

Missouri Child Health Assessment Program Survey (MoCHAPS) Results
CHILD ACTIVITIES

On an average day, about how many hours does your child usually watch TV or videos? ¹

	%	95% CI*	
None	5.3	4.3	6.4
Less than 1 hour per day	30.4	28.3	32.6
1 hour per day	21.7	19.8	23.7
1 to 4 hours per day	34.2	32.0	36.5
4 hours or more	7.7	6.4	9.1
Do not own a TV	0.5	0.1	0.9

During the past week, how many days did you or other family members spend time reading to your child? ²

	%	95% CI*	
Every day	61.2	58.6	63.9
5 or 6 days	16.6	14.6	18.6
3 or 4 days	16.4	14.3	18.6
1 or 2 days	5.4	4.0	6.8
No days	0.3	0.0	0.6

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How much total time does your child spend in physically active play? ³

	%	95% CI*	
More than 2 hours per day	77.1	74.5	79.7
1 to 2 hours per day	17.4	15.1	19.7
30 minutes to less than 1 hour per day	3.5	2.4	4.7
Less than 30 minutes per day	0.9	0.2	1.6
Other**	1.0	0.2	1.6

**Other includes: child plays all day long (majority), daycare, depends on the day...

Which of the following does your child use/watch regularly? ⁴

	%	95% CI*	
Television	78.8	73.7	83.9
iPad or other tablet	23.7	18.7	28.6
Smartphone or cell phone	18.0	13.0	23.0
My child does not use any of these devices	16.5	11.8	21.2
Computer/video games (PC/Xbox/Wii)	6.2	3.0	9.5
Do not own a TV, game system, Smartphone, tablet or computer	1.8	0.0	3.9

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The Missouri Child Health Assessment Program Survey (MoCHAPS) is a two-year follow-up to the Missouri PRAMS survey. MoCHAPS was developed in 2007 and has since been conducted annually except for 2009. The objective of the survey is to assess the health of Missouri's toddlers and their quality of life from birth to 2 years of age. The data gathered can help inform health policy and guide maternal and child health programs to utilize resources more efficiently. MoCHAPS asks questions about health access, childcare, nutrition and physical activity, immunizations, breastfeeding, health conditions, injury, safety, exposure to secondhand smoke, breastfeeding and many other topics.

Mothers who responded to the PRAMS survey are the target population. The MoCHAPS survey is sent when their children are about 2 years of age. MoCHAPS collects data through three mailed survey batches, a total of approximately 1,000 surveys each year. For 2007, 2008-2012, the average weighted response rate was 50.2% ($n = 3,001$). MoCHAPS data are weighted to be representative of all Missouri moms with 2-year-old toddlers.

Responses include all available years for each question, excluding 2009:

1. 2007-2012; 2. 2008-2012; 3. 2010-2012; 4. 2012

* 95% Confidence Interval (CI)



Missouri Department of Health and Senior Services • Office of Epidemiology
<http://health.mo.gov/data/mochaps/>

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