Title of Intervention: Oral Health Care Education (OHCE) Sessions for Nursing Home Caregivers

Intervention Strategies: Provider Education, Environments and Policies

Purpose of the Intervention: To improve the quality of oral health care given to nursing home residents by their caregivers

Population: Caregivers of institutionalized older adults

Setting: Nursing homes; worksite-based

Partners: Avon Health Authority

Intervention Description:
- Provider Education: Oral health care education (OHCE) sessions were given to caregivers in nursing homes by a licensed health promoter. Caregivers learned about oral disease and were given demonstrations on cleaning dentures and natural teeth. They were able to practice these methods on models.
- Environments and Policies: Toothbrushes were distributed to all participants to encourage oral hygiene activity.

Theory: Not mentioned

Resources Required:
- Staff/Volunteers: Licensed health promoter
- Training: Not mentioned
- Technology: Not mentioned
- Space: Space for education sessions
- Budget: Not mentioned
- Intervention: Demonstration models, teaching aides, toothbrushes
- Evaluation: Tools for clinical assessment of oral health status

Evaluation:
- Design: Experimental
- Methods and Measures:
  - Oral examination to assess denture plaque, denture-induced stomatitis, dental plaque and gingivitis

Outcomes:
- Short Term Impact: Not measured
- Long Term Impact: In the intervention group, denture plaque significantly improved. There was a reduction in stomatitis in the intervention group.

Maintenance: Not mentioned

Lessons Learned: The caregivers’ oral health care education program did produce significant improvements in clients’ oral health.

Citation(s):