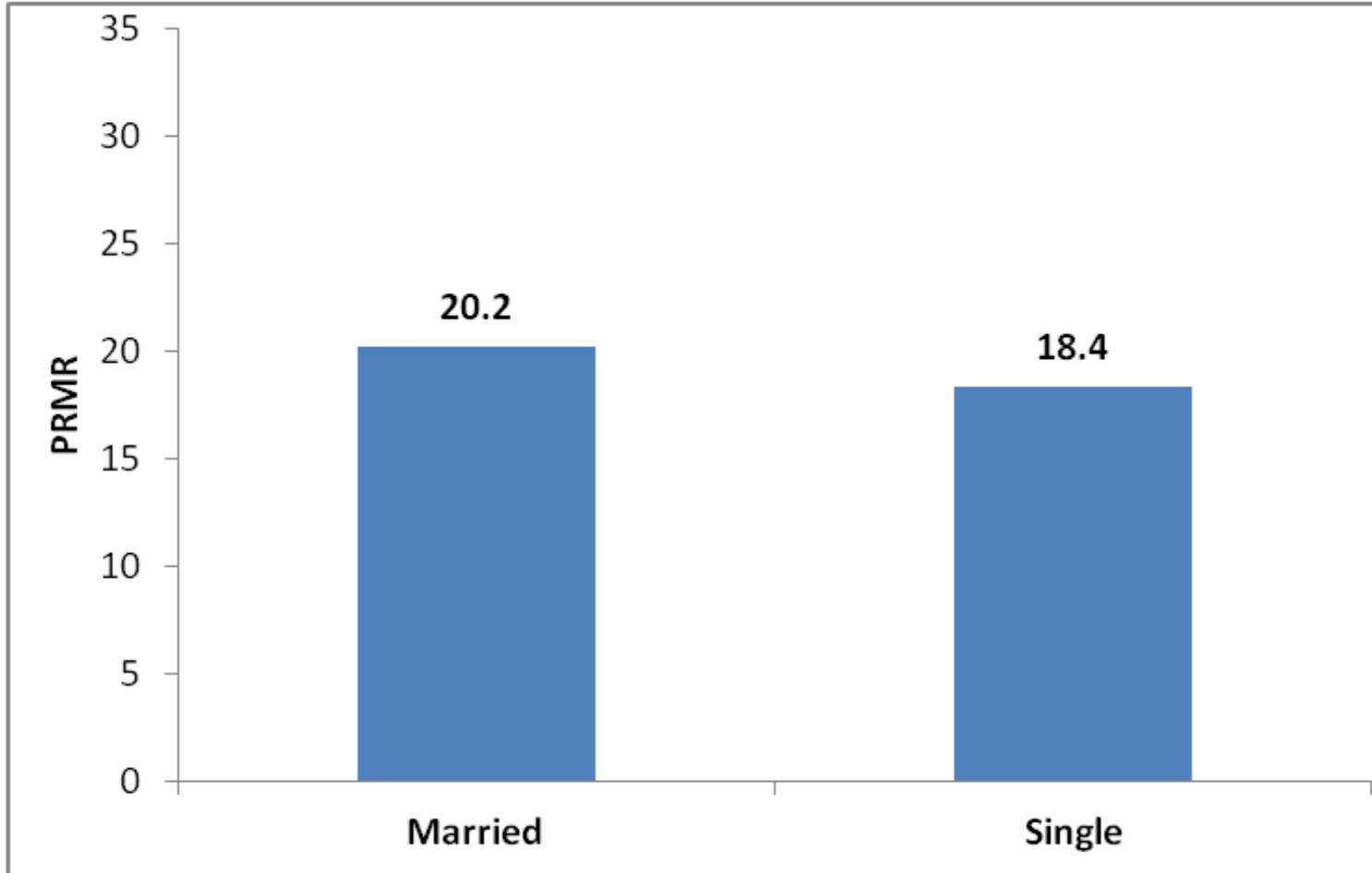
Source: MO PAMR

# Smoking status among PAMR deaths in MO, 1999-2008



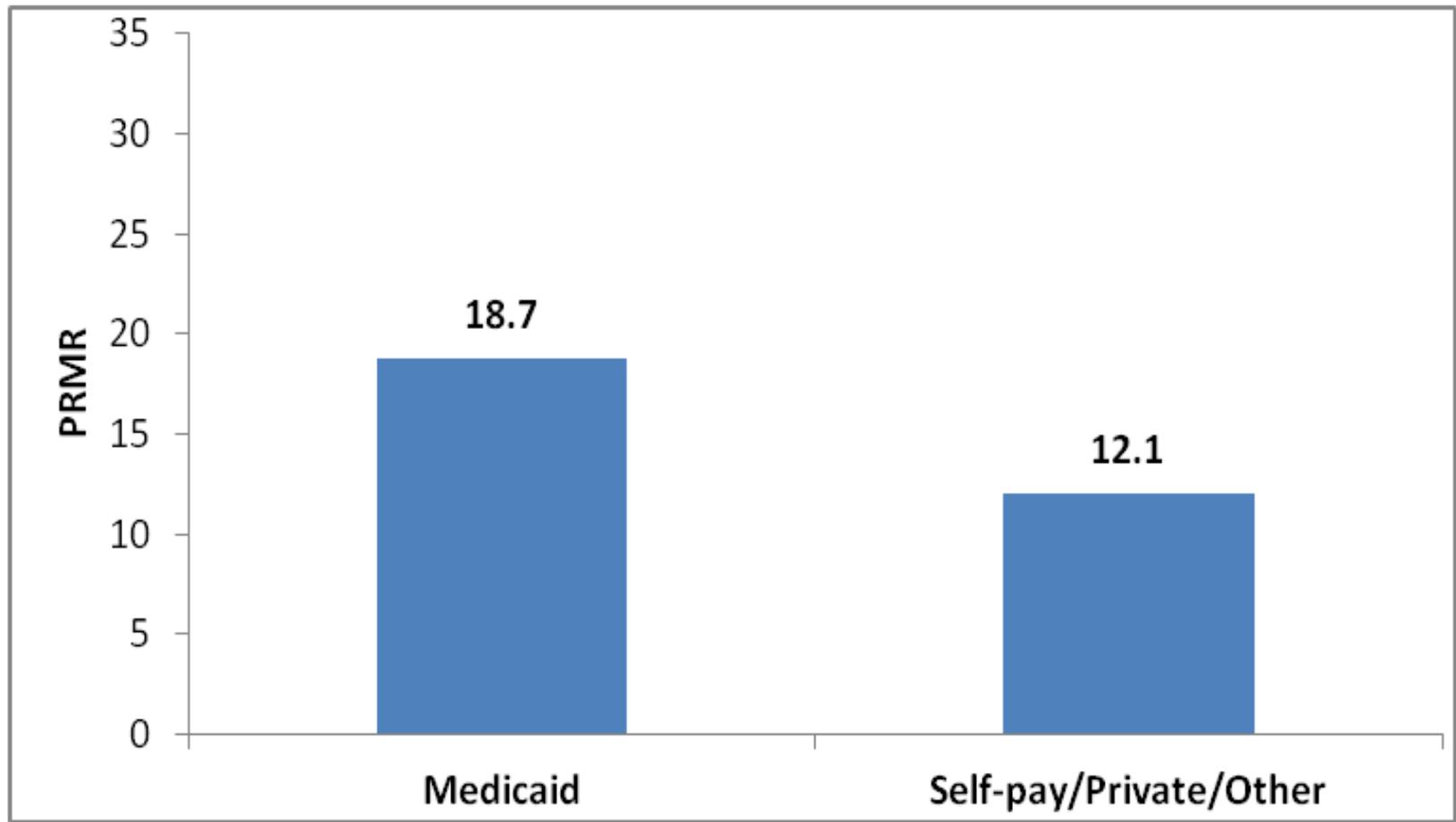
Source: MO PAMR

# Marital status among MO-PAMR deaths, 1999-2008



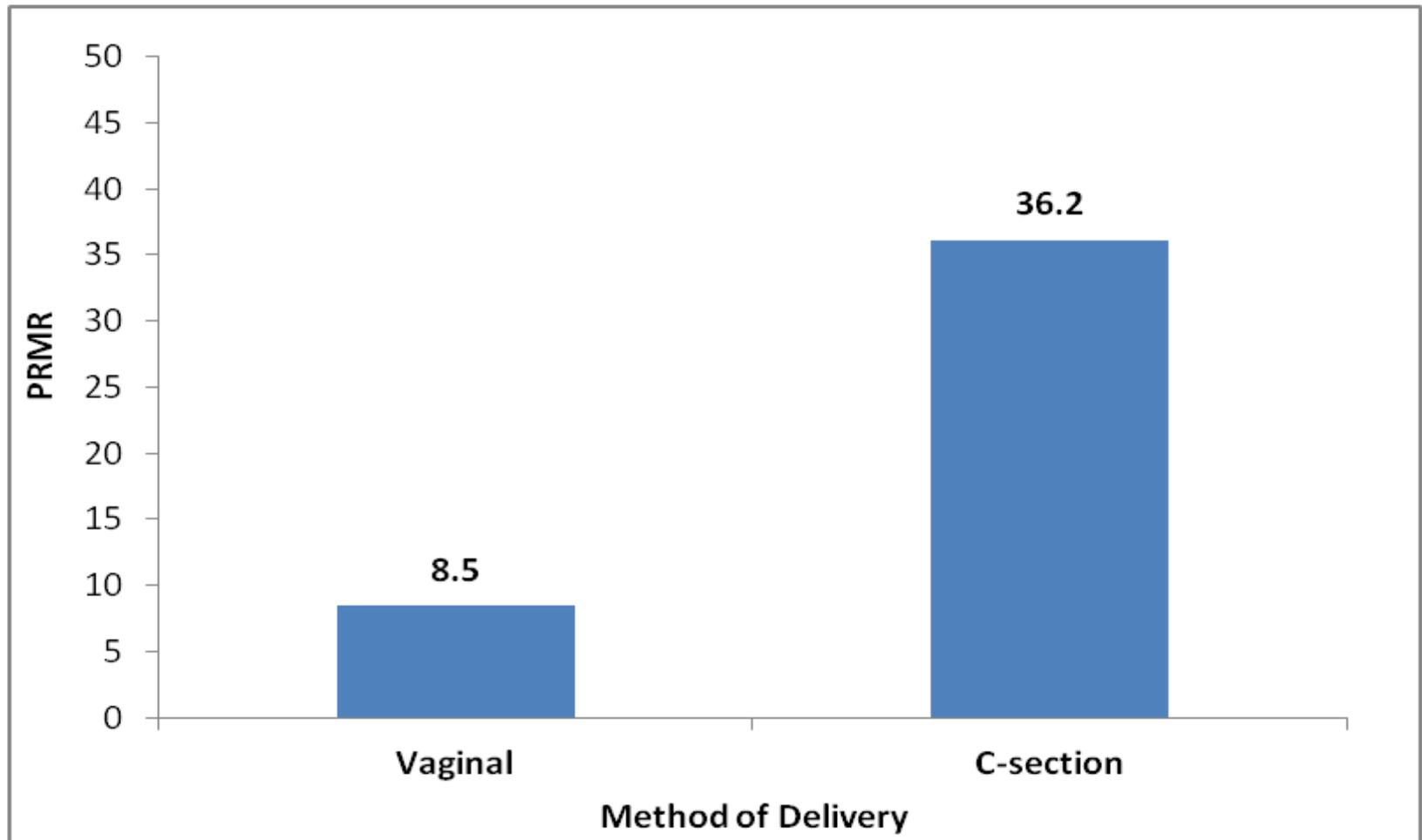
Source: MO Vital statistics Death and Birth files.

# Payer Source among MO-PAMR deaths, 1999-2008



Source: MO Vital statistics Death and Birth files.

# Method of Delivery among MO-PAMR deaths, 1999-2008



Source: MO Vital statistics Death and Birth files

# Causes of pregnancy related deaths, 1999-2008

Causes of deaths	Number	Percent
Embolism	40	23.7
Other Cardiac Conditions	20	11.8
Cardiomyopathy	17	10.1
Hemorrhage	17	10.1
Hypertension	17	10.1
Malignancy	13	7.7
Infection	7	4.1
Cerebro-Vascular Accident(CVA)	8	4.7
Suicide	7	4.1
Other: causes	23	13.6
Unknown	0	0.0
Total	169	100.0

Cardiovascular Diseases (21.9%)

Source: MO PAMR

# Summary

- First ever comprehensive review of maternal deaths in Missouri
- PRMR using the PAMR process are higher than those reported by vital statistics – enhanced surveillance
- African- Americans have significantly higher PRMR than whites across all demographics - similar to national observations
- Embolism and cardiovascular diseases are the leading causes of death



# National Steps to address maternal mortality

- Federal bill HR 894  
Maternal Health  
Accountability  
Bill of 2011



# Poster for Labor and Delivery and Operating Rooms



## managing maternal hemorrhage

**Important phone numbers:**

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_



**Vital Signs** Normal vitals don't guarantee patient stability

- **Airway—intubate**  
If inadequate ventilation or to assist airway protection
- **Breathing**  
Supplemental O2, 5-7 L/min by tight face mask to assist O2 carrying capacity
- **Circulation**  
Pallor, delayed capillary refill and decreased urine output can indicate compromised blood volume without change in BP or HR.  
  
Late signs of compromise are: decreased urine output, low BP and tachycardia.

**Infusions**

- **Start 2nd large bore (16 gauge or larger)**
- **RL or NS replaces blood loss at 3:1**
- **Volume expanders 1:1 (albumin, hetastarch, dextran)**
- **Transfusion (PRBC, Coagulation factors)**
- **Warm blood products and infusions to prevent hypothermia, coagulopathy and arrhythmias**

**Medication for uterine atony**

- **Oxytocin**  
10-40\* units in 1 liter NS or RL IV rapid infusion  
\*30-40 units/liter most commonly used dose for hemorrhage
- **Methylergonovine (Methergine)**  
0.2 milligrams intramuscular q 2-4 hrs maximum 5 doses; avoid with hypertension
- **Prostaglandin F2 Alpha (Hemabate)**  
250 micrograms intramuscular, intramyometrial, repeat q 15-90 minutes, maximum 8 doses; avoid with asthma or hypertension
- **Prostaglandin E2 suppositories (Dinoprostone, Prostin E2)**  
20 milligrams per rectum q 2 hrs; avoid with hypotension
- **Misoprostol (Cytotec)**  
1000 micrograms per rectum or sublingual (ten 100 microgram tabs or five 200 microgram tabs)
- **Surgical interventions**  
May be a life-saving measure and should not be delayed



# ILLINOIS

- Problem: Hemorrhage
- Intervention: hemorrhage education program.
- Mandated participation
- Ambulances directed to hospitals with obstetric care.



# What we did in Texas!

The logo for IMPACT features the word "IMPACT" in a large, blue, serif font. The letter "C" is stylized to contain a pink silhouette of a fetus in a curled position. A thin red horizontal line is positioned below the letters "P" and "A".

IMPACT

*Impacting Maternal & Prenatal Care Together*

- ❖ Legislative Advocacy
- ❖ Public Awareness
- ❖ Quality of Care/Service Delivery
- ❖ Resource Enrollment

# Why Texas Needs an MMRB?

- Identify reasons for maternal mortality and morbidity  
(Preventable deaths range from 40 - 75 %)
- Determine plan of action to improve the death rate, and eventually the morbidity
- Implement the plan
- Evaluate for positive outcomes.
- Continue to track and trend (CQI)

# Texas 2011: HB 1133 MMR Taskforce

- Legislation proposed by Rep Walle and coauthored by Rep Farrar
- Heard in Public Health Committee – failed to receive required votes.
- Went to special Study status from the Senate
- Healthy Texas Babies Expert Panel
  - Maternal Mortality Review Committee

# Texas 2013 Legislative Session

- HB 1085 - Rep Walle sponsor and co-sponsored by Rep Davis, Rep Collier
- SB 495 – Senator Huffman and co-sponsored Senator West

# Resources

**Women Deliver** <http://www.womendeliver.org>

**World Health Organization (WHO)**

<http://www.who.int/reproductivehealth/publications/en/>

[http://www.who.int/maternal\\_child\\_adolescent/en/](http://www.who.int/maternal_child_adolescent/en/)

**Every mother counts** <http://www.everymothercounts.org/>

**Center for Disease Control (CDC)**

<http://wonder.cdc.gov/> <http://www.cdc.gov/reproductivehealth/>

**The California Maternal Quality of Care Collaborative**

<http://www.cmqcc.org/>

**United Nations Population Fund UNFPA**

<http://www.unfpa.org/public/mothers/>

**United Nations Development Program (UNDP)**

<http://www.undp.org/content/undp/en/home/mdgoverview.html>

# Next Steps

- Do we continue PAMR in MO?
- Staffing / funding / MMR Board composition
- Data Dissemination / in-depth analyses of issues/  
Missing data
- Coroner's / ME's/ Professional Organizations – Annual Meetings to showcase PAMR results
- Collaborate with other agencies within the state (OMH, OWH, MHA, DSS, DMH), MMR boards from other states for guidance (Illinois, Florida, California)
- Utilize existing resources / toolkits– [www.cmmqcc.org](http://www.cmmqcc.org)

# THANK YOU!

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