

Missouri Child Health Assessment Program Survey (MoCHAPS) Results
CHILD NUTRITION

In a day, how many times does your child eat vegetables or salad (do not include potatoes)? ¹

	%	95% CI*	
0 Times	6.5	1.6	3.3
1 Time	34.8	33.7	39.0
2 Times	40.7	39.8	45.1
3 Times	12.5	11.2	14.9
4 or More times	5.5	4.5	7.1

In a day, how many times does your child eat fruit (fresh, canned, frozen, dried)? ²

	%	95% CI*	
0 Times	2.5	1.7	3.4
1 Time	24.5	22.1	26.8
2 Times	40.0	37.4	42.6
3 Times	21.7	19.6	23.9
4 or More times	11.3	9.5	13.0

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In a day, how many times does your child eat whole grains (breads, cereal, etc.)? ³

	%	95% CI*	
0 Times	0.9	0.2	1.5
1 Time	24.2	20.7	27.8
2 Times	36.2	32.5	39.9
3 Times	24.0	20.9	27.1
4 or More times	14.7	12.0	17.4

In a day, how many times does your child drink whole milk? ⁴

	%	95% CI*	
0 Times	38.7	35.0	42.4
1 Time	7.6	5.5	9.6
2 Times	15.1	12.3	18.0
3 Times	18.2	15.0	21.3
4 or More times	20.5	17.2	23.8

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In a day, how many times does your child drink 2% milk? ⁵

	%	95% CI*	
0 Times	54.6	50.7	58.6
1 Time	7.3	5.4	9.1
2 Times	14.0	11.2	16.8
3 Times	11.2	8.8	13.5
4 or More times	12.9	10.4	15.4

In a day, how many times does your child drink 100% juice? ⁶

	%	95% CI*	
0 Times	24.7	22.5	26.9
1 Time	29.1	26.7	31.5
2 Times	25.3	22.9	27.7
3 Times	11.4	9.6	13.2
4 or More times	9.5	7.8	11.2

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In a day, how many times does your child eat candy, cookies, or desserts? ⁷

	%	95% CI*	
No Times	19.9	17.0	22.7
1 Time	62.3	58.8	65.8
2 Times	15.1	12.5	17.7
3 Times	2.1	1.2	3.1
4 or More times	0.6	0.2	1.1

In a day, how many times does your child eat French fries, tater tots or potato chips? ⁸

	%	95% CI*	
0 Times	39.1	35.6	42.5
1 Time	53.6	50.0	57.2
2 Times	4.8	3.2	6.5
3 Times	2.1	1.0	3.1
4 or More times	0.4	0.1	0.7

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The Missouri Child Health Assessment Program Survey (MoCHAPS) is a two-year follow-up to the Missouri PRAMS survey. MoCHAPS was developed in 2007 and has since been conducted annually except for 2009. The objective of the survey is to assess the health of Missouri's toddlers and their quality of life from birth to 2 years of age. The data gathered can help inform health policy and guide maternal and child health programs to utilize resources more efficiently. MoCHAPS asks questions about health access, childcare, nutrition and physical activity, immunizations, breastfeeding, health conditions, injury, safety, exposure to secondhand smoke, breastfeeding and many other topics.

Mothers who responded to the PRAMS survey are the target population. The MoCHAPS survey is sent when their children are about 2 years of age. MoCHAPS collects data through three mailed survey batches, a total of approximately 1,000 surveys each year. For 2007, 2008-2012, the average weighted response rate was 50.2% ($n = 3,001$). MoCHAPS data are weighted to be representative of all Missouri moms with 2-year-old toddlers.

Responses include all available years for each question, excluding 2009:

1. 2008-2012;
2. 2008-2012;
3. 2011-2012;
4. 2011-2012;
5. 2011-2012;
6. 2008-2012;
7. 2008-2010;
8. 2008-2010

* 95% Confidence Interval (CI)



Missouri Department of Health and Senior Services • Office of Epidemiology
<http://health.mo.gov/data/mochaps/>

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